


April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	April Fool's Day 1 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:00 Troy the Dog Visits (1:1) 1:00 April Fools Brownie Decorating w/Jacki (AR) 2:00 Musical Voices w/Marlene (AR)	2 10:00 Devotions (AR) 10:15 Word Game: Birds (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group w/Paul (LR) 1:00 What In the Bag? (AR) 2:00 Bible Study w/Kris: (AR) Easter, He is Risen!	3 10:00 Gardening: Seed Planting 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Harry Connick, Jr. Music (LR) 5:30 Cornhole Challenge (AR)	4 10:00 Devotions (AR) 10:15 Baseball Slang Words (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	5 10:00 Devotions (LR) 10:15 April Trivia (LR) 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 The Greatest Baseball Players of All-Time (LR) 3:00 Word Games on iN2L (LR)	6 10:00 St. Matthew's Lutheran Coffee & Pastry Social Hour (AR) 12:00 One to One Visits (1:1) 1:30 Special Music: (AR) Hymn & Gospel Music By Daniel Baker
7 <i>April Word Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Bob Hope stars in Caught in the Draft	8 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:00 Troy the Dog Visits (1:1) 1:00 Heated Neck Massages (AR) 2:00 Musical Voices with Marlene Shilling (AR)	9 10:00 Devotions (AR) 10:15 How Would You Handle Found Treasure? (AR) 10:45 Armchair Exercise (AR) 1:00 Teaching Kitchen: (AR) Fresh Tomato Day 2:00 Bible Study w/Kris (AR) Living with Change	10 10:00 Pick an Art Project (AR) 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 The Nashville Sound (LR) 4:30 Terrace Overlook Dinner (**)	11 10:00 Devotions (AR) 10:15 The Year Was 1957 (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	12 10:00 Devotions (LR) 10:15 What Did It Cost? (LR) 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 Music of The Best Guitar Players of All-Time (LR) 3:00 Word Games on iN2L (LR)	13 10:00 Special Visit: (AR) 4-H Youth Club with Rabbits & Guinea Pigs 1:00 Reminiscing Circle: (LR) Old Kitchen Gadgets 2:00 NEW! NEW! NEW! Noodle Hockey Game (AR)
14 <i>Gardens of the World Word Puzzle Booklet is Available</i> No Catholic Communion Visits 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Don Knotts stars in The Ghost & Mr. Chicken	15 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:00 Troy the Dog Visits (1:1) 1:30 Countryside Ride (**) (E) 2 - 4 Michael Flatley's Fleet of Flames Dance Sensation (LR)	16 10:00 Coffee Klatch & Chat w/Darlene (AR) 10:30 Catholic Mass with St. Joseph's Catholic (SC) 1:00 Men's Group w/Paul (LR) 2:00 Resident Council Mtg. w/Management Staff (AR)	17 10:00 Craft: Paper Flower (AR) 10:00 Pet Therapy Dogs Visit (AR) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 TAFE Presents a Play ... Mystery at Senior Manor (AR) 5:30 Travel to Australia (AR)	18 10:00 Devotions (AR) 10:15 Common Phrases (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	19 10:00 Koda the Dog Visits (LR) 10:15 Devotions & Earth Day (LR) 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 "Getting Lost in the Moss" by Codorus State Park Ranger (AR) 3:00 Word Games on iN2L (LR)	20 10:00 Devotions (AR) 10:15 Fortune Sticks (AR) 10:30 Volleyballoon (AR) 1:00 Reminiscing Circle: (LR) Feel Good Stories That Warms Your Heart 2:00 Team Trivia Challenge (AR)
21 <i>Earth Day Word Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Billy Graham Crusades (LR) 2:00 Movie Matinee: (LR) Fred Astire stars in You'll Never Get Rich	22 Earth Day 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 12:30 Pretty Nails w/Misty (**) (L) 2:00 The Lincoln Funeral Train by Guest Speaker Scott Mingus 4:30 "April in Paris" Meal (AR)	23 10:00 Devotions (AR) 10:15 Hangman Word Game (AR) 10:45 Armchair Exercise (AR) 1:00 Picnic Day with Jacki "The Pink Lady" (AR) 2:00 Classic Comedy Movies: The Adventures of Francis The Talking Mule (LR)	24 10:00 Making Dog Biscuits (AR) 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Boyd's Bear Bingo (AR) 3:15 The Best of Ernest Tubb (LR) 5:30 Bus Outing: (**) (\$) Big Dippers Ice Cream	25 10:00 Devotions (AR) 10:15 Wellness: Laughter (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle & Other Word Games w/Ruth (AR)	26 10:00 Devotions (LR) 10:15 Brain Bubble TV: (LR) The Great American State Quiz 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 First Lady of Song: (LR) Ella Fitzgerald & Her Music 3:00 Word Games on iN2L (LR)	27 10:00 Devotions (AR) 10:15 Ten-Minute Tale: (AR) The Forming of Minnie Pearl 10:30 Noodleball (AR) 1:00 Reminiscing Circle: (LR) The Good Old Days! 2:00 It's Bingo Bonanza Day: Bingo & Trivia Bingo Games (AR)
28 <i>Happy Spring Word Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Cary Grant stars in Amazing Adventure	29 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Shirley Temple Hour (LR) 2:00 Women of Faith: (AR) A Cup of Tea with Ideal Spring Readings	30 10:00 Devotions (AR) 10:15 Keep Laughing! (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group w/Paul (LR) 2:00 Spa Day: Back Rubs & Heated Neck Massages (AR)				Key <i>Programs are subject to change</i> AR - Activity Room I - Independent Activity LR - Living Room \$ - Advanced Payment CC - Community Center ** - Reservations L- Library Lounge Needed E - Entrance Lobby 1:1 - One to One Visits

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician
717-646-2419 or Ext. 60018
- ◇ Christine Storm, Dining Services
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed (**)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping.

Dine In Night: Its dine in night at the Terrace Overlook Restaurant located in the community center of the village. Residents are responsible for dinner expenses after a \$4.00 personal care discount. Kathy will be available this evening, Wednesday, April 10 to lend a helping hand to residents. Sign up today!

Countryside Ride: Its always wonderful to getaway and see the nature come back after winter. Residents are welcome to join their neighbors on Monday, April 15 at 1:30 pm for a bus ride. Reservations may be made with life enrichment team.

Pretty Nails w/Misty: Ladies that would like to have their nails shaped and made pretty on Monday, April 22. Please contact Kris for an afternoon time slot from 12:30 - 2:00 pm.

Bus Outing: Residents will be able to go for ice cream at Big Dippers at 5:30 pm on Wednesday, April 24. Residents will need money for your ice cream expenses. Sign up today!

April 2024

SpiriTrust Lutheran®

The Village at Utz Terrace

Personal Care Newsletter

Welcome

Please welcome our new residents to the personal care residence!

Bill Vandenheuvel

Inspiring Quotes

"April is a moment of joy for those who have survived the winter."
~ Samuel Johnson

"Oh to be in England now that April's there."
~ Robert Browning

April Symbols

Birthstone: Diamond

Flowers: Daisy or Sweet Pea

Color: White, Yellow & Red (three colors for April)

Zodiac Sign: Aries until April 19, then Taurus from April 20 and onward



April Showers Bring May Flowers: Weather Folklore?

Once April 1st comes around, it's time to take out of storage those things used for the season such as; rain boots, umbrellas, ponchos and of course – vases for your spring flowers.

Spring has sprung! And while most of us are familiar with "April showers bring May flowers," there are many weather folklore sayings associated with spring, which is a season notorious for wild, crazy weather. Have you heard any of these?

April

- ◆ *If it thunders on All Fool's Day, it brings good crops of corn and hay.*
- ◆ *A cold May and a windy April, a full barn.*
- ◆ *March'll search ye, April try ye; May'll tell, whether live or die ye.*
- ◆ *If the oak is out before the ash then we are in for a splash; But if the ash is out before the oak we are in for a soak.*
- ◆ *April cold and wet fills barn and barrel.*
- ◆ *When April blows its horn, then it stands good with hay, rye, and corn.*
- ◆ *A cold and moist April fills the cellar and fattens the cow.*