

The Weekly Connection

Residential Living | June 28- July 4, 2026

Welcome to a new week of connection, creativity, and community! We hope this week brings you joyful moments, meaningful time with friends, and plenty of opportunities to join in the fun.

Programming Updates:

Fitness Classes for Monday

Power Hour will be held at 2:00pm and Back to Basics will follow at 2:45, due to the Alzheimer's Car Wash. Support a great cause by donating, getting your vehicle washed, or helping to wash vehicles. Thank you in advance!

Walmart Shopping Trip

Please note that the weekly shopping trip to Walmart will be on Wednesday this week not Thursday. If you are interested in shopping contact Teresa Plank.

Fitness Classes for Friday

Balance & Stretch & Morning Mindfulness are cancelled on Friday due to the Holiday.

Program Sign-Ups:

Women's Birthday Luncheon Tuesday, July 7

Sign up in the program binder by Monday, July 6.

Brunch Bunch Bullocks in Westminster Friday, July 10

Please note they only serve lunch, no breakfast.

Sign up in the program binder by Friday, July 3.

National Hot Dog Day Hot Dogs for Lunch, Wednesday, July 15

If you would like to bring a side or a dessert to share call Tracy.

Sign up in the program binder by Friday, July 10.

Windy Knoll Farm & Creamery in Chambersburg Monday, July 20

Lunch and shopping at Windy Knoll Farm.

Sign up in the program binder by Monday, July 13.

Gettysburg Train Ride & Ice Cream in Gettysburg, on Monday, July 27

The cost of the 90-minute Train Ride is \$30.50.

Sign up in the program binder by Monday, July 20.

Diner's Carvan: The Lodges at Gettysburg (Gloryridge Tavern) in Gettysburg Thursday, July 30
Please plan to pay by cash, as they will only accept four credit cards.
Sign up in the program binder by Friday, July 17.

This Week at a Glance:

Monday, June 29

10:00- Noon Alzheimer's Car Wash
1:00 PM – 10 Pin Bowling
2:00 PM – Power Hour
2:45 PM – Back to Basics

Tuesday, June 30

10:00 AM – Pilates
10:45 AM – Man We're Movin'
12:45 PM – Sit & Strengthen
1:00 PM – Billiards
5:15 PM – Pontoon Ride & Ice Cream

Wednesday, July 1

10:00 AM – Power Hour
10:45 AM – Back to Basics
1:00 PM – Tai Chi for Beginners
1:00 PM – Dominoes
2:00 PM – Wii Bowling

Thursday, July 2

10:00 AM – Pilates
10:45 AM – Line Dancing
11:00 AM – Book Club
12:45 PM – Sit & Strengthen
1:00 PM – 10 Pin Bowling
2:00 PM – Worship (PC)

Friday, July 3

10:00 AM – Mini Tennis
1:00 PM – Billiards
1:00 PM – Dominoes

Saturday, July 4 – Independence Day!

Celebrate freedom and fun with friends and neighbors! It's a great time to reflect, connect, and enjoy summer!