The Weekly Connection

Residential Living | November 8 – November 14, 2026

Program Sign-Up:

Friendsgiving on Monday, November 16 @ 4:00 PM

Let's celebrate the season of gratitude together! All residents are warmly invited to join us for our community Friendsgiving Feast. It is a wonderful time to share good food, great laughs, and even better company. To make our feast complete, we have two ways you can participate… bring a dish that is prepared and ready to eat or simply pay $10.00. I have a list of what is needed in the program binder. If you are bringing a dish, please have it at the Terrace Overlook by 3:30 pm. If you are paying, please see that Tracy gets your $10.00 by **Friday, November 13.**

The Spring Garden Band Sunday, November 22

Prepare for a captivating performance by Spring Garden Band at the Eichelberger Performing Arts Center in Hanover, PA. Experience an afternoon of live entertainment as Spring Garden Band takes the stage. Cost per ticket is $10.00 if we have more than 25 and $12.00 if not. Everyone really enjoyed this performance last year. Sign up in the program binder by **Friday, November 13.**

Diner's Caravan: Carriage House in Emittsburg MD, on Tuesday, November 24

Dating back to the 1700s, their pre-Revolutionary War farmhouse has evolved into a restaurant, changing ownership yet preserving its local charm. Their vision unfolds in every dish and brew, creating an inviting space where stories are told through flavors. Behind the scenes, their chefs bring decades of combined expertise. Sign up in the program binder by **Friday, November 13**.

We Three Kings on Sunday, December 6 with a 3:00 PM Show

Prepare for a festive celebration as We Three Kings - The Irish Dance Christmas Sensation comes to the Eichelberger Performing Arts Center in Hanover. This heartwarming show blends the magic of Christmas with the energy of traditional and contemporary Irish dance. Audiences in Hanover can look forward to a captivating performance that showcases the talent of world-champion Irish dancers in a holiday-themed spectacle perfect for all ages. Cost per ticket is $54.00 Sign in the program binder by **Friday, November 13.**

Holly Jolly Christmas at Dutch Apple on Wednesday, December 16

Start Your Holiday Tradition Here! Immerse yourself in the spirit of the season with this original holiday extravaganza sure to make you merry. The halls are decked with holly, so let the jolly festivities begin with lively dancing and singing to the yuletide tunes you know and love—along with a visit from Old St. Nick himself! Cost of ticket is $80.00 for dinner and show. Sign up in the program binder by **Friday, November 13**.

Rl Christmas Luncheon on Tuesday, December 15

Tis the season to celebrate together! Join your neighbors and friends for our annual Residential Living Christmas Party as we ring in the most wonderful time of the year. The celebration will be at the VFW and will feature a buffet lunch, and a cash bar will be available for alcoholic beverages. It is a perfect time to catch up with old friends, welcome our newest neighbors, and share the joy of the season. Bus transportation will be available, if you need transportation call Tracy at 646-2434. Sign up in the program binder by **Friday, November 20.**

Chronic Pain Class Presented by York County Area Agency on Aging

Join them for an empowering 6- week session designed to help you manage chronic pain and improve your daily well-being. What you will learn; Self-Management Tools; Physical Activity Action-Planning Breathing Techniques Understanding Emotions Using Your Mind Sleep Healthy Eating and More! This is limited to 15 residents and is a 6-week session**.** Please plan to attend all sessions, no class on Monday December 21. We need a minimum of 8 participants registered to host this program. Please sign up in the program binder by **Friday, November 20.**

This Week at a Glance:

Monday, November 9
10:00 AM – Power Hour
10:45 AM – Back to Basics
1:00 PM- Therapy Talks: "Pelvic Floor Strengthening" with Shannon
1:00 PM- 10 Pin Bowling
2:00 PM Pastor Rodney (PC)

Tuesday, November 10
10:00 AM – Pilates
10:45 AM - Man We're Movin'
12:45 PM - Sit & Strengthen
1:00 PM – Billiards
1:00 PM- Packing Thanksgiving Totes

Wednesday, November 11
11:00 AM – Veterans Day Luncheon
10:00 AM – ***No Class*** (Due to Veterans Day Luncheon)
10:45 AM – ***No Class*** (Due to Veterans Day Luncheon)
***1:00 PM* – No class** (Due to Veterans Day Luncheon)
1:00 PM – Dominoes
2:00 PM- Wii Bowling

Thursday, November 12
10:00 AM – Pilates
10:45 AM – Line Dancing
12:15 PM- Decorate Tree Warehime Mansion
12:45 PM – Sit & Strengthen
1:00 PM – 10 Pin Bowling
2:00 PM – Worship

Friday, November 13
9:00 AM – Balance Stretch
9:30 AM – Morning Mindfulness
10:00 AM – Mini Tennis
1:00 PM – Billiards
1:00 PM – Dominoes
1:00 PM – In House Movie "The Breadwinner"
2:00 PM- Pop- Up Happy Hour