THE WEEKLY CONNECTION

Concordia at SpiriTrust Sprenkle Drive Weekly News ● November 19, 2026 ● Week of Nov. 22 – Nov. 28

GENERAL NEWS and CURRENT HAPPENINGS

The Following Weeks' Weekly Connection Newsletter

Due to the Thanksgiving holiday, the following weeks' Weekly Connection for the week of Nov. 29 – Dec. 5 will be distributed on Monday, November 30. Included with that week's newsletter will be the December Activity Calendar.

Longwood Gardens *CHRISTMAS* – Don't Miss Out!

There are still seats available for our upcoming trip to Longwood Gardens. You can sign-up as late as this Sunday by emailing: TCANFIELD@CONCORDIALM.ORG or by calling Todd Canfield, Activities Director, at (717) 764-9994 Ext. 20556. For more details, see flier at main reception desk. Experience the splendor of Longwood Gardens Christmas! All your senses will be at full peak as you take in the sights, sounds, feel, and smells of the holiday season.

Gospel Music Performance – This Sunday Evening!

Jeremy Goodling will be performing a live musical concert at the ***Sprenkle Glatfelter Community Center*** on ***Sunday, Nov. 22*** at ***6:00PM***. This will be an enjoyable and memorable experience as Jeremy performs a mix of gospel, classical, and even a few holiday songs. Make an evening of it and invite your friends and family!

Gratitude Challenge – Final Week – We Hope You Enjoyed Participating

Our activity's theme for the month of November is Gratitude and Friendship. To go along with the theme, we're issuing you a gratitude challenge. Each Monday (leading up to Thanksgiving) you can pick up a Gratitude Journal Worksheet from the Glatfelter Reception Desk. Take the week to answer the questions in the weekly journal and watch your perspective change as you reflect on and count your many blessings. There is a lot to be thankful for!

Are You Interested in Serving?

Independent Living (IL) Resident Council is seeking 2 to 3 individuals to fulfill the by-laws of the council for year 2027. ILRC members serve as representatives and a voice for all residents of Concordia SpiriTrust independent residents and attend different committees. The Council meets on the second Thursday of each month plus a quarterly meeting throughout the year.
Interested individuals can submit a bio to the Council by December 24th with nominating and voting to take place at the January quarterly meeting. Please contact Paul Knaub (President), Lynn Keller (Secretary), Linda Gnau (2 year term expiring), Eydie Shaffer, Bill Erbeck, or Julia Eppler for questions or further information.

Angel Tree Gift Giving

Over the next several weeks you'll notice in the back lobby of our Glatfelter Center an Angel Tree. On the Angel Tree will be cards, each card containing the name of a resident residing in our Skilled Care Center along with their practical gift wish. While shopping for your loved ones, please share an extra amount of love by taking a card from the Angel Tree and buy a gift for your neighbor in Skilled Care who will greatly appreciate the blessing. More information to come.

Lions Club at Concordia SpiriTrust Sprenkle Drive

How many are aware we have our very own Lions Club? What is the Lions Club you ask?
We are an Outreach Service Club supporting many different organizations within our community. Organizations we help to support include: Vision Corp, New Life for Girls, Olivia's House, Ferguson Elementary School, Leader Dogs, and Margaret Moul Home. We serve our own fellow residents of Skilled Care, Personal Care and Memory Care. One of the Lions Club's year 2026 projects was revitalizing and planting the garden area behind the Skilled Care Center to benefit residents and staff.
We would love to welcome new volunteers to assist in this very generous outreach. If interested you may contact any of the following resident members: Tom Keller (President), Deb Shue (Secretary), Shirley Starner, Kathy LaBounty, Renee and Wayne Beck, Nancy and Bill Rexrode, and Lynn Keller.

Name Tags

For anyone interested in getting a 3"x1" magnetic backed name tag, order forms are available in the drawer of the sign-up desk in the front lobby of the Glatfelter Center. They are $7.50, cash only. Orders may be dropped off at Julia Eppler's black mailbox, 1963 Weisgerber Way, or Eydie Shafer's patio, Apt. 106 – patio faces the parking lot.

Clear Plastic Bag Recycling Information Session

An information session regarding the plastic recycling efforts will be held **Wednesday, November 25** at **2:00 p.m.** in **Community Room Side-A**.

Mark Your Calendar for "D" – Day on Tuesday, December 1st

Tuesday, December 1st is "D" – Day, ***"Deck the Halls Decorating Day"***! Many hands make for light work – all helping elves are needed to create the festive holiday spirit throughout the Glatfelter Center. More detailed information to be shared.

Pick Up Your Poinsettias

The poinsettias will be delivered to the Glatfelter Center, Community Room Side-A on December 1st at approximately 11:00 a.m. Please plan to pick up your plant(s) at that time. If unable to pick-up on Dec 1st, please contact Lynn Keller or Chaplain Steinhilber. Thank you for supporting the SpiriTrust Lutheran Auxiliary!

WEEK AT A GLANCE

Friday, November 20		
8:00AM	The Bean (Open till 11AM)	B
9:30AM	Virtual Silver Sneakers	CRB
10:30AM	Great Courses	CRA
1:00PM	Morals & Dilemmas Movie: ***"The Upside"***	CRA
3:00PM	Cranium Crunch	CR
Sunday, November 22		
10:30AM	Worship Service	CRA
6:00PM	Gospel Music Concert: ***Jeremy Goodling***	CRA&B
Monday, November 23		
---------	Gratitude Journal Wk.#4	GFL
9:00AM	Longwood Gardens Christmas**	TRP
9:30AM	Exercise with Karen	CRB
3:00PM	Village Voices Chorus	CRA
Tuesday, November 24		
9:00AM	Grocery Trip: *Giant***	TRP
9:30AM	Exercise with Todd	CRB
11:30AM	Kitchen Corner ***"Aunt Vickie's Famous Pies"***	CRB
4:00PM	Speed Friending	CRB
Wednesday, November 25		
8:00AM	The Bean (Open till 11AM)	B
9:30AM	Virtual Silver Sneakers	CRB
1:00PM	Communion Service	CRA
4:00PM	Book Club ***"The Correspondent"***	CR
Thursday, November 26		
---------	HAPPY THANKSGIVING!	-----
Friday, November 27		
8:00AM	The Bean (Open till 11AM)	B
9:30AM	Virtual Silver Sneakers	CRB
10:30AM	Great Courses	CRA
1:00PM	Friday Flicks Movie: ***"Planes, Trains, and Automobiles"***	CRA

KEY:

B = The Bean	OC = Off Campus
BR = Billiards Room	PAT = Patio (Side R&R)
CHT = Chartered Bus	R&R = Rachel & Reuben
CR = Card Rm. (Rear R&R)	(RL) = Resident Led
CRA = Community Rm. A	SCC = Skilled Comm. Rm.
CRB = Community Rm. B	TRP = Trip (Concordia Bus)
GBL = Back Lobby	WO = Wellness Office
GFL = Front Lobby	** = Sign-Up Required
GYM = Fitness Room	$ = Cost Involved
LIB = Library	

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Mark Your Calendars for Another Great Musical Concert – Sunday, Nov. 29 at 7:00PM – The Glen Rock Carolers

Considered to be the earliest and longest lasting caroling groups in the country, The Glen Rock Carolers have been carrying their tradition for over 168 years. History: The Heathcotes first came to Glen Rock in 1837 from their old home in Cheshire, Northwestern-England. The Heathcotes brought the tradition of caroling from their English roots. In 1848 there were 5 original members: Charles, Mark, & James Heathcote; Mark Radcliffe; and George Shaw. Now there are more than 128 members that are mostly young/middle-aged. These men are often devoted to tradition and many have caroling relatives. They sing from the very start of Christmas from twelve A.M. until they stop at the town square Christmas tree to sing the Doxology at 6 am.6 A.M. Every Christmas through rain, snow, and the cold, they sing carols, never once canceling. Some of the songs that they sing include: Christmas Hymn, Hark Hark, While Shepherds, Hosanna, and the doxology which is always sung last at the Glen Rock Christmas tree. The different singers include tenors, sopranos, and bass along with the use of trumpets and trombones. Some of the singers are relatives of the residents here at Concordia SpiriTrust. Please invite your friends and family to enjoy a special concert by the Glen Rock Carolers – Sunday, Nov. 29 – 7PM – Sprenkle Glatfelter Community Center.

Ready for More Christmas Caroling?

Christ Lutheran Church Youth in York will be here again for the third year bringing some Christmas spirit! They will be caroling through Glatfelter, Personal Care, Memory Care, and Skilled Care as well as the streets around Glatfelter. Please watch and listen for us as we stroll through the community on Sunday, December 13 starting at 12:30PM. An open invitation is extended to anyone in the community that would like to join in spreading some Christmas cheer!

Welcome Home, New Residents!

Please give the following new residents a warm welcome home!
Alan and **Dolores Deamer** – 1902 Weisgerber Way – (717) 858-4965
Keith and **Elaine Krout** – 2003 Gross Court – (717) 586-4231

ACTIVITY DETAILS and DESCRIPTIONS

Great Courses *"Mr. Lincoln: The Life of Abraham Lincoln"* | F. Nov. 20 | 10:30AM | CRB

The lectures take you through Lincoln's life, from his forebears' arrival in America to an evaluation of his legacy. And you'll come to know the man through the eyes of those who knew, lived with, and worked with him. In presenting Lincoln, Professor Guelzo explores three themes: What ideas were at the core of his understanding of American politics? Why did he oppose slavery, and what propelled him, in the 1850s, into the open opposition to slavery that led to his election to the presidency in 1860? What gifts equipped Lincoln to lead the nation through the "fiery trial" of the Civil War? The result is an understanding of Lincoln as a man who envisioned a nation of self-governing equals wise enough to be guided not just by self-interest or popular enthusiasm, but by an abiding sense of right and wrong. Ultimately, he gave that nation, in his words, "a new birth of freedom."

Cranium Crunch | F. Nov. 20 | 3:00PM | CR

Exercise your brain with these fun mind games that includes social time! Bring your own snacks.

Concert featuring Jeremy Goodling | S. Nov. 22 | 6:00PM | CRA & CRB

Invite your friends and family for another amazing musical performance. Jeremy will be treating you to gospel songs, hymns, classics, and holiday songs. Make an evening out of it by having an early dinner and then coming to the concert or concert first and late dinner after!

Kitchen Corner "Aunt Vickie's Famous Pies"** | T. Nov. 24 | 11:30AM | CRB

Using a homemade pie crust recipe (by Todds' late Aunt Vickie) you will make from scratch, you'll choose from a delicious chocolate pie or pumpkin pie to make and take to your Thanksgiving holiday meal. Space is limited. Sign up in the Sign-Up Binder.

Speed Friending** | T. Nov. 24 | 4:00PM | CRB

Speed friending is the platonic version of speed dating where you'll get to know someone new or something new about your neighbors here at our Sprenkle community. Enjoy tapas-style appetizers during tyhis special event. Discover unique differences and what you may have in common and possibly make new friends. Sign up in Sign-Up Binder.

Book Club | W. Nov. 25 | 4:00PM | CR

Anyone is welcome to join The Book Club at 4PM on the last Wednesday of each month. This months' book is ***The Correspondent*** by ***Virginia Evans***.

Friday Flicks Movie: Plans, Trains, and Automobiles | F. Nov. 27 | 1:00PM | CRA

(*1987 ~ Comedy*) Neal Page is an advertising executive who just wants to fly home to Chicago to spend Thanksgiving with his family. But all Neal Page gets is misery. Misery named Del Griffith - a loud mouthed, but nevertheless lovable, salesman who leads Neal on a cross-country, wild goose chase that keeps Neal from tasting his turkey.

Upcoming Birthdays:

Tanya Schreiber 11/22
Marilyn Hake 11/22
Jennifer Sciortino 11/22
Benjamin Musser 11/23
Carol Myles 11/24
Cynthia Leiphart 11/24
Neil Pritchard 11/25
Susan McKinsey 11/26
Richard Zerba 11/29
Susan Pritchard 11/29
Bonnie Schmidt 11/30
Cheryl Neff 11/30

LONGWOOD GARDENS CHRISTMAS

Concordia at SpiriTrust Bus Trip to Longwood Gardens

MONDAY, NOVEMBER 23RD

Gift yourself and get in the holiday spirit early this year!

SIGN UP BY NOV. 22ND

See flier at main reception desk for more information.