


January 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Key <i>Programs are subject to change</i> AR - Activity Room I - Independent Activity LR - Living Room E - Entrance Lobby CC - Community Center \$ - Advanced Payment L - Library Lounge ** - Reservations		New Year's Day 1 10:00 Devotions & Trivia (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Word Games w/Kris (AR)	2 10:00 Documentary: (LR) The Amish, Back Roads to Heaven 2:00 Anthology Drama: (LR) The Loretta Young Show	3 Independent Activities Available in the Activity Room 1:30 Karly the Dog Visits (1:1) 2:00 Comedy Matinee: (LR) Abbott & Costello's Buck Privates
4 <i>January Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Secondhand Lions	5 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Comedy: W.C. Fields Three Classic Shorts (LR) 2:00 Musical Voices (AR) 3:00 The Coloring Crew (AR)	6 10:00 Devotions (AR) 10:15 Last Letter First (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 2:00 Taste & Learn: Citrus (AR) 3:00 Comedy: I Love Lucy (LR) 5:30 UNO Cards w/Sarah (AR)	7 10:00 Dog Therapy Visits (1:1) 10:00 Noodleball & Fishing Game w/Grand Prize (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Sing Along by Ashley MacGregor	8 10:00 Devotions (AR) 10:15 Eating Elvis Style (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	9 10:00 Devotions (AR) 10:15 Riddles & Jokes (AR) 10:45 Ball Toss (AR) 1:00 Attenborough's Stories (LR) 2:00 Neighborhood Social: (AR) Hot Chocolate & Fruit Cobbler 2:30 Team Trivia Challenge (AR)	10 Independent Activities Available in the Activity Room 1:00 Bus Outing: (**) Miniature Train Display 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: Sully (LR)
11 <i>Winter Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Seven Brides for Seven Brothers	12 9:00 Bootsie the Dog Visits 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits: (AR) The Welcome Mat is Out 2:00 Pastor Rodney's Music (AR) 3:00 The Coloring Crew (AR)	13 10:00 Devotions (AR) 10:15 Spill & Spell (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 1:30 Movie & Discussion: (LR) Breaking Free 3:00 Comedy: I Love Lucy (LR) 5:30 Cover the Number (AR)	14 10:00 Dog Therapy Visits (1:1) 10:00 Envelope Game & Blitz Card Game (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) 60s Folk Sing Along with Sue And Dwight	15 10:00 Devotions (AR) 10:15 Reminiscing: (AR) General Stores & Labels 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	16 10:00 Devotions (AR) 10:15 Now You See It Now You Don't (AR) 10:45 Cornhole (AR) 1:00 Nature's Kingdom: (LR) Under the Sea w/Dolphins 2:00 Beat the Winter Blues: Beach Fun! (AR)	17 Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Comedy Matinee: (LR) Abbott & Costello's In The Navy
18 <i>Martin Luther King Jr. Puzzle Booklet is Available</i> <i>No Catholic Communion Today</i> 10:00 Worship by Hymns (LR) 2:00 McCusker Family Fun: (AR) Bingo & Crafting Paper Snowflakes	Martin Luther King Jr. Day 19 10:00 Devotions & MLK Talk (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Musical Voices (AR) 3:00 The Coloring Crew (AR)	20 9:00 Coffee Klatch (AR) 10:30 Catholic Mass (SC) 1:00 Gertie the Dog Visits (1:1) 1:00 Men's Group (LR) 1:30 Countryside Ride (**) 3:00 Comedy: I Love Lucy (LR) 5:30 UNO Cards w/Sarah (AR)	21 10:00 Dog Therapy Visits (1:1) 10:00 Reader's Theater: (AR) Winter Blues Be Gone 11:30 Live Piano Music @ Lunch 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) 1920s-1950s Songs w/Beth	22 10:00 Devotions (AR) 10:15 Geography Bee (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	23 10:00 Devotions (AR) 10:15 Story & Discussion (AR) 10:45 Ring Toss (AR) 1:00 Nature: African Cats (LR) 2:00 Neighborhood Social: (AR) Brownie Ice Cream Sundaes 2:30 Team Trivia Challenge (AR)	24 Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: (LR) Megan Leavey
25 <i>Bible Word Search Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Irving Berlin's Call Me Madam	26 9:00 Bootsie the Dog Visits 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 12:30 Pretty Nails w/Misty (L) (**Reservations Needed) 2:00 Hymn Sing w/Joyce (AR) 3:00 The Coloring Crew (AR)	27 10:00 Devotions (AR) 10:15 Hangman (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 2:00 Spa Day: Back Rubs & Heated Neck Massages (AR) 3:00 Comedy: I Love Lucy (LR) 5:30 Cover the Number (AR)	28 10:00 Dog Therapy Visits (1:1) 10:00 Creative Corner: (AR) Heartstrings Valentine Door Decorations 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Songs to Make You Smile	29 10:00 Devotions (AR) 10:15 Lifelong Learning: (AR) The Alaska Purchase 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	30 10:00 Devotions (AR) 10:15 Animal Trivia (AR) 10:45 Cornhole (AR) 1:00 Music Presentation by The Troubadours of WMES (AR) 2:00 National Geographic: (LR) Lewis & Clark	31 Independent Activities Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Kathy & Loreley presents: Dice Racing & Hangman (AR) 3:00 Snack & Conversation with Kathy & Loreley (AR)

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
 - ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
 - ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
 - ◇ Wellness Suite (Nurse's Office)
717- 646-2438 or Ext. 60037
 - ◇ Beautician
717-646-2419 or Ext. 60018
 - ◇ Chase Beeghley , Dining Services
717-646-2439 or Ext. 60036
 - ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039
- To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Train Display: Bus Outing on Saturday, January 10 at 1:00 pm to see the miniature train displays at The Miniature Train Club of York. No cost. Sign up w/Kris!

Countryside Ride: Please consider joining your neighbors on Tuesday, January 20 at 1:30 pm for a countryside ride in the local Hanover area. Reach out to Kris today to reserve your seat!

Pretty Nails: Our volunteer, Misty provides pretty nails that will transform your nails by shaping and painting them. She also enjoys conversing with all the ladies. Make your reservations for Monday, January 26 with appointments starting at 12:30 pm.

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SpiriTrust Lutheran® The Village at Utz Terrace

Personal Care Newsletter

Welcome

Please welcome
Paula Behm
to the neighborhood.

January Quotes

"January is here, with
eyes that keenly glow, a
frost-mailed warrior strid-
ing a shadowy steed of
snow." — Edgar Fawcett

"January brings the snow,
makes our feet and
fingers glow."
— Sara Coleridge

January Symbols

Birthstone: Garnet

Flower: Carnation &
Snowdrop

Colors: Blue

Zodiac Sign: Capricorn
until Jan. 20. Aquarius
from January 21 and
forward.

Condolences

Sympathies are extend to
the **Salvatore "Sam"**
Marra family on his pass-
ing. Rest in God's arms.

January

By John Updike

The days are short,
The sun a spark
Hung thin between
The dark and dark.

Fat snowy footsteps
Track the floor,
And parkas pile up
Near the door.

The river is
A frozen place
Held still beneath
The trees' black lace.

The sky is low.
The wind is gray.
The radiator
Purrs all day.

