## July 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	IRIT360® a lives through purposeful living.	10:00 Devotions (AR) 10:15 Fourth of July Talk (AR) 10:45 Armchair Exercise (AR) 1:00 Patriotic Picture Art (AR) <b>2:00 Utz Terrace Line Dancers</b> <b>&amp; Patriotic Bingo (AR)</b> 3:00 Bio of Cary Grant (LR) 3:00 Civil War Chaplains (CC) (1)	10:00 Service Project: (AR) PB&J Sandwiches for PAL210:00 Canine Therapy Visit (1:1) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) America the Beautiful2	10:00 Devotions (AR)310:15 History Trivia (AR)10:45 Simply Stretching (AR)1:00 Wal-Mart Shopping (**) (I)1:00 Jeopardy w/John (LR)2:00 Worship Service (AR)2:45 Crossword Puzzle (AR)	Independent Activities <b>4</b> Available in the Activity Room 10:00 Patriotic Picture Art (AR) (1) 2:00 Holiday Movie Matinee: (LR) Yankee Doodle Dandy 8:00 Capitol Fourth Celebration in Washington DC (TV– Ch.12)	Independent Activities <b>5</b> Available in the Activity Room 1:30 Stories, This & That and Humor with Barbara (LR)
Ice Cream Word Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Hayley Mills stars in Summer Magic	10:00 Devotions (AR)710:15 Brain Aerobics (AR)10:45 Music N' Motion (AR)10:45 Music N' Motion (AR)2:00 Musical Voices with Marlene Shilling (AR)3:00 On the Porch: (AR - O) Ice Cream Popsicles	10:00 Devotions (AR)810:15 Last Letter First (AR)10:45 Armchair Exercise (AR)1:00 Men's Group (LR)2:00 Patriotic Music Show byAdelynn Wood (AR)3:00 Bio of Fanny Crosby (LR)5:30 UNO Card Club (AR)	10:00 Butterfly Window Art & <b>9</b> Doodle Pads (AR) 10:00 Canine Therapy Visit (1:1) <b>1:00 Health 101 Seminar</b> <b>Guest Speaker (CC-GR) ( I )</b> 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Smoky Mountain Opry (LR)	10:00 Devotions (AR)1010:15 Mad Libs (AR)10:45 Simply Stretching (AR)10:45 Simply Stretching (AR)1:00 Wal-Mart Shopping (**) (1)1:00 Jeopardy w/John (LR)2:00 Worship Service with Chaplain Melissa (AR)2:45 Crossword Puzzle (AR)	10:00 Devotions (AR) 10:15 Penny Ante (AR) 10:45 Ball Toss (AR) <b>1:00 Bus Outing:</b> (**) ( \$ ) ( E ) Peter's Orchard Farm Market & Food Truck	Independent Activities <b>12</b> Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Bible Word Search Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Western Movie Matinee: (LR) Roy Rogers stars in Young Buffalo Bill	<ul> <li>10:00 Bootsie the Dog (1:1)</li> <li>10:00 Devotions (AR)</li> <li>10:15 Brain Aerobics (AR)</li> <li>10:45 Music N' Motion (AR)</li> <li>1:00 Bible Bits w/Kris: (AR)</li> <li>Forgetting to Say Thanks</li> <li>2:00 Cover the Number (AR)</li> <li>3:00 On the Porch (AR - O)</li> </ul>	9:00 Coffee Klatch (AR) 10:30 Catholic Mass (SC) 1:00 Gertie the Dog Visits (1:1) 1:00 Comedy: Hee Haw (LR) 2:00 Guest Speakers: (AR) Hanover Historical Society History of Neas House & DAR 3:00 Bio of Mary Tyler Moore (LR)	10:00 Fishing Game w/Prizes <b>16</b> & Noodleball (AR) 10:00 Canine Therapy Visit (1:1) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) The 70s Marvin Hamlisch	10:00 Devotions (AR)1710:15 Animal Trivia (AR)10:45 Simply Stretching (AR)10:45 Simply Stretching (AR)1:00 Wal-Mart Shopping (**) (1)1:00 Jeopardy w/John (LR)2:00 Worship Service (AR)2:45 Crossword Puzzle with Ruth Howsden (AR)	10:00 Devotions (AR-O) 10:15 Ladder Ball (AR-O) 10:45 Relax, Remember, and Reminisce (AR-O) 2:00 Guest Speaker: (AR) Wildflower Folklore by Codorus Park Ranger	Independent Activities <b>19</b> Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
It's All About Animals Word <b>20</b> Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Drew Barrymore stars in Ever After	10:00 Devotions (AR)2110:15 Brain Aerobics (AR)10:45 Music N' Motion (AR)10:45 Music N' Motion (AR)1:00 Bible Bits w/Kris: (AR)1:00 Bible Bits w/Kris: (AR)What is My Future?2:00 Musical Voices (AR)3:00 On the Porch: (AR - O)Lemonade & Cookies1000 Arrows (AR)	10:00 Devotions (AR)2210:15 Spill & Spell (AR)10:45 Armchair Exercise (AR)1:00 Gertie the Dog Visits (1:1)1:00 Men's Group (AR)2:00 Watermelon Social (AR-O)3:00 Bio of Ray Charles (LR)5:30 UNO Card Club (AR)	10:00 Residents Choice of Table Jingo Game (AR) 10:00 Canine Therapy Visit (1:1) 1:00 Cat Therapy Visits (1:1) 2:00 Kindred Spirit Mailbox Introduction & Bingo (AR) 3:15 Music Video: (LR) Bobby Darin	10:00 Devotions (AR)2410:15 What's the Scoop? (AR)10:45 Simply Stretching (AR)1:00 Wal-Mart Shopping (**) (I)1:00 Jeopardy w/John (LR)2:00 Worship Service with Chaplain Melissa (AR)2:45 Crossword Puzzle (AR)	10:00 Devotions (AR)2510:15 Target Shoot (AR)10:45 Reminiscing Ball Toss (AR)2:00 Storyteller Beth Rebert"The True Story of The Three Little Pigs" (AR)	Independent Activities <b>26</b> Available in the Activity Room 1:00 Faith Break w/Chaplain (LR) 1:30 Stories, This & That and Humor with Barbara (LR) 1:30 Rosary Prayers (MR)
Variety Word 27 Puzzle Booklet is Available 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Classic Movie Matinee: (LR) Rogers & Hammerstein's State Fair (1945 Version)	10:00 Bootsie the Dog (1:1)2810:00 Devotions (AR)10:15 Brain Aerobics (AR)10:45 Music N' Motion (AR)1:00 Bible Bits: Rock of Ages (AR)2:00 Bus Outing: (**) ( E )Countryside Ride	10:00 Devotions (AR)2910:15 Boggle Word Grid (AR)10:45 Armchair Exercise (AR)1:00 P-O-K-E-N-O (AR)2:00 Hymn Sing w/Joyce (AR)3:00 Bio of Hollywood Starlet, Lana Turner (LR)	10:00 Hawaiian Word Game <b>30</b> & Reader's Table (AR) 10:00 Canine Therapy Visit (1:1) 1:00 Cat Therapy Visits (1:1) <b>2:00 Double Winner Bingo (AR)</b> 3:15 Music Video: (LR) Andy Williams	10:00 Devotions (AR)3110:00 Finish the Song Lyric (AR)10:45 Simply Stretching (AR)1:00 Wal-Mart Shopping (**) (1)1:00 Jeopardy w/John (LR)2:00 Worship Service (AR)2:45 Crossword Puzzle (AR)		Key         Programs are subject to change         AR - Activity Room         LR - Living Room       I - Independent Activity         CC - Community       E - Entrance Lobby         Center       \$ - Advanced Payment         L - Library Lounge       ** - Reservations         O - Outside Courtyard       Needed

The Village at Utz Terrace Personal Care Programs & Events





## **Residence Phone Numbers**

- ♦ Alyssa Groft, Administrator 717-646-2415 or Ext. 60014
- Shelia Herman, Nursing Supervisor 717-646-2427 or Ext. 60026
- ♦ Kris Martin, Life Enrichment Leader 717-646-2431 or Ext. 60030
- Wellness Suite (Nurse's Office) 717-646-2438 or Ext. 60037
  - Denise Childs, Beautician

717-646-2419 or Ext. 60018

- ♦ Chase Beeghley , Dining Services 717-646-2439 or Ext. 60036
- ♦ Melissa Mosebrook, Chaplain 717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

## **Dining Room Hours**

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

## **Country Store Hours**

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



## **Program Reservations Needed (\*\*)**

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

#### Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Pretty Nails w/Misty: Ladies would you like your fingernails shaped up and painted? Misty our volunteer is excited to see you and help create pretty nails on Monday, July 7 with appointments starting at 12:30 pm.

Peter's Farm Orchard Market & Food Truck: Join us on Friday, July 11 at 1:00 pm for this bus outing to Peter's Mountain to shop at the outdoor farm orchard market and visit the York Springs Lion Club food truck for a fresh fruit sundae, hot dog, French fries and so much more. This is a one stop trip and residents need money to cover personal expenses. Sign up with Kris Martin.

**Countryside Ride:** See the sights of the surrounding area of Hanover. The outing will take place on Monday, July 28 at 2:00 pm. No stops will be made during this trip. Sign up today!



## **Personal Care Newsletter**

### Welcome

Please welcome our newest resident to the neighborhood.

Allen Otey

## **July Quotes**

"July is a symphony of laughter, sunshine, and the sweet aroma of summer."

"In the heart of July, life's possibilities bloom like wildflowers."

"Like a burst of fireworks, July paints the sky with vibrant colors of happiness."

## **July Symbols**

Birthstone: Ruby Flower: Larkspur & Water Lily Zodiac Sign: Cancer until July 22 Leo from July 23 and onward



The Yankee Doodle song was originally written by British army officers in attempt to make fun of backwoods Americans.

Massachusetts was the first state to declare Independence Day a holiday in 1781.

Fourth of July.

It wasn't until 1938, The Fourth of July was actually declared a federal holiday.

The only member of the Continental Congress to formally sign the Declaration of Independence on July 4th, 1776 was John Hancock. August 2, 1776 is when most of signers formally signed the Declaration.

Around 150 million hot dogs are consumed on Fourth of July.

July celebration.

# SpiriTrust Lutheran® The Village at Utz Terrace

Land of the free, home of the brave.

**Fun Facts!** 

John Adams, Thomas Jefferson, and James Monroe were all United States Presidents who died on the

In 1804, the White House hosted its first Fourth of