


# February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>February 1</b> <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) All Day Singing 2:00 Olympic Movie Matinee: (LR) Walt Disney's "Miracle"	<b>Groundhog Day 2</b> 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Musical Voices (AR) 3:00 The Coloring Crew (AR)	<b>3</b> 10:00 Devotions & A-Z Trivia (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 1:00 Men's Group w/Paul (AR) <b>2:00 Hot Chocolate Bar (AR)</b> 3:00 Comedy: I Love Lucy (LR) 5:30 UNO Cards w/Sarah (AR)	<b>4</b> 10:00 Creative Corner: (AR) Decorating Lunch Bags & Painting Heart Ornaments 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 YouTube Music Video: (LR) The Oldies with Brad	<b>5</b> 10:00 Devotions (AR) 10:15 Finish The Song Lyric (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	<b>6</b> 10:00 Devotions (AR) 10:15 Twenty Questions (AR) 10:45 Simply Silly Stretching (AR) 1:00 Spa Day of Massages (AR) 2:00 Candy Lover's Dice Game (AR) 2:00 Winter Olympics Opening (TV Channel - 3) ( I )	<b>7</b> Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: (LR) Roman Holiday
<b>8</b> <i>Valentine Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) The Best of Gordon Mote 2:00 Movie Matinee: (LR) Nanny McPhee <b>6:30 Super Bowl Party (LR)</b>	<b>9</b> 9:00 Bootsie the Dog Visits 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris: (AR) Kind of Hearts <b>2:00 "Love" Music w/Pastor Rodney of St. Lazarus (AR)</b> 3:00 The Coloring Crew (AR)	<b>10</b> 10:00 Devotions (AR) 10:15 Hangman Word Game (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) <b>1:00 Bus Outing: Reminiscing @ Black Rose Antiques (**) ( E )</b> 3:00 Comedy: I Love Lucy (LR) 5:30 Cover the Number (AR)	<b>11</b> <b>10:00 Service Project: (AR) Valentine Lunches for PAL Program in Hanover</b> 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Sweet & Simple Love Songs	<b>12</b> 10:00 Devotions (AR) 10:15 Mad Libs - Winter (AR) 10:45 Simply Stretching (AR) 1:00 Independent Shopping to Wal-Mart (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	<b>13</b> 10:00 Devotions (AR) 10:15 Friday 13th Stigma? (AR) 10:45 Cornhole Challenge (AR) 1:00 Biography of President Dwight Eisenhower (LR) <b>2:00 Valentine Celebration: (AR) Wine &amp; Strawberries with Famous Partner Trivia Game</b>	<b>14</b> <b>Valentine's Day</b> Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: (LR) Me Before You
<b>15</b> <i>President's Day Puzzle Booklet is Available</i> No Catholic Communion Today 10:00 Worship by Hymns: (LR) The Old Rugged Cross <b>2:00 Fun Math &amp; Riddle Bingo w/The McCusker Children (AR)</b>	<b>16</b> <b>President's Day</b> 10:00 Devotions (AR) 10:15 President Trivia (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris: (AR) God Is For Us 2:00 Musical Voices (AR) 3:00 The Coloring Crew (AR)	<b>17</b> <b>Mardi Gras/Chinese New Year</b> 9:00 Coffee Klatch (AR) 10:30 Catholic Mass w/St. Joseph's (SC) 12:30 Pretty Nails w/Misty (**) ( L ) 1:00 Men's Group w/Paul (AR) <b>2:00 Taste &amp; Learn on Fasnacht: Origin, History, &amp; Reminisce (AR)</b> 3:00 Comedy: I Love Lucy (LR) 5:30 UNO Cards w/Sarah (AR)	<b>18</b> <b>Ash Wednesday</b> 10:00 Kitchen Corner: (AR) Making & Baking Pretzels <b>11:30 Live Piano Music @ Lunch</b> 1:00 Cat Therapy Visits (1:1) 1:00 Bible Jeopardy (LR) 2:00 Bingo (AR) 3:15 YouTube Music Video: (LR) Keeley May Sing Along	<b>19</b> 10:00 Devotions (AR) 10:15 Lifelong Learning: (AR) Women Inventors 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	<b>20</b> 10:00 Devotions (AR) 10:15 Fascinating Facts about Old Sayings (AR) 10:45 Stretching (AR) 1:00 Biography of President John F. Kennedy (LR) 2:00 Table Game: (AR) P-O-K-E-N-O	<b>21</b> Independent Activities Available in the Activity Room 12:30 Karly the Dog Visits (1:1) 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: (LR) Midrange
<b>22</b> <i>Black History Month Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Songs For The Soul 2:00 Movie Matinee: (LR) Walk the Line 8:00 Olympics Closing (TV -Ch. 3)	<b>23</b> 9:00 Bootsie the Dog Visits 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) Keep on Praying 2:00 Hymn Sing w/Joyce: (AR) Residents Select Hymns 3:00 The Coloring Crew (AR)	<b>24</b> 10:00 Devotions (AR) 10:15 Spill & Spell Word Game (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) <b>2:00 Social: Banana Splits (AR)</b> 2:30 Team Trivia Challenge (AR) 3:00 Comedy: I Love Lucy (LR) 5:30 Cover the Number (AR)	<b>25</b> 10:00 Fishing Game (AR) 10:30 Noodleball (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Melody Lane Sing Along of Country Classic Songs	<b>26</b> 10:00 Devotions (AR) 10:15 Fairy Tale Day: (AR) Trivia & Stories 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	<b>27</b> 10:00 Baking Corner: (AR) Shoe Fly Cake 10:30 Baking Measurements & Terminology Trivia (AR) 1:00 Biography of President Ronald Reagan (LR) <b>1:00 Countryside Ride (**) ( E )</b>	<b>28</b> Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Kathy & Loreley Program: Volleyballoon, Trivia, with Snack & Conversation (AR)
						<b>Key</b> <i>Programs are subject to change</i> AR - Activity Room      ** - Reservations LR - Living Room      Needed L - Library Lounge      1:1 - One to One Visits E - Entrance Lobby      I - Independent Activity

## The Village at Utz Terrace Personal Care Programs & Events



## Residence Phone Numbers

- ◇ Alyssa Groft, Administrator  
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor  
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader  
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)  
717- 646-2438 or Ext. 60037
- ◇ Beautician  
717-646-2419 or Ext. 60018
- ◇ Chase Beeghley , Dining Services  
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain  
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

## Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

## Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

### **Independent Shopping on Thursdays at 1 pm:**

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

**Black Rose Antiques:** On Tuesday, February 10 at 1 pm we will browse and reminisce at Black Rose Antiques located in Hanover. Its fun to see all the old things that grandma used in the kitchen or dad had in his workshop. Come and reminisce about the old days. Sign up now!

**Pretty Nails:** Pretty Nails with Misty is being offered on Tuesday, February 17 with appointments starting at 12:30 pm. Sign up with Kris.

**Countryside Ride:** On Friday, February 27 at 1:00 pm residents will enjoy the scenic landscape of the surrounding area of Hanover as we travel the backroads. Let's get a away!



## Personal Care Newsletter

### The History of Conversation Hearts

It all started in the 1840s when a Boston pharmacist named Oliver Chase invented a machine that made it easier to create apothecary lozenges. Chase's lozenge cutter is credited as the first American candy machine. He started off making medicinal lozenges for sore throats and bad breath, but later turned to creating candy.

These candy lozenges would go on to become the Necco Wafers that are still around today.

Soon after inventing the wafers, Chase teamed up with his brother, Silas Edwin, to create Chase and Company, which then became the New England Confectionary Company, or NECCO. Necco Wafers' popularity took off during the Civil War and continued to be a popular candy for decades. Because they were portable and wouldn't melt, they were often shipped overseas.

Legend has it the idea for conversation hearts came from people sending love letters to the troops during the Civil War. Since they were already carrying Necco Wafers, why not press the love messages directly into the candy? Back then, the candies came in all different shapes, like baseballs, horseshoes, and watches, and they featured much longer sayings. Hearts weren't added to the lineup until 1901.

### February Quotes

"Every moment is a fresh beginning." ~ T.S. Eliot

"When you focus on being a blessing, God makes sure that you are always blessed in abundance."  
~ Joel Osteen

"Without Valentine's Day, February, would be, well, January." ~ Jim Gaffigan

### February Symbols

Birthstone: Amethyst

Flower: Violet

Colors: Purple, Light Blue, Yellow, and Pink

Zodiac Sign: Aquarius until Feb. 18 and then Pisces Feb. 19 and forward.