

Committee Meetings:

8/3 - 2:00pm (CRA) Sunshine Committee
8/4 - 11:30am (CRB)) Wellness Committee
8/5 - 2:30pm (CRB) Life Enrichment Committee
8/6 - 2:30pm (R&R) Dining Committee
8/11 - 11:00am (CRB) Lions Branch Meeting

8/13 - 10:00am (CRB) IL Council Meeting
8/17 - 11:00am (CRA) AT Hike Virtual Challenge (Info. Mtg.)
8/25 - 2:00pm (CRB) AT Hike Virtual Challenge (Info. Mtg.)
8/26 - 1:00pm (CRA&B) Karly Sarvis Informal Meeting

Special Events in August: (all of the following events/activities requires registration)

T. 8/4 - 9AM | **Beltone Hearing Aid Clinic:** Free hearing consultations and hearing aid cleanings. Sign-up for appointment.

Th. 8/6 - 10:30AM | **TEDTalks:** This month's TED Talks are inspiring stories about "dogs". Come join in the discussion.

M. 8/10 - 9AM | **Coffee 101:** Enjoy cultural coffee from around the world along with pastries.

M. 8/10 - 1PM | **Trader Joe's Trip:** Take a convenient bus outing to this favorite shopping destination in Camp Hill. Sign-up required due to limited seating.

T. 8/11 – 2:30PM | **Dog Ear Bookmarkers Craft:** Calling all book lovers...create your own custom bookmarks. Sign-up is required due to limited craft supplies.

W. 8/12 - 2PM | **Canine Kitchen Corner:** We're making homemade dog treats for the dogs of Concordia Sprenkle Drive!

Th. 8/13 - 8:30AM | \$ Fee - **Baltimore Day Trip:** Coach trip to Phillips Seafood (lunch) and Babe Ruth museum and more!

M. 8/17 - 9AM | **Men's Breakfast:** Men's fellowship over breakfast. Limited to 45 participants. Sign-up in the Sign Up Binder.

M. 8/17 - 1PM | **Bocce:** Every 3rd Monday of each month, bocce is a fun game of skill and strategy that is also social!

Th. 8/17 - 2:30PM | **Miniature Yarn Dog Craft:** Create adorable miniature dogs using yarn. Sign-up for this textile art craft!

T. 8/18 - 1PM | **Special Guest Speaker Soren West: Appalachian Trail Thru Hike:** Don't miss this amazing story of a local man from Lancaster, PA who realized his childhood dream of thru hiking the AT.

W. 8/19 - 2PM | **Ladie's Tea:** Enjoy some girl talk over tea and tea cakes/tea sandwiches. Limited to 45 participants. Sign-up.

Th. 8/20 - 2PM to 4PM | \$ Fee | ***Bring Your Dog: Pet Portrait Artist:** A characture artist will sketch a fun portrait of your pet for a small fee. Drop in anytime from 2PM to 4PM and stay for the patio pupsicles and pooch parade.

Th. 8/20 – 3:30PM | ***Bring Your Dog: Pooch Parade & Patio Pupsicles:** Dogs and humans will enjoy pupsicles and popsicles followed by a short parade where Personal Care residents will be judging best in show!

M. 8/24 - 11AM | \$ Fee – **Mystery Lunch Trip:** New! Lunch outing to (guess where?)! One thing we can promise is great food and good company or good food and great company! Not knowing where you're going is part of the intrigue to wet the appetite.

8/24 - 4PM | ***Bring Your Dog: Yappy Hour:** A tail wapping good time with cocktails and mocktails, appetizers and dog treats!

8/27 – 2PM | **Hot Diggity Dog Party:** An end-of-summer "dog" themed party with food, drink, games, music and more!

8/30 - 12PM | Fee \$25 - **Sunday Brunch:** Sunday brunch is back! Guests can attend. Sign-up in the Sign Up Binder.

8/31 – 10AM to 1PM | \$ Fee | **Bring Your Dog: Dog Wash Fundraiser:** Have your dog washed and groomed. Donations benefitting the Concordia at SpiriTrust Sprenkle Drive Fall Musical Concert Series in September and October.



Concordia at SpiriTrust Sprenkle Drive

Activity Calendar

August 2026

Birthdays in August:

Denise Pitsenbarger 8/2

William Rexrode 8/6

Lee Wagner 8/6

Joan Zallnick 8/6

Linda Gnau 8/8

Carolyn Petrucci 8/9

Walter Rohrbaugh 8/15

Patricia Schneider 8/19

Sarah "Sally" Glover 8/21

Rose Bernlohr 8/23

Josephine Kraft 8/26

Mona King 8/26

Karen Binkley 8/31

Special Days in August:

8/2 Natl. Sunflower Day

8/3 Natl. Watermelon Day

8/9 Book Lovers Day

8/12 Baseball Fans Day

8/19 Natl. Aviation Day

8/27 Crab Soup Day

8/30 Grief Awareness Day

8/31 Eat Outside Day



This Month's Theme is ...



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Key: B - The Bean BR - Billiard Room CHT - Chartered Bus Trip CR - Card Room (Rear R&R) CRA - Community Room A CRB - Community Room B GBL - Glatfelter Back Lobby GFL - Glatfelter Front Lobby GYM - Fitness Room LIB - Library OOB - Off Campus PAT - Patio (R&R Side Room) R&R - Rachel & Reuben Bistro SCC - Skilled Care Community Room TF - Transportation Fee TRP - Trip (Concordia Bus) WO - Wellness Office ** - Registration Required \$ - Cost Involved						1
2 10:30am Worship Service (CRA)	3 9:30am Virtual Silver Sneakers (CRB) 1:00pm Bingo (CRB)**\$3 2:00pm Sunshine Committee (CRA)	4 9:00am Grocery Trip (TRP- <i>Giant</i>)** 9:00am Beltone Clinic (CRA)** 9:30am Exercise with Karen (CRB) 10:00am Catholic Communion (SCC) 11:30am Wellness Cmte. (CRB)	5 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 2:30pm Life Enrichment Cmte. (CRB)	6 9:30am Exercise with Todd (CRB) 10:30am TEDTalks & Discussion: Special “Dog” Edition (CRA)  2:30pm Dining Cmte. (R&R)	7 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Friday Flicks: “ <i>Hachi: A Dog’s Tale</i> ” (CRA) 	8 
9 10:30am Worship Service (CRA)	10 9:00am Coffee 101 (R&R)** 9:30am Virtual Silver Sneakers (CRB) 1:00pm Trader Joe’s Trip (TRP)**	11 9:00am Grocery Trip (TRP- <i>Aldi</i>)** 9:30am Exercise with Karen (CRB) 11:00am Branch Lions Club (CRB) 2:30pm DIY Craft: Dog Ear Bookmarks (CRB)**  3:00pm Grief Support Group (CRA)	12 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 2:00pm Canine Kitchen Corner: Dog Treats (CRB)** 	13 8:30am-5:30pm Phillips & Babe Ruth Baltimore Day Trip (CHT)**\$ 10:00am Independent Living Council (CRB) No Exercise Class This Day.	14 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Friday Flicks: “ <i>The Fox and The Hound</i> ” (CRA) 	15 Sign-ups begin for Appalachian Trail Hike Virtual Challenge! 
16 10:30am Worship Service (CRA)	17 9:00am Men’s Breakfast (R&R)** 9:30am Virtual Silver Sneakers (CRB) 11:00am AT Hike Virtual Challenge Information Session (CRA) 1:00pm Bocce (CRB)** 2:30pm DIY Craft: Miniature Yarn Dog (CRA)** 	18 9:00am Grocery Trip (TRP- <i>Weis</i>)** 9:30am Exercise with Karen (CRB) 1:00pm Guest Speaker Soren West: Appalachian Trail Thru Hiker (CRA) 2:00pm Soren West Book Sale & Book Signing (CRA) 	19 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:00am Catholic Mass (SCC) 2:00pm Ladie’s Tea (R&R)** 6:00pm Evening Dominoes (CRB)**	20 9:30am Exercise with Todd (CRB) 10:30am Physical Therapy Presentation (CRA) 2:00pm-4:00pm Pet Portraits  3:30pm Pupsicles & Pooch Parade (CRB)** 	21 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Friday Flicks: “ <i>The Art of Racing in the Rain</i> ” (CRA) 	22
23 10:30am Worship Service (CRA)	24 9:30am Virtual Silver Sneakers (CRA) 11:00am Mystery Lunch Trip (TRP)**\$ <i>Cost of Lunch</i> 4:00pm Yappy Hour (CRB)** 	25 9:00am Grocery Trip (TRP- <i>Walmart</i>)** 9:30am Exercise with Karen (CRB) 2:00pm AT Hike Virtual Challenge Information Session (CRB) 3:00pm Grief Support Group (CRA)	26 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 1:00pm Informal Meeting (CRA) 4:00pm Book Club (CRB)	27 9:30am Exercise with Todd (CRB) 2:00pm Hot Diggity Dog Party (CRB)** 	28 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Friday Flicks: “ <i>Old Yeller</i> ” (CRA) 	29
30 10:30am Worship Service (CRA) 12:00pm-2:00pm Sunday Brunch (CRB) **\$25	31 9:30am Virtual Silver Sneakers (CRA)  10:00am-1:00pm Dog Wash Fundraiser (CRB & CRB Patio)**\$ 5:00pm Resident Potluck Dinner** (CRB)	 Where you see this symbol it represents an activity that is part of our “<i>Dog Days of Summer</i>” theme for the month of August. Note: the “Diggity Dog Party” on Aug. 27th will include: <i>Doggy Bark-Along/Sing-Along, Doggy Trivia, Doggy Skee Ball Fetch Game</i> and much more! Consult the <u>August 2026 Activities Book</u> for more details and a full description of each activity.				