



# February 2026



| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| 10:00 Sunday News <b>1</b><br>10:30 Black History Trivia<br>2:00 Worship Service<br>3:00 Jeopardy<br><br><b><u>National Freedom Day</u></b>                        | 10:00 Chair Yoga <b>2</b><br>10:30 Groundhog Day Trivia<br>2:00 A Canvas Full of Love<br>Valentine's Painting<br>5:30 Wind-Down Movie Night:<br>Groundhog Day <br><b><u>Groundhog Day</u></b> | 10:00 Catholic Communion <b>3</b><br>10:30 Hymns & Devotions<br>1:30 Bingo<br>3:00 Resident Choice Sing Along<br>5:30 Curiosity Unleashed:<br>The Day the Music Died<br><b><u>National The Day The Music Died</u></b> | 10:00 Reminiscing With Holly <b>4</b><br>10:30 How Many Words?<br>2:00 I Got It!<br><i>*I Got It Will Be In The DR*</i><br>5:30 Noodle Ball<br>6:00 Resident Choice Sing Along   | 10:00 Beach Ball Bump <b>5</b><br>10:30 February Trivia<br>1:30 Bingo<br>3:00 Snack & Chat:<br>Cupid Crunch Mix<br>5:30 Wind-Down Movie Night:<br>27 Dresses  | 10:00 Wake Up Stretch <b>6</b><br>10:30 Words With Friends<br>1:30 Friday Flicks:<br>The Proposal (2009) <br>Starring: Sandra Bullock<br>Ryan Reynolds<br><b><u>National Frozen Yogurt Day</u></b> | Independent Morning <b>7</b><br><br>1:30 Saturday Matinee:<br>Sleepless In Seattle (1993)<br>Starring: Meg Ryan<br>Tom Hanks  |
| Independent Morning <b>8</b><br><br>2:00 Worship Service<br>3:00 Could You Survive?<br>History Channel's <i>Alone</i><br><br><b><u>National Boy Scouts Day</u></b> | 10:00 Chair Yoga <b>9</b><br>10:30 Letter Scramble<br>1:30 Rosary Group<br>2:00 I Got It<br>3:00 Craft Corner:<br>Valentine Sensory Bottles  | 10:00 Noodle Ball <b>10</b><br>10:30 Hymns & Devotions<br>1:30 Bingo<br>3:00 Curiosity Unleashed:<br>Valentine's History and Traditions<br>5:30 Love Song Sing Along  | 10:00 Reminiscing With Holly <b>11</b><br>10:30 How Many Words?<br>2:00 Come Celebrate:<br>PARTY in the Name Of Love<br>5:30 Curiosity Unleashed:<br>Top 10 Greatest Inventors<br><b><u>National Inventors Day</u></b> | 10:00 Beach Ball Bump <b>12</b><br>10:30 Music Trivia<br>1:30 Bingo<br>3:00 Snack & Chat:<br>Valentine Parfait<br>5:30 Noodle Ball<br>6:00 Resident Choice Trivia   | 10:00 Wake Up Stretch <b>13</b><br>10:30 Words With Friends<br>1:30 Friday Flicks:<br>Failure To Launch (2006)<br>Starring: Matthew McConaughey<br>Sarah Jessica Parker<br>5:30 Feeling Lucky? Game Night   | 10:00 Valentine's Day Trivia <b>14</b><br>10:30 Saturday Sing Along<br>1:30 Saturday Matinee:<br>Ghost (1990) <br>Starring: Patrick Swayze<br>Whoopi Goldberg<br><b><u>Valentine's Day</u></b> |
| 10:00 Sunday News <b>15</b><br>10:30 Worship Singalong<br>2:00 Worship Service<br>3:00 Jeopardy<br><br><b><u>Singles Awareness Day</u></b>                         | 10:00 Chair Yoga <b>16</b><br>10:30 President Trivia <br>1:30 I Got It!<br>3:00 Who, What, Where?<br>5:30 Wind-Down Movie Night:<br>The American President<br><b><u>President's Day</u></b>  | 10:00 Mardi Gras Trivia <b>17</b><br>10:30 Hymns & Devotions<br>1:30 Bingo<br>3:00 Curiosity Unleashed:<br>Inside Mardi Gras<br>5:30 Blues Sing Along<br><b><u>Mardi Gras</u></b>                                     | 10:00 Catholic Mass <b>18</b><br>10:30 How Many Words?<br>1:30 Food Committee<br>2:00 Ash Wednesday Service<br>3:00 Timeless TV:<br>The Brady Bunch<br>5:30 Curiosity Unleashed:<br>Remembering MLK Jr                 | 10:00 Beach Ball Bump <b>19</b><br>10:30 Language Trivia<br>1:30 Bingo<br>3:00 Snack & Chat:<br>Mint Chocolate Ice Cream<br>5:30 Noodle Ball<br>6:00 Resident Choice Trivia<br><b><u>National Chocolate Mint Day</u></b>              | 10:00 Wake Up Stretch <b>20</b><br>10:30 Words With Friends<br>1:30 Friday Flicks:<br>50 First Dates (2004)<br>Starring: Adam Sandler<br>Drew Barrymore<br><b><u>National Caregivers Day</u></b>  | Independent Morning <b>21</b><br><br>1:30 Saturday Matinee:<br>Maid In Manhattan (2002)<br>Starring: Jennifer Lopez<br>Ralph Fiennes  |
| Independent Morning <b>22</b><br><br>2:00 Worship Service<br>3:00 Crikey!<br>The Wild Side of Nature<br>With Steve Irwin   | 10:00 Chair Yoga <b>23</b><br>10:30 Letter Scramble<br>1:30 I Got It!<br>3:00 Who, What, Where?  | 10:00 Noodle Ball <b>24</b><br>10:30 Hymns & Devotions<br>1:30 Bingo<br>3:00 Let's Travel:<br>Siberia:<br>The Coldest Place on Earth<br>5:30 Country Sing Along   | 10:00 Reminiscing With Holly <b>25</b><br>10:30 How Many Words?<br>1:30 I Got It!<br>3:00 Timeless TV:<br>The Golden Girls<br>5:30 Noodle Ball<br>6:00 Resident Choice Trivia  | 10:00 Beach Ball Bump <b>26</b><br>10:30 Animal Trivia<br>1:30 Resident Council<br>2:00 Bingo<br>3:00 Fairytale Showing:<br><i>Enchanted</i><br>5:30 Continuation Of <i>Enchanted</i><br><b><u>National Tell A Fairy Tale Day</u></b> | 10:00 Wake Up Stretch <b>27</b><br>10:30 Words With Friends<br>1:30 Friday Flicks:<br>P.S. I Love You (2007)<br>Starring: Gerard Butler<br>Hilary Swank<br>5:30 Feeling Lucky? Game Night   | 10:00 Who, What, Where? <b>28</b><br>10:30 Saturday Sing Along<br>1:30 Saturday Matinee:<br>13 Going On 30<br>Starring: Jennifer Garner<br>Mark Ruffalo   |



We must never forget that Black History is American History. The achievements of African Americans have contributed to our nation's greatness.



### Key

- CR—Community Room
- SR—Sun Room
- CL—Center Lounge
- OOB—Out of Building
- ST—Studio

Programs are subject to change



## Skilled Care Newsletter

“We love because He first loved us.” — 1 John 4:19

Valentine’s Day often reminds us of cards, flowers, and sweet gestures, but it also points us to something deeper—the love that comes from God. God’s love is not limited to one day or one person. It is steady, faithful, and unconditional.

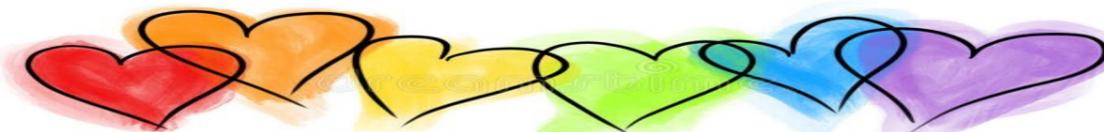
Because God loves us so completely, we are called to share that love with others—through kindness, patience, forgiveness, and compassion. Whether through a gentle word, a helping hand, or simply being present, every act of love reflects God’s heart.

Today, may we remember that we are deeply loved by God and encouraged to pass that love on to everyone we meet.



Prayer:

Loving God, thank You for Your constant and unfailing love. Help us show Your love to others in simple and meaningful ways today. Amen.



*“The Lord is my light and my salvation—whom shall I fear? The Lord is the stronghold of my life—of whom shall I be afraid?” — Psalm 27:1*

Black History Month is a time not only to remember important events and influential leaders, but also to honor the deep and enduring faith that carried generations through hardship, injustice, and uncertainty. For many African Americans, faith in God was not optional—it was essential. It was the source of hope when freedom was denied, the strength to endure suffering, and the assurance that God’s promises were greater than any earthly circumstance.

Throughout history, faith was woven into everyday life. Enslaved people turned to prayer and spiritual songs, trusting that God heard their cries and would one day lead them to freedom. These spirituals were more than music—they were expressions of hope, coded messages of survival, and declarations that God was present even in the darkest moments. Scripture was memorized, shared, and lived out as a reminder that God is a deliverer and a keeper of His people.

During the Civil Rights Movement, faith again stood at the center. Leaders like Dr. Martin Luther King Jr., inspired by the teachings of Jesus, called for justice rooted in love, peace, and nonviolence. Churches became places of refuge, organization, and prayer. Believers gathered to seek God’s guidance, trusting that righteousness and truth would ultimately overcome hatred and oppression.

These stories remind us that God has always been at work—strengthening the weary, lifting the oppressed, and calling His people to stand firm in faith. The same God who sustained generations before us continues to walk with us today. Their legacy challenges us to live faithfully, love courageously, and act justly in our own time.

As we reflect during Black History Month, may we give thanks for the resilience born of faith and commit ourselves to being people who trust God fully, serve others faithfully, and reflect His love in all we do.

**Prayer:**

*Gracious and loving God, we thank You for the powerful legacy of faith, courage, and perseverance shown throughout Black history. Thank You for being a God who walks with Your people through trials and triumphs alike. Help us honor this history by living out our faith with humility, justice, and love. Strengthen us to be voices of hope, instruments of peace, and witnesses to Your unfailing grace. In Your holy name we pray. Amen.*