

The Weekly Connection

Residential Living | July 26- August 1, 2026

Welcome to a new week of connection, creativity, and community! We hope this week brings you joyful moments, meaningful time with friends, and plenty of opportunities to join in the fun.

Message from Dining Services:

Weekly Menu Selection Papers – Please begin placing your selections in the hanging wall file (to your right) in the HUB room. Thanks!

Program Sign-Ups:

Brunch Bunch: Shady Maple in East Earl, PA, on Friday August 7

This brunch bunch will be a little different, as you will have an allotted amount of time. You can choose whether you want to shop first or eat first. Sign up in the program binder by Friday, July 31.

Women's Birthday Luncheon for August will be held on Tuesday, August 4

All are welcome to attend; the cost is \$11.00 cash if it is not your birthday month.

Sign up in the program binder by Monday, August 3

Diner's Caravan: Great American Saloon in Red Lion, on Tuesday, August 25

The Great American Saloon is a full-service dining and entertainment venue that blends the charm of a frontier saloon with hearty American fare. It's described as a "roaring tribute to the spirit, grit, and flavor of the American frontier," drawing inspiration from cowboy campfires, southern kitchens, and old railroad diners. Sign up in the program binder by Friday, August 14.

York Revolution Ball Game in York, on Tuesday, September 1

Join us for an exciting evening at the ballpark as the York Revolution take on the Long Island, Ducks! Cost is \$17.00, which includes a \$7.00 voucher for food. Sign up in the program binder by Tuesday, August 18.

Summer Games Practice

We will begin practice the week of August 2. Please check your August calendar for specific practice times and sign up in the program binder for the event(s) you would like to participate in. I will form the teams based on sign-ups. We will continue practicing through September leading up to the Games on September 21. You do not need to attend every practice to participate, this is just for fun!

This Week at a Glance:

Monday, July 27

10:00 AM – Power Hour
10:45 AM – Back to Basics
12:15 PM – Gettysburg Excursion Railway and Ice Cream
1:00 PM – 10 Pin Bowling

Tuesday, July 28

10:00 AM – Pilates
10:45AM – Man We're Movin'
12:45 PM – Sit & Strengthen
1:00 PM – Billiards
3:00 PM – Cozy Cup Circle (2nd Floor; we will meet in the first sitting area)

Wednesday, July 29

10:00 AM – Power Hour
10:45 AM – Back to Basics
1:00 PM – Tai Chi for Beginners
1:00 PM – Dominoes
2:00 PM – Pop-Up Happy Hour (HR)

Thursday, July 30

10:00 AM – Pilates
10:45 AM – Line Dancing
12:45 PM – Sit & Strengthen
1:00 PM – 10 Pin Bowling
2:00 PM – Worship (PC)
2:45 PM – Diner's Caravan: The Lodges at Gettysburg (*please plan to pay with cash*)

Friday, July 31

9:00 AM – Balance & Stretch
9:30 AM – Morning Mindfulness
10:00 AM – Mini Tennis
1:00 PM – Billiards
1:00 PM – Dominoes