


July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Service Project: (AR) 1 PB & J Sandwiches for PAL 1:00 Cat Therapy Visits (1:1) 1:00 Wal-Mart Shopping (**) (I) 1:00 Amazing Grace Circle (LR) 2:00 Bingo (AR) 3:15 Songs to Make You Smile (LR)	2 10:00 Devotions (AR) 10:15 My Neighboring States 10:45 Simply Stretching (AR) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 3:00 Crossword Puzzle with Ruth Howsden (AR)	3 10:00 Devotions & Trivia (AR - O) 10:30 Blowing Bubbles (AR - O) 2:00 Independence Celebration History, Songs, and Snacks (AR) 2:45 Recording for ABC27 Pledge of Allegiance to Flag (AR) 3:00 Cover the Number Game (AR)	4 Independence Day Independent Activities Available in the Activity Room 2:00 Annual Holiday Showing: Yankee Doodle (LR)
<i>250th Colonial Times</i> 5 <i>Word Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) America the Beautiful 2:00 Movie Matinee: (LR) For Me And My Gal	6 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Lynne (AR) 2:00 Musical Voices with Marlene Shilling (AR) 3:00 The American Revolution: The Conflict Ignites (LR)	7 10:00 Devotions (AR) 10:15 This & That w/Kim (AR) 10:45 Music & Movement (AR) 1:00 Men's Group (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Watermelon Social (AR - O) 3:00 Stories w/Jane (LR) 5:30 UNO Cards w/Sarah (AR)	8 10:00 Bucket Game (AR) 10:30 Volleyballoon (AR) 1:00 Cat Therapy Visits (1:1) 1:00 Amazing Grace Circle w/Pastor Chris Coffman (LR) 2:00 Bingo (AR) 3:15 Music Video: (LR) Marvin Hamlich the 70s	9 10:00 Devotions (AR) 10:15 My Neighboring States (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 NEW! Word Games on Life Loop (LR) 2:00 Worship Service (AR) 3:00 Crossword Puzzle (AR)	10 10:00 On the Porch: (AR-O) Relax & Remember ... The Good Old Days 1:00 Comedy: I Love Lucy (LR) 2:00 Sandy Lawrence's Patriotic Show (AR) 3:00 Table Game: (AR) Summer Fun Jingo w/Jane	11 Independent Activities Available in the Activity Room 2:00 Movie Matinee: (LR) Gene Autry's Cinema
<i>Gardening Word Puzzle Booklet is Available</i> 12 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Revival w/The Gaithers' 2:00 Movie Matinee: (LR) Fireproof	13 9:30 Bootsie the Dog (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Music Program by Pastor Rodney & Gail (AR) 3:00 Red Skelton Classics (LR)	14 10:00 Devotions (AR) 10:15 This & That w/Kim (AR) 10:45 Music & Movement (AR) 1:00 Animal Trivia Hour (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 National Ice Cream Day (O) 3:00 Stories w/Jane (LR) 5:30 UNO Cards w/Sarah (AR)	15 8:00 Breakfast Trip to Perkins Restaurant (**) 11:30 Piano Music w/Joyce (AR) 1:00 Cat Therapy Visits (1:1) 1:00 Amazing Grace Circle (LR) 2:00 Bingo (AR) 3:15 Music Video: (LR) The Opry Queens of Country	16 10:00 Devotions (AR) 10:15 My Neighboring States (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 3:00 Crossword Puzzle with Ruth Howsden (AR)	17 10:00 Devotions (AR-O) 10:15 Reminiscing: (AR-O) Grandma's Kitchen Utensils 10:45 Armchair Exercise (AR-O) 1:00 Comedy: I Love Lucy (LR) 2:00 Special Music by Abigail's Garden (AR) 3:00 Kitchen Utensil Jingo (AR)	18 Independent Activities Available in the Activity Room 2:00 Movie Matinee: (LR) Disney's Enchanted
<i>Under the Sea Word Puzzle Booklet is Available</i> 19 <i>No Catholic Communion Today</i> 10:00 Worship by Hymns: (LR) Country Family Reunion Gospel 2:00 Movie Matinee: (LR) Second Chances	20 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris: (AR) The 23rd Psalm 2:00 Musical Voices (AR) 3:00 Dwight D. Eisenhower (LR)	21 9:00 Coffee Klatch (AR) 10:30 Catholic Mass (SC) 1:00 Men's Group (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Cover the Number (AR) 3:00 Stories w/Jane (LR) 5:30 UNO Cards (AR) (I)	22 10:00 Fishing Game (AR) 10:30 Noodleball (AR) 1:00 Cat Therapy Visits (1:1) 1:00 Amazing Grace Circle (LR) 2:00 Bingo (AR) 3:15 Music Video: (LR) The Supremes	23 10:00 Devotions (AR) 10:15 My Neighboring States (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 3:00 Crossword Puzzle (AR)	24 10:00 On the Porch (AR - O) 11:30 Order in Chinese Food: (**) (\$ Cash Payment Needed) 1:00 Comedy: I Love Lucy (LR) 2:00 NEW! Exploring the Offerings of Life Loop (LR) 3:00 Weather Jingo w/Jane (AR)	25 Independent Activities Available in the Activity Room 2:00 Volunteer Program: (AR) Kathy & Loreley Presents: Cornhole Challenge, Trivia & Snacks
<i>Travel Word Puzzle Booklet is Available</i> 26 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) Country Roots & Gospel 2:00 Movie Matinee: (LR) Seabiscuit	27 9:30 Bootsie the Dog (1:1) 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Hymn Sing w/Joyce (AR) 3:00 Comedy Video: (LR) Geist the Comedian	28 10:00 Devotions (AR) 10:15 This & That w/Kim (AR) 10:45 Music & Movement (AR) 1:00 U.S. History Trivia Hour (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Cowboy Day & Smores (AR) 3:00 Stories w/Jane (LR) 5:30 UNO Cards w/Sarah (AR)	29 10:00 Cooking Corner: (AR) Peach Griddlecakes 10:30 Trivia & Do You See It? (AR) 1:00 Cat Therapy Visits (1:1) 1:00 Amazing Grace Circle (LR) 2:00 Bingo (AR) 3:15 Music Video: (LR) The Nashville Sound	30 10:00 Devotions (AR) 10:15 My Neighboring States (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 3:00 Crossword Puzzle with Ruth Howsden (AR)	31 10:00 Devotions (AR - O) 10:15 Slang & Meanings (AR - O) 10:45 Ball Toss (AR - O) 1:00 Comedy Movie Marathon: Ma & Pa Kettle Adventures w/Popcorn & Snacks too! (LR) 1:30 Bus Outing: (**) Countryside Ride	Key <i>Programs are subject to change</i> AR - Activity Room I - Independent Activity LR - Living Room E - Entrance Lobby L - Library Lounge ** - Reservations Needed O - Outside Courtyard CC - Community Center 1:1 - One to One Visits Center

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse’s Office)
717- 646-2438 or Ext. 60037
- ◇ Jen Weaver, Beautician
717-646-2419 or Ext. 60018
- ◇ Dan Litchfield, Dining Services
717-646-2439 or Ext. 60036
- ◇ Chaplain - Open Position
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Breakfast Trip to Perkins: This month’s outing is for breakfast on Wednesday, July 15 at 8:00 am to Perkins Restaurant in Hanover. Please note that residents need cash or credit card to pay for their breakfast expenses. Sign up today!

Order in Lunch: Here is an opportunity for different food, Chinese. See Kris if you are interested in ordering lunch on Friday, July 24 at 11:30 am. Please note that residents will need cash to pay their ordered lunch expenses. Sign up please!

Countryside Ride: Lets go on the bus and explore the countryside on Friday, July 31 at 1:30 pm. Please see Kris to make your reservations. Residents do need to sign up for the ride!



Personal Care Newsletter



Please welcome

Frances “Fran” DeFrank

George “Bill” Howe Jr.

to our neighborhood. It will be a pleasure to get to know you. *Welcome!*

Fun Fact on the Nation’s 250th Celebration

The Sestercentennial or Quarter Millennium: While "semiquincentennial" is the formal mouthful for 250 years, you will also hear it referred to as the sestercentennial (two and a half centuries) or the quarter millennium



Tensions with Great Britain over taxation and representation erupted into the American Revolution. On **July 4, 1776**, leaders formally adopted the Declaration of Independence, which was drafted primarily by **Thomas Jefferson** and edited by figures like **John Adams**, and **Benjamin Franklin**. The seven *Founding Fathers* of the United States who are widely regarded as having made the most significant contributions to securing independence from Great Britain and establishing the U.S. government are John Adams, Benjamin Franklin, Alexander Hamilton, John Jay, Thomas Jefferson, James Madison and George Washington.