

Committee Meetings:

9/2 - 2:30pm (CRB) Life Enrichment Committee
9/3 - 2:30am (R&R) Dining Committee
9/7 - 2:00pm (CRB) Sunshine Committee
9/8 - 11:00am (CRB) Lions Branch Meeting
9/8 - 11:30am (R&R) Wellness Committee Mtg.
9/8 - 3:00pm (CRA) Grief Support Group
9/10 - 1:30am (R&R) IL Council Meeting
9/15 - 11:30am (R&R) Wellness Committee Mtg.
9/22 - 3:00pm (CRA) Grief Support Group
9/23 - 1:00pm (CRA&CRB) Karly Sarvis Informal Meeting & IL Council Quarterly Meeting

Special Events in September: All activities represented with a double asterisk (**) requires registration.

All Month Long | Appalachian Trail Challenge:** Join other residents and staff to walk more and exercise more during the month of September. Let's see how far we make it on the A.T. and how much healthier we will feel!

T. 9/1 – 10:30AM | America's 250th Anniversary Special Presentation: Dr. Carol Ruth Nechemias gives a special presentation on Americas' 250th Anniversary. This is a 2-hour long presentation broken up into two 1-hour parts with a lunch break intermission in between. Part 1 is from 10:30am to 11:30am and Part 2 is from 1:00pm to 2:00pm.

Th. 9/3 – 9:30PM | Trip to Creative York Kerlin Art Gallery and York Central Market:** View the annual Creative York Adult Juried Art Exhibition and take a short walk to York Central Market for shopping and lunch.

F. 9/4 – 1PM | Friday Flicks: To celebrate the start of football season, the movie chosen for this day is “**Invincible**” – an inspiring true story of a down on his luck 30-year-old substitute teacher and bartender who tries out for the Philadelphia Eagles.

Th. 9/10 - 3PM | Travelogue: Resident Jay Stevens is our travelogue presenter. See different sites as we circumnavigate the Florida Coast from Jacksonville around the Keys to St. Petersburg including a stop at Harry Truman's Little White House.

M. 9/14 - 12PM | Garden Club Hot Dog Roast:** Come enjoy the Garden Clubs' end-of-harvest annual hot dog roast.

W. 9/16 – 11AM | Lunch Outing:** Not a “Mystery Lunch”...the destination will be announced closer to the date.

Th. 9/17 – 9AM | Ladies' Breakfast:** Start the day right with this breakfast social.

T. 9/22 – 10AM to 1PM | Wellness Fair: Health vendors, refreshments, vaccinations, refreshments, etc.

W. 9/23 – 3PM | Kitchen Corner Cooking: Pot Pie:** Chose from choice whole and healthy ingredients to make your own pot pie to take home and cook for dinner.

Th. 9/24 – 11AM | DIY Scarecrow Craft:** Get a start to your fall decorating and join us for this fun seasonal craft.

Th. 9/24 – 2PM | National Cherries Jubilee Social:** Treat yourself to this favorite flaming dessert. The cherries are simmered in orange juice and flambeed with brandy and served with vanilla ice cream.

Th. 9/24 – 3PM | Uncorked:** Enjoy wine and pairing appetizers while socializing with neighbors and friends.

F. 9/25 - 1PM | Tailgate Party:** Football is back! Wear your favorite team colors and enjoy football food and games.

Su. 9/27 - 12PM | Fee \$25 - Sunday Brunch:** Treat yourself and your guests to brunch.

M. 9/28 – 10:30am | Sports Talk:** Be a Monday morning armchair quarterback and let's talk sports!

M. 9/28 – 5PM | Potluck Dinner:** This is a true give-and-get community dinner that ioncludes good food and good fellowship.

T. 9/29 – 1PM to 3PM | Croquet & Croissants:** Let's play some backyard croquet! We have your appetite covered.



Concordia at Spirit Trust Sprenkle Drive

Activity Calendar September 2026

Birthdays in September:

Steven Bowman
Gwendolyn Lehr
Ann Schultz
Glenn Myers
Janice Cromer
Daun Metzler
Sammie Wisner
Iva Roth
Sandra Cooley
William Erbeck
Louise Marx
Charles Kirby

Special Days in September:

9/4 College Colors Day
9/7 Natl. Grandma Moses Day
9/17 Natl. Apple Dumpling Day
9/22 Natl. Centenarian's Day
9/23 Great American Pot Pie Day
9/24 Natl. Cherries Jubilee Day



This Month's Theme is ...

TO EVERYTHING THERE IS A SEASON

Inspired by the change of season and the
Bible verses (Ecclesiastes 3: 1-8)

“There is a time for everything,
and a season for every activity under the
heavens: ...”



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A.T. Virtual Hike Challenge All month long! 		1 9:00am Grocery Trip (TRP-<i>Giant</i>)** 9:30am Exercise with Karen (CRB) 10:00am Catholic Communion (SCC) 10:30am America 250th Anniv. Presentation (Part 1 - CRA) 1:00pm America 250th Anniv. Presentation (Part 2 - CRA)	2 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 1:00pm <i>Trail Magic</i>: Rock Painting Craft (CRB)** 2:30pm Life Enrichment Cmte. (CRB)	3 9:30am Virtual Silver Sneakers (CRB) 9:30am-12:30pm Trip: Creative York Kerlin Art Gallery Exhibit & York Central Market (TRP)** 2:30pm Dining Cmte. (R&R)	4 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Friday Flicks: <i>“Invincible”</i> (CRA)	5
6 9:30am Worship Service (CRA) <u>LIVESTREAM</u>	7 Labor Day Holiday No Exercise Class This Day 1:00pm Bingo (CRB)** 2:00pm Sunshine Committee (CRB)	8 No Grocery Trip This Day 9:30am Exercise with Karen (CRB) 11:00am Branch Lions Club (CRB) 11:30am Wellness Cmte (R&R) 12:00pm <i>Trail Magic</i>: Trail Name 3:00pm Grief Support Group (CRA)	9 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 2:00pm Cranium Crunch (R&R)**	10 9:30am Exercise with Todd (CRB) 12pm-2pm Retired Ministers & Spouses (CRA) 1:30pm Independent Living Council (R&R) 3:00pm Travelogue: <i>Florida</i>	11 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Hollywood Classics Film: <i>“Modern Times”</i> (CRA)	12
13 9:30am Worship Service (CRA) <u>LIVESTREAM</u>	14 9:30am Virtual Silver Sneakers (CRB) 12:00pm Garden Club Hot Dog Roast (CRB)** 3:00pm Village Voices Chorus (CRA)	15 9:00am Grocery Trip (TRP-Aldi)** 9:30am Exercise with Karen (CRB) 11:30am Wellness Cmte (R&R)	16 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:00am Catholic Mass (SCC) 11:00am Lunch Outing (TRP)** 6:00pm Evening Dominoes (CRB)**	17 9:30am Virtual Silver Sneakers (CRB) 9:00am Ladies' Breakfast (R&R)**	18 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Morals & Dilemmas Movie: <i>“Shawshank Redemption”</i> (CRA)	19
20 9:30am Worship Service (CRA) <u>LIVESTREAM</u>	21 9:00am Coffee 101 (R&R) 9:30am Virtual Silver Sneakers (CRA) 1:00pm Bocce (CRB)** 2:00pm <i>Trail Magic</i>: Half-Way/Half-Gallon Ice Cream Challenge (GBL) 3:00pm Village Voices Chorus (CRA)	22 No Exercise Class This Day 9:00am Grocery Trip (TRP-Weis)** 10am-1pm Annual Wellness Fair (CRA & CRB) 3:00pm Grief Support Group (R&R)	23 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am TEDTalks 1:00pm Informal Meeting & Quarterly RL Council Meeting (CRA) 3:00pm Kitchen Corner: Pot Pie (CRB)**	24 9:30am Exercise with Todd (CRB) 11:00am DIY Scarecrow Craft (CRB)** 2:00pm National Cherries Jubilee Social (<i>followed by Uncorked</i>) (CRB)** 3:00pm Uncorked (CRB)**	25 No Movie This Day 8am-11am The Bean Coffee & Quiche (B)\$ 9:30am Virtual Silver Sneakers (CRB) 10:30am Great Courses (CRA) 1:00pm Football Tailgate Party (CRB)**	26
27 9:30am Worship Service (CRA) <u>LIVESTREAM</u> 12:00pm-2:00pm Sunday Brunch (CRB) **\$25	28 9:30am Virtual Silver Sneakers (CRA) 10:30am Sports Talk (CRB)** 5:00pm Resident Potluck Dinner (CRB)** 3:00pm Village Voices Chorus (CRA)	29 9:00am Grocery Trip (TRP-Walmart)** 9:30am Exercise with Karen (CRB) 1pm-3pm Croquet & Croissants (Gazebo Field)**	30 8am-11am The Bean Coffee & Pastries (B)\$ 9:30am Virtual Silver Sneakers (CRB) 4:00pm Book Club (CRB)	Key: B – The Bean BR – Billiard Room CHT – Chartered Bus CR – Card Room (Rear R&R) CRA – Community Room A CRB – Community Room B GBL – Glatfelter Back Lobby GFL – Glatfelter Front Lobby GYM – Fitness Room LIB – Library OOB – Off Campus PAT – Patio (R&R Side Room) R&R – Rachel & Reuben Bistro SCC – Skilled Care Community Rm TRP – Trip (Concordia Bus) WO – Wellness Office ** - Sign-Up Required \$ - Cost Involved		