Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 2025 SPIRIT360° Empowering lives through purposeful living.				Rey Programs are subject to change AR - Activity Room LR - Living Room CC - Community Center L - Library Lounge O - Outside Courtyard Key SC - Skilled Care I - Independent Activity E - Entrance Lobby S - Advanced Payment ** - Reservations Needed	10:00 Devotions (AR - O) 10:15 Hans Christian Andersen Fairy Tales & Stories (AR - O) 10:45 Ball Toss (AR - O) 1:00 Party Set-up (AR) 2:00 Beach Party with Live Music by Dan Martin (AR)	Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Fun with Numbers Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Dolphin Tale	10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: (AR) Heros of Faith 2:00 Resident Council Mtg. (AR) 3:00 Summer Fun Jingo (AR)	10:00 Devotions (AR) 10:15 It's a Sea Scramble (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Bingo (AR) 3:00 Stories of Gettysburg w/Scott (CC) 5:30 UNO Cards (AR)	10:00 Dog Therapy Visit (1:1) 10:00 Drama Skit (AR) 10:30 Making Ice Cream (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Music by Derek Reed (SC) 3:15 Music Video: (LR) Andy Williams (Moon River)	10:00 Devotions (AR) 7 10:15 Imponderable Questions (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Team Trivia Challenge (AR)	10:00 Devotions (AR-O) 10:15 Reminiscing: (AR-O) The Summer Fair 10:45 Ladder Ball (AR - O) 1:00 Dean Martin Comedy (LR) 2:00 Tamara Smith presents K9 Nose Works (AR)	Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Hawaii Word Search Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Nine Lives	10:00 Bootsie the Dog (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: (AR) Love In Your Heart 2:00 Bingo (AR) 3:00 Cover the Number (AR)	10:00 Devotions (AR) 10:15 ABCs of Picnic Lunch (AR) 10:45 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 2:00 Taste & Learn: (AR) Fresh Pineapple 3:00 Bio Laura Ingalls Wilder (LR)	10:00 Dog Therapy Visit (1:1) 10:00 Fishing Game (AR) 10:30 Noodleball (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Guest Speaker: (SC) "The Bee Lady" on Bees 3:15 John Prine Music Video (LR)	10:00 Devotions (AR) 10:15 Galapagos Tortoises (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (AR - O) 10:15 Aesop Fables (AR - O) 10:45 Ring Toss (AR - O) 1:00 Craft Corner: (AR) Wooden Beehive Painting 2:00 Woofin' Steps: (SC) Zoey the Dancing Dog	Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
State Fair Word Search Puzzle Booklet is Available No Catholic Communion Today 10:00 Worship by Hymns (LR) Gospel Music of Elvis - Pt. 1 2:00 Movie Matinee: (LR) War Horse	10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: (AR) A New Day! 2:00 Musical Voices (AR) 3:00 Draw a Beetle Game (AR)	9:00 Coffee Klatch (AR) 10:30 Catholic Mass (SC) 1:00 Men's Group (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Countryside Ride (**) 3:00 Bio of Johnny Cash (LR) 5:30 UNO Cards (AR)	10:00 Dog Therapy Visits (1:1) 20 10:00 Twister Toss Game (AR) 10:30 Resident Choice (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Gospel Music of Elvis - Pt. 2	10:00 Devotions (AR) 10:15 Senior Citizen Day (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (AR-O) 22 10:15 Reminiscing: Lessons Learned in the Sandbox (AR - O) 10:45 Name It Ball (AR-O) 1:00 Food Committee Mtg. (AR) 2:00 Be An Angel Day: (AR) Trivia, Fun Facts & Angel Dessert	Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Travel Word Search Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: Night at the Museum Young Buffalo Bill	10:00 Bootsie the Dog (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: (AR) The Healing Touch 2:00 Fruit & Vegetable Jingo (AR) 3:00 Cover the Number (AR)	10:00 Devotions (AR) 10:15 Spill & Spell (AR) 10:45 Armchair Exercise (AR) 11:30 Corn on the Cob Lunch (**) 1:00 Gertie the Dog Visits (1:1) 2:00 Hymn Sing w/Joyce (AR) 3:00 Bio of John Glenn (LR)	10:00 Dog Therapy Visit (1:1) 27 10:00 SPCA Service Project: (AR) Making Doggie Pull Toys 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Love Songs from the Opry	10:00 Devotions (AR) 10:15 You Survived So Much (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Sing a Long DVD:(LR) 29 Songs to Make You Smile 10:00 Lunch Outing: (**) Cracker Barrel Restaurant & Gift Shop 2:00 Comedy & Snacks: (LR) Ma & Pa Kettle	Independent Activities Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Labor Day Word Puzzle Booklet is Available 9:30 Catholic Communion (1:1)		The Village a	t Utz Terrace Per	sonal Care Progr	rams & Events	

10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR)

At War With the Army





Residence Phone Numbers

- ♦ Alyssa Groft, Administrator 717-646-2415 or Ext. 60014
- ♦ Shelia Herman, Nursing Supervisor 717-646-2427 or Ext. 60026
- ♦ Kris Martin, Life Enrichment Leader 717-646-2431 or Ext. 60030
 - Wellness Suite (Nurse's Office) 717-646-2438 or Ext. 60037
 - ♦ Denise Childs, Beautician 717-646-2419 or Ext. 60018
- ♦ Chase Beeghley , Dining Services 717-646-2439 or Ext. 60036
- ♦ Melissa Mosebrook, Chaplain 717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed ()**

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Countryside Ride: See the sights of the surrounding area of Hanover. The outing will take place on Monday, August 19 at 2:00 pm. No stops will be made during this trip. Sign up today!

Corn on the Cob Lunch: Please sign up with Kris for this summer lunch meal featuring corn on the cob on Tuesday, August 26 at 11:30 am.

Lunch Outing: Join us on Friday, August 29 for a lunch outing to Cracker Barrel Restaurant and Gift Shop in Shrewsbury. Residents are responsible for meal and gift expenses. Departure time is 10:00 am. Sign up today!

Resident Meetings - Please Attend

Resident Council Meeting with management on Monday, August 4 at 2:00 pm in the dining room.

Food Committee Meeting with Chase Beeghley, dining services manager, on Friday, August 22 at 1:00 pm in the dining room.





SpiriTrust Lutheran® The Village at Utz Terrace

Personal Care Newsletter



Welcome

Please welcome our newest resident to the neighborhood.

Linda Morris

August Quotes

"August comes with a dreamy haze of heat."

~ Gladys Taber

August Symbols

Birthstone: Peridot,

Sardonyx, and Spinel Flower: Gladiolus & Poppy Zodiac Sign: Leo until August 22 Virgo from August 23 and onward

Condolences

Sympathies are extended to the family and friends of Pat Gibson. Rest in peace.

Ten Fun Beach Facts

- 1.It can take thousands of years for a natural beach to be created.
- 2. Sand comes from broken down minerals and rocks!
- 3. Sand comes in lots of different colors from golden to red, brown, pink, orange, gold, purple, green and black!
- 4. The longest beach is Praia Do Cassino in Brazil! The beach is 150 miles long.
- 5. The world's shortest beach is Playa de Gulpiyuri in Spain.
- 6. Victorian doctors used to prescribe a trip to the beach.
- 7. There are several thousand different species of animals and plants on beaches.
- 8. Beaches are constantly changing.
- 9. Fraser Island, off the coast of Australia is the biggest sand island!
- 10. Sea turtles lay their eggs on beaches.



Beach Party with Music by Dan Martin is Friday, August 1 at 2:00 pm in the dining room.