Committee Meetings and Other Meetings:

11/2 - 2:00pm *(1965 Weisgerber Way)* Sunshine Cmte.
11/4 - 2:30pm *(CRB)* Life Enrichment Committee
11/5 - 2:30am *(R&R)* RL Dining Committee
11/10 - 11:00am *(CRB)* Lions Branch Meeting
11/10 - 2:00pm *(CR)* Welcome Committee
11/10 - 3:00pm *(CRA)* Grief Support Group
11/12 - 12:00pm *(CRA)* Retired Ministers & Spouses
11/12 - 1:30pm *(CR)* RL Council Committee

All Month Long | Gratitude Journal: Each Monday you can pick-up a Gratitude Journal Worksheet from the back lobby of the Glatfleter Center. Use the week to reflect on and answer the questions in the weekly journal and watch your perspective change as you count your many blessings. There is a lot to be thankful for!

M. 11/2 – 1PM | BINGO:** Resident led activity. Participants are asked to bring two wrapped gifts to be used as prizes. Everyone is guaranteed to win. Have fun!

Th. 11/5 – 11:30AM | Lunch Outing: Moonlight Cafe:** A small, family-owned Italian restaurant in Dover, the Moonlight Café is considered a hidden gem! Sign up in Sign-Up Binder. Seating is limited to 14 participants. Individual checks and payment.

Su. 11/8 - 2PM | Piano Concert:** Join us on ***World Pianist Day*** for a concert by pianist Chris Emkey. Chris's love for music started at age 9 and led him to graduate from Berklee College of Music in Boston, MA with a degree in Piano Performance.

M. 11/9 – 1PM to 4PM | Medicare Open Enrollment:** Meet with a knowledgeable PAEDI Counselor to councel you on what you need to know about Medicare benefits. Call Linda Leroux (717)-825-7559 to schedule an individual appointment.

T. 11/10 – 4:30PM | Dinner Outing: Hamir's Indian Fusion:** Experience unique flavors that will make Hamir's your new favorite restaurant! Sign up in the Sign-Up Binder. Seating is limited to 14 participants. Individual checks and payment.

W. 11/11 – 9:00AM | Veterans Day Breakfast and Tribute: For veterans and their spouses only. Enjoy a special breakfast followed by remarks from guest speaker Bradley C. Jacobs. Sign up in the Sign-Up Binder.

W. 11/12 – 2PM | Memory Cafe:** For caregivers of those with dementia. Participation is limited. Sign up is required.

T. 11/17 – 2PM to 4PM | Annual Craft Fair:** This year's artisan Craft Fair includes a Bake Sale, White Elephant Sale, and Book Sale! Only cash or checks will be accepted. Bake sale and book sale proceeds benefit the Benevolent Fund.

W. 11/18 – 10AM | Fee $5 | Trader Joe's Trip:** Everyone's favorite shopping destination! The $5 per person fee is to offset the price of gas for trips over 25 miles round trip. Sign up is required. Fee will be billed.

Th. 11/19 – 10:30AM | Documentary Film: Behind the Thanksgiving Holiday:** This documentary provides the real facts and history of how Thanksgiving became a national holiday.

Th. 11/19 – 4PM | Fee $25 | Friendsgiving Dining Event:** Enjoy a traditional Thanksgiving style meal with friends and family. This dining event takes the place of Sunday Brunch for the month of November. $25 per person fee (including guests).

Su. 11/22 – 6PM | Gospel Concert:** Jeremy Goodling performs gospel and classics in this piano and vocal performance! Enjoy!

M. 11/23 – 9AM to 5PM | Fee $40 | Longwood Gardens Christmas:** A full day trip to Longwood Gardens for the start of their Christmas season. Enjoy the beauty of the gardens amid the Garden Railway display of model trains, Open Air Theatre Fountain Shows, Organ Music playing the sounds of the season, hundreds of thousands of lights, and a visit to The Winter Shop. Lunch is not included in the fee. Registration deadline is Monday, Nov. 16. Limited to 25 participants. Residents only. Sorry, no guests.

T. 11/24 – 11:30AM | Kitchen Corner: Aunt Vickie's Famous Pie Recipe:** Using a homemade pie crust we'll make from scratch, you'll choose from a delicious chocolate pie or pumpkin pie to make and take to your Thanksgiving holiday meal.

T. 11/24 – 4PM | Speed Friending:** Speed friending is the platonic version of speed dating where you'll get to know someone new or something new about your neighbors here at our Sprenkle community. Enjoy tapas-style appetizers during this social event. Discover unique differences and what you may have in common and possibly make new friends!

Su. 11/29 – 7PM | Glen Rock Carolers:** Bring a guest or guests and get yourself in the Christmas spirit by listening to the Glen Rock Carolers. The group started in 1848 with five members influenced by English caroling traditions from North-Western England.

M. 11/30 – 11AM | YSO Digital Showing of Holiday Pops Spectacular: Join us for a digital recording of the previous Saturday York Symphony Orchestra Holiday Pops Spectacular. If you are not able to go to the orchestra, we bring the orchestra to you!

Concordia at SpiriTrust Sprenkle Drive

Activity Calendar

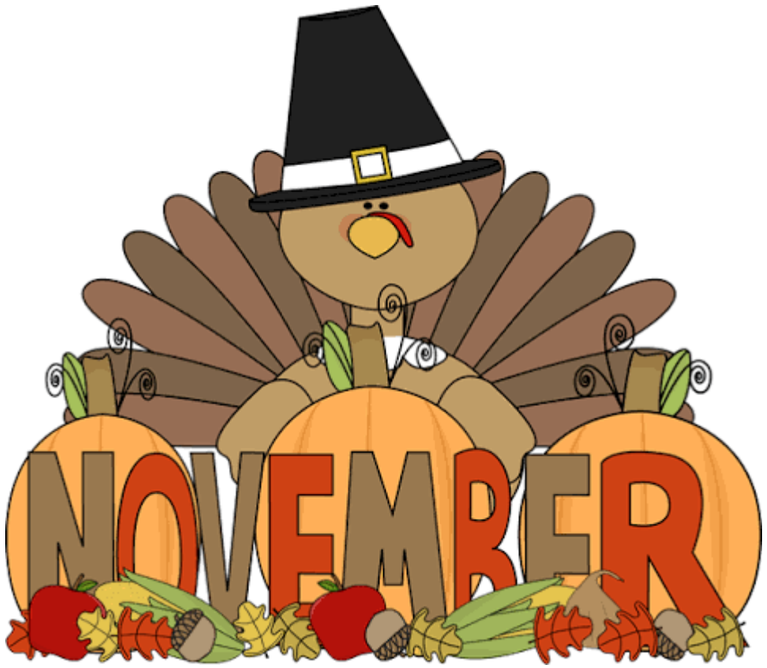
November 2026

Birthdays in November:

Edgar Reed
Patricia Strausbaugh
Tanya Schreiber
Marilyn Hake
Jennifer Sciortino
Benjamin Musser
Carol Myles
Cynthia Leiphart
Neil Pritchard
Susan McKinsey
Richard Zerbe
Susan Pritchard
Bonnie Schmidt
Cheryl Neff

Special Days in November:

11/1 Daylight Savings Day
11/3 Election Day
11/8 World Pianist Day
11/11 Veterans Day
11/13 Loosen Up/Lighten Up Day
11/13 Natl. PJ Day
11/15 Natl. Philanthropy Day
11/25 Native American Heritage Day



This Month's Theme is ...

GRATITUDE & FRIENDSHIP

EQUAL HOUSING OPPORTUNITY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30am** Worship Service (CRA)	**2** * GRATITUDE JOURNAL (WK. 1) **10:00am** Exercise with Karen (CRB) **1:00pm** Bingo (CRB)** **2:00pm** Gym Equipment Demonstration (GYM) **2:00pm** Sunshine Committee (Other) **3:00pm** Village Voices Chorus (CRA)	**3** **9:00am** Grocery Trip (TRP-*Aldi*)** **9:00am-11:30am** Beltone Hearing Consultations (CRA)** **9:30am** Exercise with Todd (CRB) **10:00am** Catholic Communion (SCC) **3:00pm** TEDTalks & Discussion (CRA)**	**4** **8am-11am** The Bean Coffee & Pastries (B)$ **9:30am** Virtual Silver Sneakers (CRB) **1:00pm** Communion Service (CRA) **2:30pm** Life Enrichment Cmte. (CRB)	**5** **9:30am** Exercise with Todd (CRB) **11:30am** Lunch Outing: *Moonlight Cafe* (TRP)**$ **2:30pm** Dining Cmte. (CR)	**6** * NO EXERCISE TODAY **8am-11am** The Bean Coffee & Quiche (B)$ **10:30am** Great Courses (CRA) **1:00pm** Friday Flicks: ***"A Walton's Thanksgiving"*** (CRA)	**7**
8 **10:30am** Worship Service (CRA) **2:00pm** Piano Concert: *Chris Emkey* (CRA/CRB) (guests welcome, no fee)	**9** * GRATITUDE JOURNAL (WK. 2) **9:30am** Exercise with Karen (CRA) **1pm-4pm** Medicare Open Enrollment (CRB)** **3:00pm** Village Voices Chorus (CRA)	**10** **9:00am** Grocery Trip (TRP-*Weis*)** **9:30am** Exercise with Todd (CRB) **11:00am** Branch Lions Club (CRB) **2:00pm** Welcome Cmte, (CR) **3:00pm** Grief Support Group (CRA) **4:30pm** Dinner Outing: Hamir's (TRP)**$	**11** * NO EXERCISE TODAY **8am-11am** The Bean Coffee & Pastries (B)$ **9:00am** Special Veterans Day Breakfast & Tribute (CRA/CRB)** **10:00am** Catholic Mass (SCC) **1:00pm** Communion Service (CRA)	**12** **9:30am** Exercise with Todd (CRB) **12pm-2pm** Retired Ministers & Spouses (CRA) **1:30pm** RL Council Cmte. (CR) **2:00pm** Memory Cafe (CRB)** **3:00pm** Board Games (CR)**	**13** * WEAR PJs ALL DAY TODAY **8am-11am** The Bean Coffee & Quiche (B)$ **9:30am** Virtual Silver Sneakers (CRB) **10:30am** Great Courses (CRA) **1:00pm** Hollywood Classics Movie: ***"Blossoms in the Dust"*** (CRA)	**14**
15 **10:30am** Worship Service (CRA)	**16** * GRATITUDE JOURNAL (WK. 3) **9:00am** Coffee 101 (R&R)** **9:30am** Exercise with Karen (CRB) **10am to 4pm** Drop Off of White Elephant Sale Items (GBL) **1:00pm** Bocce (CRB)** **3:00pm** Village Voices Chorus (CRA)	**17** * NO EXERCISE TODAY **9:00am** Grocery Trip (TRP-*Walmart*)** **2pm-4pm** ANNUAL CRAFT FAIR & BAKE SALE (CRA/CRB) **Sign-up to be a vendor and to volunteer	**18** **8am-11am** The Bean Coffee & Pastries (B)$ **10:00am** Trader Joes (TRP)**$5 **9:30am** Virtual Silver Sneakers (CRB) **1:00pm** Communion Service (CRA) **3:00pm** Uncorked: *Special Thanksgiving Wine Pairing* (CRA)** **6:00pm** Evening Dominoes (PAT)**	**19** **9:30am** Exercise with Todd (CRB) **10:30am** Documentary Film: ***"Behind the Thanksgiving Holiday"*** (CRA) **4:00pm** Friendsgiving Dining Event (CRA/CRB)**$25	**20** **8am-11am** The Bean Coffee & Quiche (B)$ **9:30am** Virtual Silver Sneakers (CRB) **10:30am** Great Courses (CRA) **1:00pm** Morals & Dilemmas Movie: ***"The Upside"*** (CRA) **3:00pm** Cranium Crunch (CR)**	**21**
22 **10:30am** Worship Service (CRA) **6:00pm** Gospel Music Performance: *Jeremy Goodling* (CRA/CRB) (guests welcome, no fee)	**23** * GRATITUDE JOURNAL (WK. 4) **9:30am** Exercise with Karen (CRB) **9:00am** Longwood Gardens Christmas Trip (TRP)**$40 **3:00pm** Village Voices Chorus (CRA)	**24** **9:00am** Grocery Trip (TRP-*Giant*)** **9:30am** Exercise with Todd (CRB) **11:30am** Kitchen Corner: *Aunt Vickie's Famous Pies* (CRB)** **4:00pm** Speed Friending (CRB)**	**25** **8am-11am** The Bean Coffee & Pastries (B)$ **9:30am** Virtual Silver Sneakers (CRB) **1:00pm** Communion Service (CRA) **4:00pm** Book Club **"*The Correspondents*"** (CR)**	**26** **Happy Thanksgiving!** **Enjoy the holiday!**	**27** **8am-11am** The Bean Coffee & Quiche (B)$ **9:30am** Virtual Silver Sneakers (CRB) **10:30am** Great Courses (CRA) **1:00pm** Friday Flicks: ***"Planes, Trains, and Automobiles"*** (CRA)	**28**
29 **10:30am** Worship Service (CRA) **7:00pm** Glen Rock Carolers (CRA/CRB) (guests welcome, no fee)	**30** **9:30am** Exercise with Karen (CRB) **11:00am** YSO Holiday Pops Spectacular (CRA)** **3:00pm** Village Voices Chorus (CRA) **5:00pm** Resident Potluck Dinner (CRB)**	BRAVE. HONOR. SACRIFICE. VETERAN	**Key:** **B – The Bean** **BR – Billiard Room** **CHT – Chartered Bus** **CR – Card Room (Rear R&R)** **CRA – Community Room A** **CRB – Community Room B**	**GBL – Glatfelter Back Lobby** **GFL – Glatfelter Front Lobby** **GYM – Fitness Room** **LIB – Library** **OOB – Off Campus** **PAT – Patio (R&R Side Room)**	**R&R – Rachel & Reuben Bistro** **SCC – Skilled Care Community Rm** **TRP – Trip (Concordia Bus)** **WO – Wellness Office** **** – Sign-Up Required** **$ – Cost Involved**	

Activities are subject to change. Look for updates in the Weekly Connection newsletter regarding changes to activities. Sign up in the Sign-Up Binder for all activities that require advance registration. In the event you find that you cannot attend activities you signed up for, please cross your name off the list so that those on the "wait list" have a chance to attend. Thank you.