

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2026 Concordia at Spirit Trust Sprenkle Drive				Key PROGRAMS ARE SUBJECT TO CHANGE HW—Hallway CRA/B—Community Room A/B LR—Living Room FT—Farm Table DR—Dining Room	EE— Elm Extension SC CR—Skilled Care & Rehab Community Room CY—Court Yard ST—Study	9:45am Morning Exercise (LR) 1 10:30am Trivia (LR) 1:00pm Cornhole (FT) 2:00pm Sundae Social (EE) 3:00pm Game Show Group (LR) 
10:30am Worship Service (CRA) 2 3:00pm Ice-Cream Sandwich Day Social (EE) 	9:45am Easy Start Exercise (LR) 3 10:15am Morning Devotions (LR) 1:00pm Life Enrichment (Activities) Calendar Review (DR) 1:30pm Manicures (FT) 2:00pm Monthly Therapy Fitness Class (Fitness Room) 3:00pm National Watermelon Day Social (FT) 5:45pm Chat with Pam (FT)	9:45am Morning Balance & Stretch (LR) 4 10:00am Catholic Communion (SC) 10:15am Craft: Colorful Rays Centerpiece (FT) 1:15pm Bingo (DR) 2:30pm Word Games (DR) 5:45pm I Got It! (FT)	9:30am Chair Yoga (LR) 5 10:15am Bingo (EE) 1:00pm Bowling (FT) 2:00pm Dining Committee (DR) 2:30pm Shuffle Board Game (FT) 5:45pm Chat with Sally (FT)	9:45am Chairside Morning Stretch (LR) 6 11:00am Trip to Cheddar's Scratch Kitchen** 1:15pm Bingo (DR) 2:30pm National Root Beer Float Day Social (FT) 5:45pm Trivia (LR)	9:30am Balloon Volleyball (FT) 7 10:30am Bingo (EE) 1:00pm Friday Flicks: Togo (CRA) 2:30pm Happy Hour & Trivia (FT) 	1:00pm White Board Games (LR) 8 2:00pm Popsicle Social (FT) 3:00pm Game Show Group (LR) 
10:30am Worship Service (CRA) 9 3:00pm UNO (FT) 	9:45am Easy Start Exercise (LR) 10 10:15am Morning Devotions (LR) 1:00pm Manicures (FT) 3:00pm Puzzles & Pretzels (FT) 5:45pm Chat with Pam (FT)	9:45am Exercise Video (LR) 11 10:15am Who Am I ? Guess the Mystery Person (Game) (LR) 1:15pm Bingo (DR) 2:30pm Tea Party (EE) 5:45pm UNO (LR) 	9:30am Chair Yoga (LR) 12 10:15am Bingo (EE) 1:00pm Balloon Volleyball (FT) 2:00pm AL Town Hall (DR) 2:30pm I Got It! (Game) (LR) 5:45pm Chat with Sally (FT)	9:45am Chairside Morning Stretch (LR) 13 10:30am Kitchen Corner: Beach Pudding Cups (FT) 1:15pm Bingo (DR) 2:30pm Pizza Party (EE) 3:00pm Men's Group (EE) 5:45pm UNO (FT)	9:30am Balloon Volleyball (FT) 14 10:15am Bingo (EE) 1:00pm Friday Flicks: The Fox and The Hound (CRA) 2:30pm Happy Hour & 50's Sing-Along (FT)	9:45am Morning Exercise (LR) 15 10:30am Dice Game (Highest Roll Wins) (FT) 1:00pm Jeopardy (LR) 2:00pm Trivia (LR) 3:00pm Game Show Group (LR) 
10:30am Worship Service (CRA) 16 3:00pm UNO (FT) 	9:45am Easy Start Exercise (LR) 17 10:15am Morning Devotions (LR) 1:00pm Manicures (FT) 3:00pm Penny Pitching (FT) 5:45pm Chat with Pam (FT)	9:45am Exercise Video (LR) 18 10:15am Jeopardy (LR) 1:15pm Bingo (DR) 2:30pm Craft: Folding Hand Decorative Fans (FT)	9:30am Chair Yoga (LR) 19 10:00am Catholic Mass (SCC) 10:15am Bingo (EE) 1:00pm Trip to Walmart** 5:45pm Chat with Sally (FT)	9:45am Chairside Morning Stretch (LR) 20 10:30am Women's Group Trivia (LR) 1:15pm Bingo (DR) 2:30pm Kitchen Corner: Peach Parfait (FT) 	9:30am Balloon Volleyball (FT) 21 10:15am Bingo (EE) 1:00pm Friday Flicks: The Art of Racing in the Rain (CRA) 2:00pm Senior Citizen's Day Social and Live Music with Kevin Warner (FT)	1:00pm White Board Word Games (LR) 22 2:00pm Trivia (LR) 3:00pm Game Show Group (LR) 
10:30am Worship Service (CRA) 23 3:00pm UNO (FT) 	9:45am Easy Start Exercise (LR) 24 10:15am Morning Devotions (LR) 1:00pm Manicure (FT) 3:00pm Ice-Cream Social (EE) 5:45pm Chat with Pam (FT)	9:45am Exercise Video (LR) 25 10:15am Word Search & Crossword Club with a Sip (Raspberry Iced-Tea) (FT) 1:15pm Bingo (DR) 2:30pm Craft: Jewelry Making (FT)	9:30am Chair Yoga (LR) 26 10:15am Bingo (EE) 1:00pm Scenic Drive** 3:30pm Trivia (LR) 5:45pm Chat with Sally (FT) 	9:45am Chairside Morning Stretch (LR) 27 10:30am Kitchen Corner: Fruit Ice-Cream Cone (FT) 1:15pm Bingo (DR) 2:30pm August Birthdays Party (FT)	9:30am Balloon Volleyball (FT) 28 10:15am Bingo (EE) 1:00pm Friday Flicks: Old Yeller (CRA) 3:00pm Happy Hour and Reminiscing (FT)	9:45am Morning Exercise (LR) 29 10:30am Left, Right, Center (Game) (FT) 1:00pm Toss Conversation (LR) 2:00pm Catch Phrase (LR) 3:00pm Game Show Group (LR)
10:30am Worship Service (CRA) 30 3:00pm UNO (FT) 	9:45am Easy Start Exercise (LR) 31 10:15am Morning Devotions (LR) 1:00pm Manicures (FT) 3:00pm National Trail Mix Day make your own (FT) 5:45pm Chat with Pam (FT)	Concordia at Sprenkle Drive Elmtree Personal Care Programs & Events 				



SPECIAL EVENTS

Ice Cream Sandwich Day Social (August 2) (3:00pm) (EE)-

Celebrate National Ice Cream Sandwich Day! Join us for a cool, delicious treat, great conversation, and sweet summer fun with friends.

Trip to Cheddar's Scratch Kitchen** (August 6) (11:00am)-

Join us for a delicious lunch outing and great company. Each guest is responsible for the cost of their own meal. If you plan to attend, please sign the Outing Binder (locate in the Elm Tree Living Room) before the trip. This helps us determine how many people will be attending and which vehicle will be used for transportation. **THANK YOU!**

National Root Beer Float Day (August 6) (2:30pm) (FT)-

Sip, socialize, and enjoy a creamy root beer float while celebrating one of summer's favorite treats.

Kitchen Corner: Beach Pudding Cups (August 13) (10:30am) (FT)-

Create a fun beach-themed pudding cup while enjoying a simple, sweet, no bake treat.

Senior Citizen's Day Social and Live Music (August 21) (2:30pm) (FT)-

Celebrate Senior Citizens Day with an afternoon of live music, refreshments, and fellowship! Enjoy the talented guitar performance of Kevin Warner as we honor and celebrate the wisdom, experiences, and contributions of our senior community.

Craft: Jewelry Making (August 25) (2:30pm) (FT)-

Design and create your own unique piece of jewelry while enjoying a fun and relaxing time with friends.



Concordia at SpiriTrust
Sprenkle Drive

Elmtree Personal Care

August Birthdays

8/1-Bob Boyer

8/3-Peggy McGeary

8/21-Pat Kronk

8/29-Joanne Butt

August Special Days

8/2-Sisters Day

8/6-National Root
Beer Float Day

8/7-Purple Heart
Day

8/9-Book Lovers Day

8/10-Lazy Day

8/21-Senior Citizen
Day

8/26-Woman's
Equality Day

8/30-Beach Day

August Days

by Lenore Hetrick

The last of summer and the first of fall –
Together they stand in August Days.
The garden is bright with summer bloom,
And yet there creeps up that autumn haze.
You can look forward or look backwards
To a lovely summer you would recall,
But the changing of the season has come –
The last of summer and the first of fall.

