

The Weekly Connection

Residential Living | August 23- August 29, 2026

Program Sign-Ups:

Heritage Trail Walk in New Freedom, PA, on Tuesday September 8

The historic railroad station in New Freedom serves as a reminder of their past. It is listed on the National Register of Historic Places. New Freedom Station was restored to its 1935 appearance in 2003, and a railroad museum is open to the public. New Freedom is the highest point on the Heritage Rail Trail. We will be leaving around 2:00 pm and you can choose to walk an hour or walk less and sit and relax. We will begin our walk from the Seven Sports Bar and Grille and return there for an early dinner. Sign up in the program binder by Friday, August 28.

Brunch Bunch CC's Diner in Littlestown, on Friday, September 11

The restaurant serves home-style breakfast and lunch daily, with a menu that mixes diner staples with a few playful twists. Breakfast offerings include egg platters, three-egg omelets, waffles, hotcakes, breakfast sandwiches, chipped beef and sausage gravy. The diner also offers more interesting items such as apple pie French toast. Sign up in the program binder by Friday, August 28.

September Women's Birthday Luncheon is Tuesday, September 1

All are welcome to attend. The cost is \$11.00 cash... unless it is your birthday month. Please sign up in the program binder by Monday, August 31.

Village Stitches heading to Sprenkle Drive in York, on Monday, September 14

We will take Lap Blankets and enjoy coffee and pastries with the residents. Please sign up in the program binder by Thursday, September 10.

Hershey Gardens in Hershey PA, on Thursday September 17

The self-guided experience is great for groups to be inspired by the many theme gardens. Plan for this to take an hour and a half to two hours, if you would like to see it all. The visit to the indoor Butterfly Atrium is included. Groups may request a brief introduction about the history and highlights of Hershey Gardens at no additional charge. Enjoy the beautiful Historic Rose Garden, June – September with over 3,000 Roses. The cost is \$15.00 if we have 10-15 people, and \$16.50 under 10. Sign up in the program binder by Wednesday, September 2.

Lake Tobias in Halifax, PA, on Thursday, September 24

Lake Tobias' signature attraction is a Safari Tour. See elk, bison, deer, antelope, flightless birds, and exotic animals like the Watasi (African cattle) and Asian Water Buffalo. In all, more than 500 animals roam freely across 150 acres of rolling hills. Enjoy the Safari Tour in an open-air converted bus with a driving tour guide. Did you know that the water buffalo has 3 times the fat content in its milk compared to our cattle species? That's why their milk is said to make the world's best mozzarella cheese! Lake

Tobias Wildlife Park is part zoo, part African safari, part farm, and all family labor of love. The Tobias family has operated the park for more than 50 years, and they take pride in delivering one of the region's most unique experiences to visitors each day. The cost is \$18.00 for 20 or more and \$21.00 for less than 20. Sign up in the program binder by Wednesday, September 2.

This Week at a Glance:

Monday, August 24

10:00 AM – Power Hour
10:45 AM – Back to Basics
1:00 PM – 10 Pin Bowling
1:00 PM – Brain Games

Tuesday, August 25

10:00 AM - Pilates
10:45AM - Man We're Movin'
12:45 PM - Sit & Strengthen
1:00 PM - Billiards
3:15 PM – Diner's Caravan: Great American Saloon

Wednesday, August 26

10:00 AM – Power Hour
10:45 AM – Back to Basics
11:30 AM – Chair Volleyball

1:00 PM – Tai Chi for Beginners

1:00 PM – Dominoes

Thursday, August 27

10:00 AM – Pilates
10:45 AM – Line Dancing
12:45 PM – Sit & Strengthen
1:00 PM – 10 Pin Bowling
2:00 PM – Worship (PC)
2:00 PM – Summer Games Practice: Badminton
3:00 PM – Pop-Up Happy Hour (**Please note this will be held in the Hobby Room not the DR**)

Friday, August 28

9:00 AM – Balance & Stretch
9:30 AM – Morning Mindfulness
10:00 AM – Mini Tennis
1:00 PM – Billiards
1:00 PM – Dominoes

Guthrie Books

A new selection of Guthrie Library books is now available in the Community Center Library. When borrowing Guthrie books, please remember to fill out the library card attached to the back. Place the library card into the box. Also, we have a selection of about 20 Audiobooks available!