

2024 Week 4	Monday October 14	Tuesday October 15	Wednesday October 16	Thursday October 17	Friday October 18	Saturday October 19	Sunday October 20
Breakfast	Orange Juice Oatmeal Blueberry Pancakes Syrup Bacon Sliced Peaches Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Cinnamon Raisin French Toast Syrup Mandarin Oranges Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Egg and Potato Bake Wheat Toast Cinnamon Coffee Cake Fruit Cocktail Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Scrambled Eggs Bacon Wheat Toast Banana Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Waffle Syrup Breakfast Sausage Sliced Pears Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Cheesy Scrambled Eggs Wheat Toast Grapes Assorted Cold Cereal 2% Milk	Orange Juice Oatmeal Baked Cheese Omelet Mini Danish Cubed Melon Assorted Cold Cereal 2% Milk
Lunch	Nantucket Cod Parslied Potatoes Beets with Oranges & Ginger Strawberry Shortcake Honey Mustard Baked Chicken	Spaghetti Marinara Sauce Italian Cut Green Beans Wheat Dinner Roll Fresh Pineapple Cubes Chef Salad	Pulled Pork on Bun Roasted Red Skin Potatoes Coleslaw Orange Cream Mousse Cake Cheese Quiche	Beef Pepper Steak Baked Potato Butter and sour cream Steamed Broccoli Blueberry Cobbler Baked Crab Cake	Rotisserie Baked Chicken With Gravy Cheesy Broccoli Rice Casserole Arugula and Strawberry Salad Chocolate Ice Cream Cup Spring Vegetable Alfredo	Roast Pork With Gravy Egg Noodles Carrot Coins Coconut Cream Pie Lemon Chive Tilapia	Baked Meatloaf Tomato Gravy Garlic Mashed Potato Scandinavia Mixed Vegetables Lemon Shortbread Bar Roast Turkey Turkey Gravy
Dinner	Tomato Basil Soup Hot French Dip Sandwich Macaroni Salad Broccoli Cauliflower Blend Tropical Fruit Salad Caprese Grilled Cheese Sandwich	Kielbasa and Cabbage Soup Grilled Chicken Tenders Ranch Dressing Tater Tots Baked Beans Snickerdoodle Cookie Grilled Ham and Swiss Sandwich	Navy Bean and Ham Soup Turkey Burger Lettuce, Tomato, onion Summer Corn Salad Fresh Fruit Cup Classic Grilled Chicken Sandwich	Creamy Cauliflower Soup Chicken Salad on Wheat Tossed Salad Choice of dressing Rainbow Sherbet Pepperoni Pizza	Summer Potato Soup Beef Pot Pie Fresh Green Beans Wheat Dinner Roll Lemon Mousse Stuffed Tomato with Tuna Salad	Lentil Soup Hot Turkey Sandwich Mashed Sweet Potatoes Sauteed Squash & Zucchini Diced Peaches Egg Salad on Croissant	Beef Orzo Soup Classic Grilled Chicken Sandwich Cauliflower Salad Baked Scalloped Apples Chef Salad Choice of dressing

Milk, water and assorted hot and cold beverages available at every meal. Hot or cold sandwiches, soups and cottage cheese & a fruit plate are always available.