

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March 2024</div> <div></div>				<div>Key</div> <div>Programs are subject to change</div> <div>AR - Activity Room    I - Independent Activity LR - Living Room    \$ - Advanced Payment CC - Community Center    ** - Reservations L- Library Lounge    Needed E - Entrance Lobby    1:1 - One to One Visits</div>	<div>9:00 Making Chili w/Kris (AR) 1</div> <div>10:00 Wally the Dog Visit (LR)</div> <div>10:15 Snow Geese Migration (AR)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Great Bowls of Fire Chili Cook-Off (AR)</div> <div>3:00 Word Games on iN2L (LR)</div>	<div>10:00 Devotions (AR) 2</div> <div>10:15 Dr. Seuss Quotes (AR)</div> <div>10:30 New! New! New! (AR)</div> <div>Noodle Hockey Game</div> <div>2:00 Worship Service with Chaplain Melissa (AR)</div>
<div>March Word 3</div> <div>Puzzle Booklet is Available</div> <div>9:30 Catholic Communion Visits</div> <div>10:00 Worship by Hymns (LR)</div> <div>2:00 Movie Matinee: (LR)</div> <div>Hometown Legend</div>	<div>10:00 Devotions (AR) 4</div> <div>10:15 Brain Aerobics (AR)</div> <div>10:45 Music N' Motion (AR)</div> <div>1:00 Food Committee Mtg. (AR)</div> <div>2:00 Musical Voices (AR)</div> <div>2:30 Guest Speaker: (CC) ( I )</div> <div>Pennsylvania A-Z Trivia History</div>	<div>10:00 Devotions (AR) 5</div> <div>10:15 Take Five in March (AR)</div> <div>10:30 Armchair Exercise (AR)</div> <div>11:00 Voting Forms w/Kris (AR)</div> <div>1:00 Men's Group w/Paul (LR)</div> <div>2:00 A Cup of Tea &amp; Helen Steiner Rice Poems (AR)</div>	<div>10:00 Craft: Windsock (AR) 6</div> <div>1:00 Kitten Therapy Visits (1:1)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Bingo (AR)</div> <div>3:15 Andre Rieu Music (LR)</div> <div>5:30 Folk/Irish/&amp; Scottish Music by Dan Diviney (AR)</div>	<div>10:00 Devotions (AR) 7</div> <div>10:15 Wellness: Brain Food (AR)</div> <div>10:45 Simply Stretching (AR)</div> <div>1:00 Wal-Mart Shopping (**) ( I )</div> <div>1:00 Jeopardy w/John (LR)</div> <div>2:00 Worship Service (AR)</div> <div>2:45 Crossword Puzzle (AR)</div>	<div>10:00 Devotions (LR) 8</div> <div>10:15 What Happened in 70s (LR)</div> <div>10:45 Morning Stretching (LR)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Better Hearing in a Noisy World By Darrell Sipe Hearing (AR)</div> <div>3:00 Word Games on iN2L (LR)</div>	<div>10:00 Devotions (AR) 9</div> <div>10:15 Name That Creature (AR)</div> <div>10:30 Parachute Games (AR)</div> <div>1:00 Stations of the Cross (LR)</div> <div>1:45 Neighborhood Social: Build Your Own Sundae &amp; Name That Tune (AR)</div>
<div>Daylight Saving Time 10</div> <div>Women's History Month</div> <div>Puzzle Booklet is Available</div> <div>9:30 Catholic Communion Visits</div> <div>10:00 Worship by Hymns (LR)</div> <div>2:00 Movie Matinee: (LR)</div> <div>Buck Privates</div>	<div>10:00 Toby the Dog Visits (AR) 11</div> <div>10:00 Devotions (AR)</div> <div>10:15 Brain Aerobics (AR)</div> <div>10:45 Music N' Motion (AR)</div> <div>1:00 Dean Martin Comedy (LR)</div> <div>2:00 Musical Voices with Marlene Shilling (AR)</div>	<div>10:00 Devotions (AR) 12</div> <div>10:15 Armchair Exercise (AR)</div> <div>10:45 Outing: Lunch Trip to C &amp; D Grill (**) ( E )</div> <div>2:00 National Parks of the Appalachians Documentary (LR)</div>	<div>10:00 Party Centerpieces (AR) 13</div> <div>10:00 Pet Therapy Dogs (1:1)</div> <div>1:00 Kitten Therapy Visits (1:1)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Win a Quilt Bingo (AR)</div> <div>3:15 Daniel O'Donnell Music (LR)</div> <div>5:30 Nerf Gun Target Shoot (AR)</div>	<div>10:00 Devotions (AR) 14</div> <div>10:15 Remembering the 1950s (AR)</div> <div>10:45 Simply Stretching (AR)</div> <div>1:00 Wal-Mart Shopping (**) ( I )</div> <div>1:00 Jeopardy w/John (LR)</div> <div>2:00 Worship Service (AR)</div> <div>2:45 Crossword Puzzle (AR)</div>	<div>10:00 Devotions (LR) 15</div> <div>10:15 St. Patrick's Day Trivia (LR)</div> <div>10:45 Morning Stretching (LR)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 St. Patrick's Day Party w/Music by Dan Martin (AR)</div> <div>3:00 Word Games on iN2L (LR)</div>	<div>10:00 Devotions (AR) 16</div> <div>10:15 Feel Good Stories You Will Want to Hear! (AR)</div> <div>10:30 Volleyballoon (AR)</div> <div>1:00 Stations of the Cross w/Chaplain (LR)</div> <div>1:45 Pokeno (AR)</div>
<div>St. Patrick's Day 17</div> <div>Word Puzzle Booklet is Available</div> <div>No Catholic Communion Visits</div> <div>10:00 Worship by Hymns (LR)</div> <div>2:00 Movie Matinee: (LR)</div> <div>Pot O' Gold</div>	<div>10:00 Toby the Dog Visits (AR) 18</div> <div>10:00 Devotions (AR)</div> <div>10:15 Brain Aerobics (AR)</div> <div>10:45 Music N' Motion (AR)</div> <div>12:30 Pretty Nails w/Misty (**) ( L )</div> <div>2:00 National Nutrition Month: Food Trivia Jingo Game (AR)</div>	<div>10:00 Coffee Klatch (AR) 19</div> <div>10:30 Catholic Mass (SC)</div> <div>1:00 Men's Group w/Paul (LR)</div> <div>1:00 Teaching Kitchen (AR)</div> <div>2:00 Easter Bunny Photo Shoot &amp; Koda the Dog Visits (AR)</div> <div>4 - 8 Spring Dance (**) ( \$ ) ( I )</div>	<div>10:00 Tactile Quilt Project (AR) 20</div> <div>10:00 Pet Therapy Dogs (1:1)</div> <div>1:00 Kitten Therapy Visits (1:1)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Bingo (AR)</div> <div>3:15 Timeless Irish Classics (LR)</div> <div>5:30 Corn Hole Challenge (AR)</div>	<div>10:00 Devotions (AR) 21</div> <div>10:15 This &amp; That (AR)</div> <div>10:45 Simply Stretching (AR)</div> <div>1:00 Wal-Mart Shopping (**) ( I )</div> <div>1:00 Jeopardy w/John (LR)</div> <div>2:00 Palm Sunday Service (AR)</div> <div>2:45 Crossword Puzzle (AR)</div>	<div>10:00 Devotions (LR) 22</div> <div>10:15 Welcome to York County (LR)</div> <div>10:45 Morning Stretching (LR)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Women's History Month: A Woman's Right to Vote (LR)</div> <div>3:00 Word Games on iN2L (LR)</div>	<div>10:00 Devotions (AR) 23</div> <div>10:15 Easter Hangman (AR)</div> <div>10:30 Noodleball (AR)</div> <div>1:00 Stations of the Cross w/Chaplain (LR)</div> <div>1:45 Spa Day: Heated Neck &amp; Back Massages (AR)</div>
<div>Holy Week Word 24</div> <div>Puzzle Booklet is Available</div> <div>9:30 Catholic Communion Visits</div> <div>10:00 Worship by Hymns (LR)</div> <div>11:45 The Chapel of Hanover (AR)</div> <div>2:00 Movie Matinee: (LR)</div> <div>Overcomer</div>	<div>10:00 Toby the Dog Visits (1:1) 25</div> <div>10:00 Devotions (AR)</div> <div>10:15 Brain Aerobics (AR)</div> <div>10:45 Music N' Motion (AR)</div> <div>1:30 Countryside Ride (**) ( E )</div> <div>2:00 Disney Nature Presents: African Cats Documentary (LR)</div>	<div>10:00 Devotions (AR) 26</div> <div>10:15 Bible Jeopardy (AR)</div> <div>10:45 Armchair Exercise (AR)</div> <div>1:00 Men's Group w/Paul (LR)</div> <div>2:00 Life Long Learning: (AR) Civil War, Inside &amp; Out by Guest Speaker, Pete Miele</div>	<div>10:00 Oil &amp; Vinegar Eggs (AR) 27</div> <div>10:00 Pet Therapy Dogs (1:1)</div> <div>1:00 Kitten Therapy Visits (1:1)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Bingo (AR)</div> <div>3:15 YouTube: Easter Hymns (LR)</div> <div>5:30 Team Volleyballoon (AR)</div>	<div>10:00 Devotions (AR) 28</div> <div>10:15 Musical Quiz Time (AR)</div> <div>10:45 Simply Stretching (AR)</div> <div>1:00 Wal-Mart Shopping (**) ( I )</div> <div>1:00 Jeopardy w/John (LR)</div> <div>2:00 Maundy Thursday Service (AR)</div> <div>2:45 Crossword Puzzle (AR)</div>	<div>Good Friday 29</div> <div>10:00 Devotions (LR)</div> <div>10:15 Travel to Jerusalem (LR)</div> <div>10:45 Morning Stretching (LR)</div> <div>1:00 Rosary Prayers (MR)</div> <div>2:00 Bible Jingo Game (AR)</div> <div>3:00 Word Games on iN2L (LR)</div>	<div>10:00 Devotions (AR) 30</div> <div>10:15 History of The Easter Bunny &amp; Eggs (AR)</div> <div>10:30 Hot Potato &amp; Musical Passing Game (AR)</div> <div>2:00 Easter Worship Service Celebration (AR)</div>
<div>Easter 31</div> <div>Easter Puzzle Booklet is Available</div> <div>9:30 Catholic Communion Visits</div> <div>10:00 Worship by Hymns (LR)</div> <div>2:00 Movie Matinee: (LR)</div> <div>Easter Parade</div>	<div>The Village at Utz Terrace Personal Care Programs &amp; Events</div> <div></div>					

## Residence Phone Numbers

- ◇ Alyssa Groft, Administrator  
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor  
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader  
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)  
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician  
717-646-2419 or Ext. 60018
- ◇ Christine Storm, Dining Services  
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain  
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

## Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

## Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



## Program Reservations Needed (\*\*)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping.

Lunch Outing: Do you want to go out to eat? Residents are welcome to sign up for the C & D Grill lunch outing on Tuesday, March 12. Residents are responsible for their own lunch expenses. Limiting seating! Sign up now!

Pretty Nails w/Misty: Ladies that would like to have their nails shaped and made pretty on Monday, March 18. Please contact Kris Martin, life enrichment for an afternoon time slot from 12:30 - 2:00 pm.

Spring Dance w/DJ: Dance to be held on Tuesday, March 19, advance tickets of \$7.00 payment is required.

Countryside Ride: Its time to ride and enjoy the countryside on Monday, March 25 at 1:30 pm. Reservations may be made with life enrichment team.



Daylight Saving Time Begins Sunday, March 10.  
Turn clocks one hour ahead when retiring to bed Saturday evening.

## Welcome

Please welcome our new resident to the personal care residence!

**Stephanie Beyer**

**Mary Hegenbart**

**Betty Johnson**

**Lois VandenHeuvel**

## Inspiring Quotes

"March winds and April showers bring forth May flowers."  
~ English Proverb

"Our life is March weather, savage and serene in one hour."  
~ Ralph Waldo Emerson

"Easter is meant to be a symbol of hope, renewal and new life."  
~Janine di Giovanni

## March Symbols

Birthstone: Aquamarine & Bloodstone

Flowers: Daffodil

Color: Red

Zodiac Sign: Pisces until March 20 then Aries

March 2024



## Personal Care Newsletter

**You are invited!**



**Friday, March 1, 2024 at 2:00 pm**

**Personal Care Activity Room**

**Residents and personal care staff will enjoy a tasting of several different pots of chili made by the staff and residents. Please join us for the tasting!**