| The following programs are regularly scheduled on a weekly basis: | | | | | | |
|---|---|---|---|---|---|---|
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| | 10:00 Power Hour<br>10:45 Back to Basics<br>1:00 10-Pin Bowling | 10:00 Pilates<br>10:45 Man We're Movin<br>1:00 Billiards | 10:00 Power Hour<br>10:45 Back to Basics<br>1:00 Tai Chi for Beginners<br>1:00 Mexican Train Dominoes<br>2:00 Wii Bowling | 10:00 Pilates<br>10:45 Line Dancing<br>1:00 10- Pin Bowling<br>2:00 Worship (PC) | 9:30 Morning Mindfulness(GR)<br>10:00 Mini Tennis<br>1:00 Billiards<br>1:00 Mexican Train Dominoes | |

# December

## Independent Living Programs & Events

Concordia at SpiriTrust Utz Terrace

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | **1**<br>9:30-3:00 Massage by Tara (Salon)<br>12:00 Women's Birthday Luncheon (DR)<br>2:00 Bingo (GR) | **2**<br>9:30-3:00 Massage by Tara (Salon)<br>1:00 Patriot Academy (TCL) | **3**<br>10:00 Welcome Social (TCL)<br>11:00 Book Club (Library) | **4**<br>9:30 Brunch Bunch N. Oxford Family Diner & H.A.R.T Center for Student Craft Fair | **5** |
| **6**<br>2:00 Always Dance (PC)<br>2:15 Eichelberger "We Three Kings" | **7**<br>10:00 Village Stitchers (TCL)<br>11:30 Lunch & Christmas Tree Tour Warehime-Myers Mansion | **8**<br>1:00 Play Around Christmas Charades (TCL)<br>7:00 Brodbeck Band (DR) | **9**<br>11:30 Chair Volleyball<br>1:00 Patriot Academy (TCL) | **10**<br>3:30 Christian Life Assembly Dinner at Summit Family Restaurant | **11**<br>1:00 In-House Movie: A Dog's Christmas (TCL) | **12** |
| **13**<br>6:00-6:45 First Church of God Christmas Caroling in our Community | **14**<br>1:00 Therapy Talks with Shannon: Tendonitis (GR) | **15**<br>10:30 Catholic Mass (SC)<br>1:00 RL Christmas Dinner VFW<br>2:00 Pastor Rodney (PC) | **16**<br>1:00 Patriot Academy (TCL)<br>4:15 Dutch Apple Holly Jolly Holiday | **17**<br>3:00 Tech Help with Steve Bean (GR) | **18** | **19** |
| **20** | **21**<br>11:15 Lunch & Carroll Co. Farm Museum Tour & Living History | **22**<br>3:00 Stitchers Gift for PC and Skilled Care (PC)<br>4:00 Ugly Sweater Christmas Happy Hour & Caroling (TCL) | **23**<br>11:30 Chair Volleyball | **24**<br>**Christmas Eve** | **25**<br>**Merry Christmas** | **26** |
| **27** | **28**<br>**National Call a Friend Day** | **29**<br>3:30 Diner's Caravan: South County Brewing Company | **30** | **31**<br>**New Year's Eve** | | |

**Thank You....**
Thank you very much residents, which includes our hospitality committee, for taking the time to send Anniversary greetings to us. The beautiful cards and handwritten well wishes added much to our number 62 Anniversary day.- **Mona & Boyd Callender**

"Dear Friends at Utz Terrace, I certainly have had an extended Birthday Celebration this year! It actually started in Sept., when I received some Birthday Cards and has stretched to the end of November. Now that is an unusual lengthy celebration! But I am grateful to each one of you who has made my birthday a memorable event. I am very blessed to have such caring and supportive friends! In appreciation- **Phyllis Lantz**

**Upcoming Programming for December- Additional Information:**

**Massage by Tara:** Tight shoulder? Achy back? Just need an hour of quiet? It's time to hit reset**.** A professional massage isn't just a luxury- it's the best way to relieve muscle tension, boost your mood, and sleep better tonight. Spots are filling up fast for December, the cost is $75.00 for an hour or $40.00 for 30 minutes! Book your massage with Tara by calling 717-321-4895.
**Brunch Bunch: N. Oxford Family Diner:** Join us for a special outing to N. Oxford to support the H.A.R.T. Center students at their Christmas craft fair! You have likely seen these wonderful students around our community helping keep our common areas clean and tidy. Now is a great chance to return the kindness, browse their handmade crafts and cheer them on.
**Warehime- Myers Mansion Christmas Tree Tour:** Get into the holiday spirit with a visit to the historic mansion decorated with over 50 trees from various community organizations and businesses. The Christmas tree tours have become a Hanover tradition you won't want to miss the beautifully decorated trees. We will enjoy lunch before the tour.
**Brodbecks Band:** The band's name comes from Samuel B. Brodbeck, a local figure who, many years ago, conceived the idea of a community band in the area now known as Brodbecks in Codorus Township. The group has grown from its 1878 founding to today's roster of about 50 members, with 23–30 actively performing. All members are unpaid volunteers, with ages ranging from mid-30s to 80. All are welcome to enjoy this Christmas Performance.
**In- House Movie***:* A Dog's Perfect Christmas is a Netflix original Christmas movie released on 4 November 2026, starring Dennis Quaid, Milo Ventimiglia, and Brooke Lena Johnson. It's a family drama based on W. Bruce Cameron's 2020 novel and follows a basset hound named Winstead who helps reunite the Goss family during a holiday crisis.
**First Church of God Caroling:** Do you Hear the Carolers? Bundle up your holiday spirit because First Church of God is bringing the sounds of the season right to our doorsteps! Be on the lookout as these carolers make their way through our community, step outside and enjoy a song or two.
**Pastor Rodney Grove:** The pastor of St. Lazarus UCC, Rodney Grove, will return for their favorite Christmas hymns; all are welcome to attend.
**Ugly Sweater Happy Hour with Caroling and Cocoa:** Get creative and make your own ugly sweater or simply come in your favorite festive attire! We will follow Happy Hour with caroling throughout the community. Two groups will head out - one through the apartments and the other out to the cottages. Get in the holiday spirit by listening to some of your favorite songs sung by your neighbors; feel free to sing along. The evening will conclude with cookies and hot cocoa. If you would like to bake cookies to share, please sign up in the program binder by Friday, December 18th. Join us for the whole evening or whichever parts you prefer!

# Concordia at SpiriTrust Utz Terrace

## Independent Living Newsletter | December 2026

Christmas comes just once a year
of this, we should be glad.
If it came more often,
we would be kind of sad.
All that shopping thru the store
Looking for that perfect gift
For all the folks on my Xmas list.

Stockings by the fireplace
filled with cookies and candy.
and little surprises that's dandy!!
No more going for the tree,
Or buy more trim for all to see
No more holly on the door,
Santa's in the yard – no more

But really when all is passed
When all those things are put away
When I say my prayers,
Christmas is done
I say, "thank you Lord for only one."

"Tis The Season"

-Ann Paris

**Welcome to Utz Terrace,**

Shirley Gilbert!

We are thrilled to welcome lifelong South Hanover resident to our family. Shirley is retired after a fulfilling career that included 25 years working with children and 15 years as an administrative assistant. She was married for 44 years before recently losing her husband, and she is blessed with two daughters and five grandchildren. She enjoys reading, traveling and making memories with family and friends. Be sure to give her a warm Utz Terrace welcome!

**Welcome New Resident Social**
Help us give our new neighbors a warm welcome to the community! All residents are invited to join us to mix, mingle, and get to know the newest faces around here. Stop by to say hello, share a smile, and help make our new neighbors feel right at home. Light refreshments will be served. We hope to see everyone there!