

Committee Meetings:

- 2/2 2:00pm Sunshine Committee
- 2/3 11:30am Wellness Committee
- 2/4 2:30pm Life Enrichment Committee
- 2/5 2:00pm Dining Committee
- 2/10 11:00am Branch Lions Club

Special Events in February:

2/5 1:30pm *The Incredible Store of S. Morgan Smith* – Why did a gifted man of the cloth leave the ministry to manufacture washing machines? How did an ex preacher, so poor at one time he could not afford to fix the roof on his house, become a wealthy man and the leading industrialist in the history of York? This program answers these questions and provides a window into the life of the founder of the S. Morgan Smith Company (now Voith Hydro).

2/6 2:00pm *Rattlesnake Colonel* - Thomas Cresap's remarkable life offers an inviting window into Colonial America. A bold frontiersman, soldier, and politician, he helped drive westward expansion and navigated the era's great conflicts. Despite his achievements, Cresap was divisive. Pennsylvanians labeled him the "Maryland Monster," and some British officers called him the "Rattlesnake Colonel." Yet Western Maryland settlers saw him as a folk hero, and the Iroquois fondly named him "Big Spoon" for his generosity. Admired by some and feared by others, his story—drawn from vivid historical records—brings the drama and complexity of the eighteenth-century frontier to life. *Located at Kelly Drive; Transportation Not Provided*

2/10 1:00pm *The Status of Women* - Iman Woodman, Esq. is the Legal Advocacy Director for the YWCA York. This past spring, Iman was selected to be a delegate at the United Nations 69th Commission on the Status of Women in New York, which is an international forum dedicated to advancing gender equity. She will reflect on the policies, partnerships, and lived experiences that impacted her the most and continue to shape her current work of advocating for women and survivors.

2/11 1pm-3pm *Olympic Games* - Everyone is invited to the 2026 Sprenkle Drive Olympic Games! There will be challenges that are loosely related to the real Olympic competitions. Go back and play the games a 2nd or 3rd time to improve your score in attempting to win a "gold medal."

2/13 3:00pm *Valentine's Day Party* - Do you love love? Savor your sweet tooth and mingle with your neighbors during the Sprenkle Drive Valentine's Day party. Everyone is guaranteed to leave with a heart full of love and a belly full of snacks.

2/17 1:00pm *Cupid Chow Making* - Cupid Chow is a special treat that is sure to sweeten your Valentine's Day. This homemade snack is made with creamy peanut butter, butter, milk chocolate, rice cereal, powdered sugar, and Valentine's Day toppings.

2/27 2:00pm *The History of the Moravian Church* - The History of the Moravian Church. How did the first Protestant church get started seventy years before the Lutheran Reformation? Where does the name come from? How did the Moravians get to America? Where are Moravian churches today? What do Moravians believe and practice? This program was created for the Osher Lifelong Learning Institute at Penn State York by Stephen Nicholas, a pastor who served the Moravian Church for forty one years.

 **Spiritrust Lutheran**
The Village at Sprenkle Drive



Inspirations Companion

February 2026

Special Days in February

- 2/3 Carrot Cake Day
- 2/12 Hug Day
- 2/22 Margarita Day
- 2/25 Quiet Day
- 2/27 Polar Bear Day

hello
February

February

Winter walks

And starlit nights,

Good books and cozy hours,

Time for friends,

And heartfelt sharing,

Dreams of springtime flowers...

Although it may be short on days,

Each February brings

The simple little gifts we count

Among life's

Precious things.



The following programs are regularly scheduled on a weekly basis

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30am Exercise with Karen (CRB)	10:30am Easy Exercise with Linda (CRB)	8a-11a The Bean: Featuring Assorted Pastries (B) 9:30am Exercise with Karen (CRB)	9:00am Chair Yoga with Carol (CRB)	8a-11a The Bean: Featuring Quiche (B) 9:30am Virtual Silver Sneakers (CRB)	

Additional programs & events scheduled for the month of February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30am Worship Service 1	10:30am "Ageism in America" Presentation (CRA) 2 1:00pm Bingo (CRB)** 2:00pm Sunshine Committee (R&R) 2:00pm Gym Equipment Demo (GYM) 3:00pm Village Voices (CRA)	9:00am Grocery Trip to Weis (OOB)** 3 9a-11:30a Beltone Hearing Aid Clinic (CRA)** 10:00am Catholic Communion (SCC) 2:00pm National Carrot Cake Day Social (CRB)**	10:30am Marshmallow Craft for Olympic Competition (CRB) 4 12:00pm Lunch at Avalon Ale House (OOB)**DL1/21 2:30pm Life Enrichment Committee Meeting (CRB)	1:30pm Stephen Nicholas: The Incredible Story of Morgan Smith (CRA) 5 2:00pm Dining Committee (R&R)	11:00am Chemistry of Cooking (CRA)** 6 1:00pm Movie Morals and Dilemmas: Penguin Lessons (CRA) 2:00pm Rattlesnake Colonel (Kelly Drive)**	6:30pm YSO: Carmen Meets Beethoven (OOB)**DL 10/24 7
10:30am Worship Service 8	10:30am Penn State Presentation: Healthy Living Brain and Body Healthy Habits (CRA) 9 1:00pm Duckpin Bowling at Carlisle's Midway Bowl (OOB)**\$6 2:00pm Virtual YSO (CRB) 3:00pm Village Voices (CRA)	9:00am Walmart Grocery Trip (OOB)** 10 9:00am Blood Pressure Clinic (WO) 11:00am Branch Lions Club (CRB) 1:00pm AAUW: "The Status of Women" Presentation (CRA) 2:30pm Faith Sharing (AL)	9:30am Exercise in CRA Today 11 10:30am Physical Therapy Presentation: "The Eyes Have it" (CRA) 1p-3p Olympic Games (CRB)	10:00am Independent Living Council (R&R) 12 2:00pm Olympic Awards Ceremony (CRB)	9:00am Men's Breakfast (R&R)** 13 1:00pm Hollywood Classics: Five Star Final (CRA) 3:00pm Valentine's Day Party (CRB)**	12:00pm Valentine's Day Lunch (CRB) \$33** 14
10:30am Worship Service 15	9:00am Coffee 101 (R&R)** 16 1:00pm Bocce (CRB)** 2:00pm Trip to Wegmans (OOB)** 3:00pm Village Voices (CRA)	9:00am Giant Grocery Trip (OOB)** 17 10:00am Fastnacht Day (R&R)** 1:00pm "Cupid Chow" Making (CRB) 2:30pm Uncorked (R&R)**	10:00am Catholic Mass (SCC) 18 10:30am Ash Wednesday Worship Service (CRA) 12:00pm Widow/Widower Lunch (R&R)\$ 5:15pm Northeastern High School Final Dress Rehearsal: Charlie and the Chocolate Factory (OOB)**	10:00am Donut Bar (CRA)** 19 1:00pm Cranium Crunch (R&R)** 1:00pm Live Music with Adelynn Wood (Kelly Drive)** 2:00pm BORED Games (R&R)**	9:00am Ladies' Breakfast (R&R) 20 1:00pm Friday Flicks: How to Lose a Guy in 10 Days (CRA)	21
10:30am Worship Service 22 12:00pm Brunch Bunch (CRB)**\$18	1:00pm Paint Class: St. Patty's Day 23 3:00pm Village Voices (CRA) 5:00pm Residential Pot Luck (CRB)**	9:00am Weis Grocery Trip (OOB)** 24 1:00pm Herrs Snack Factory Tour (OOB)**\$8 DL 2/10 2:30pm Faith Sharing (AL)	2:00pm RL Town Hall (CRA/CRB) 25 4:00pm Book Club (R&R) 5:00pm Dinner at El Serrano in Lancaster (OOB)**\$ DL 2/11 6:00pm Evening Dominoes (R&R)**	3:00pm Armchair Travel with Bill Gerber: England (CRA) 26 4:00pm Destination Dinner: England (R&R) \$22	9:00am Trip to New Eastern Market (OOB)** 27 1:00pm Friday Flicks: Apollo 13 (CRA) 2:00pm The History of the Moravian Church (Kelly Drive)	28
			For more details on any of the programs, please refer to your Inspirations Catalogue	Key: ** - Registration Required \$ - Cost Involved OOB - Off Campus R & R - Rachel & Reuben's CRA - Community Room A CRB - Community Room B LIB - Library Patio - R&R Side Room AL - Assisted Living CR - Card Room / Rear R&R B- Bean GYM - Fitness Room WO - Wellness Office SCC- Skilled Care		Program offerings are subject to change.

