

March 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>March Word Puzzle Booklet is Available</i></p> <p>1</p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Martin Sheen's "Stella Days"</p>	<p>2</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Bible Bits w/Kris (AR)</p> <p>2:00 Musical Voices with Marlene Shilling (AR)</p> <p>3:00 The Coloring Crew (AR)</p>	<p>3</p> <p>10:00 Devotions & Trivia (AR)</p> <p>10:30 Armchair Exercise (AR)</p> <p>1:00 Gertie the Dog Visits (1:1)</p> <p>1:00 Men's Group (LR)</p> <p>2:00 Nutrition/Food Jingo (AR)</p> <p>3:00 Comedy: Dick Van Dyke (AR)</p> <p>5:30 UNO Cards w/Sarah (AR)</p>	<p>4</p> <p>10:00 Creative Corner: (AR)</p> <p>Easter Chick Ornaments</p> <p>10:30 Dog Therapy Visits (1:1)</p> <p>1:00 Cat Therapy Visits (1:1)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Music Video: (LR)</p> <p>Timeless Irish Classics</p>	<p>5</p> <p>10:00 Devotions (AR)</p> <p>10:15 Begins With ... (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**) (I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle (AR)</p>	<p>6</p> <p>10:00 Devotions (AR)</p> <p>10:15 Twenty Questions (AR)</p> <p>10:45 Cornhole Challenge (AR)</p> <p>1:00 Remarkable Women of the 20th Century (LR)</p> <p>2:00 Maple Sugaring w/Renae of Codorus State Park (AR)</p>	<p>7</p> <p>Independent Activities Available in the Activity Room</p> <p>12:30 Karly the Dog Visits (1:1)</p> <p>1:00 Rosary Prayers (MR)</p> <p>1:30 Faith Break w/Chaplain (LR)</p> <p>2:00 Cary Grant Movie: (LR)</p> <p>Amazing Adventure</p>
<p>Daylight Saving Time Begins</p> <p><i>ABC Word Puzzle Booklet is Available</i></p> <p>8</p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Bend It Like Beckman</p>	<p>9</p> <p>9:00 Bootsie the Dog Visits</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Bible Bits w/Kris (AR)</p> <p>2:00 Pastor Rodney Music (AR)</p> <p>3:00 The Coloring Crew (AR)</p>	<p>10</p> <p>10:00 Devotions (AR)</p> <p>10:15 Word Wheel (AR)</p> <p>10:30 Armchair Exercise (AR)</p> <p>1:00 Gertie the Dog Visits (1:1)</p> <p>2:00 Hot Chocolate Bar (AR)</p> <p>3:00 Comedy: Dick Van Dyke (AR)</p> <p>5:30 Cover the Number (AR)</p>	<p>11</p> <p>10:00 Bucket Game (AR)</p> <p>10:30 Noodleball (AR)</p> <p>10:30 Dog Therapy Visits (1:1)</p> <p>1:00 Cat Therapy Visits (1:1)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Music Video: (LR)</p> <p>Andre Rieu (In Dublin)</p>	<p>12</p> <p>10:00 Devotions (AR)</p> <p>10:15 Advertising Slogans (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**) (I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle (AR)</p>	<p>13</p> <p>10:00 Baking Corner: (AR)</p> <p>Peanut Butter Cookies</p> <p>10:30 Chit Chat Session (AR)</p> <p>1:00 Reminiscing Stories & Conversations (LR)</p> <p>2:00 St. Patrick's Bingo w/Special Prizes (AR)</p>	<p>14</p> <p>Independent Activities Available in the Activity Room</p> <p>1:00 Rosary Prayers (MR)</p> <p>1:30 Faith Break w/Chaplain (LR)</p> <p>2:00 Cary Grant Movie: (LR)</p> <p>His Girl Friday</p>
<p><i>St. Patrick's Day Word Puzzle Booklet is Available</i></p> <p>15</p> <p>No Catholic Communion Today</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Till The Clouds Roll By</p>	<p>16</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Bible Bits w/Kris (AR)</p> <p>2:00 Musical Voices with Marlene Shilling (AR)</p> <p>3:00 The Coloring Crew (AR)</p>	<p>St. Patrick's Day</p> <p>17</p> <p>9:00 Coffee Klatch (AR)</p> <p>10:30 Catholic Mass (SC)</p> <p>1:00 Men's Group (LR)</p> <p>2:00 St. Patrick's Party with Shamrock Shakes (AR)</p> <p>5:30 UNO Cards w/Sarah (AR)</p>	<p>18</p> <p>10:00 Reader's Theater (AR)</p> <p>10:30 Starting Seed Garden (AR)</p> <p>10:30 Dog Therapy Visits (1:1)</p> <p>11:15 Live Piano Music (AR)</p> <p>11:30 Soup Lunch (**) (AR)</p> <p>1:00 Cat Therapy Visits (1:1)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Lindi Moo Senior Music (LR)</p>	<p>19</p> <p>10:00 Devotions (AR)</p> <p>10:15 Retro TV Trivia Quiz (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**) (I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service (AR)</p> <p>2:45 Crossword Puzzle (AR)</p>	<p>First Day of Spring</p> <p>20</p> <p>10:00 Devotions (AR)</p> <p>10:15 Word Games - Spring (AR)</p> <p>10:45 Musical Passing Game (AR)</p> <p>1:00 Golden Age of Comedy (LR)</p> <p>2:00 Guest Speaker on Eleanor Roosevelt (AR)</p>	<p>21</p> <p>Independent Activities Available in the Activity Room</p> <p>1:00 Rosary Prayers (MR)</p> <p>1:30 Faith Break w/Chaplain (LR)</p> <p>2:00 Cary Grant Movie: (LR)</p> <p>Penny Serenade</p>
<p><i>Women's History Month Puzzle Booklet is Available</i></p> <p>22</p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Math & Riddle Bingo w/The McCusker Family (AR)</p>	<p>23</p> <p>9:00 Bootsie the Dog Visits</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>12:30 Pretty Nails w/Misty (**) (L)</p> <p>2:00 Hymn Sing & Hymn Stories w/Joyce & Kris (AR)</p> <p>3:00 The Coloring Crew (AR)</p>	<p>24</p> <p>10:00 Devotions (AR)</p> <p>10:15 Around the World (AR)</p> <p>10:30 Armchair Exercise (AR)</p> <p>1:00 Gertie the Dog Visits (1:1)</p> <p>2:00 Lunch Trip to New Oxford Diner (\$) (**) (E)</p> <p>3:00 Comedy: Dick Van Dyke (AR)</p> <p>5:30 Cover the Number (AR)</p>	<p>25</p> <p>10:00 Food Demo w/Sandy: Peanut Butter Cups (AR)</p> <p>10:30 Envelope Game (AR)</p> <p>10:30 Dog Therapy Visits (1:1)</p> <p>1:00 Cat Therapy Visits (1:1)</p> <p>2:00 Bingo (AR)</p> <p>3:15 Music Video: (LR)</p> <p>Old Favorite Songs</p>	<p>26</p> <p>10:00 Devotions (AR)</p> <p>10:15 Music Trivia (AR)</p> <p>10:45 Simply Stretching (AR)</p> <p>1:00 Wal-Mart Shopping (**) (I)</p> <p>1:00 Jeopardy w/John (LR)</p> <p>2:00 Worship Service w/Chaplain Melissa (AR)</p> <p>2:45 Crossword Puzzle (AR)</p>	<p>27</p> <p>10:00 Devotions (AR)</p> <p>10:15 Funny Stories & Jokes (AR)</p> <p>10:45 Stretching (AR)</p> <p>1:00 Dean Martin Variety Show (LR)</p> <p>2:00 Ice Cream Social Featuring Banana Splits and Irish Saying Puzzle Challenge (AR)</p>	<p>28</p> <p>Independent Activities Available in the Activity Room</p> <p>1:00 Rosary Prayers (MR)</p> <p>1:30 Faith Break w/Chaplain (LR)</p> <p>2:00 Kathy & Loreley (AR)</p> <p>Heated Neck Massages, Travel Video, Trivia & Snack</p>
<p>Palm Sunday</p> <p>Holy Week Word Puzzle Booklet is Available</p> <p>29</p> <p>9:30 Catholic Communion (1:1)</p> <p>10:00 Worship by Hymns (LR)</p> <p>2:00 Movie Matinee: (LR)</p> <p>Richard Burton "The Robe"</p>	<p>30</p> <p>10:00 Devotions (AR)</p> <p>10:15 Brain Aerobics (AR)</p> <p>10:45 Music N' Motion (AR)</p> <p>1:00 Bible Bits w/Kris (AR)</p> <p>2:00 Mitch Miller & The Gang Sing Along (AR)</p> <p>3:00 The Coloring Crew (AR)</p>	<p>31</p> <p>10:00 Devotions & Trivia (AR)</p> <p>10:30 Armchair Exercise (AR)</p> <p>1:00 Gertie the Dog Visits (1:1)</p> <p>1:00 Men's Group (LR)</p> <p>2:00 Countryside Ride (**) (E)</p> <p>3:00 Comedy: Dick Van Dyke (AR)</p> <p>5:30 UNO Cards w/Sarah (AR)</p>				<p>Key</p> <p>Programs are subject to change</p> <p>AR - Activity Room E - Entrance Lobby</p> <p>LR - Living Room \$ - Payment</p> <p>L - Library Lounge ** - Reservations Needed</p> <p>I - Independent Activity 1:1 - One to One Visits</p>

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse’s Office)
717- 646-2438 or Ext. 60037
- ◇ Jen Weaver, Beautician
717-646-2419 or Ext. 60018
- ◇ Chase Beeghley , Dining Services
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Homemade Soup Lunch: Tina and Kris are cooking once again and will provide beef vegetable soup, warm roll and butter, and a yummy dessert on Wednesday, March 18 at 11:30 am in the activity room. Please sign up with Kris so we can plan accordingly.

Pretty Nails: Our volunteer, Misty McKenzie will be here on Monday, March 23 starting at 12:30 pm for pretty nail appointments. Please see Kris Martin, life enrichment leader if you would like an appointment.

Lunch Outing: Residents are welcome to dine at The New Oxford Restaurant for lunch on Tuesday, March 24. Residents are responsible for lunch expenses and are required to sign up in advance. We will begin loading the bus at 11:00 am. Sign up now!

Countryside Ride: Lets go and explore the countryside on Tuesday, March 31 at 2:00 pm. Its our hope to visit a road filled with forsythia bushes. All are welcome to go and see spring coming alive in its glory!

SpiriTrust Lutheran®

The Village at Utz Terrace

Personal Care Newsletter

Welcome

Please welcome **Barbara Martin** to our neighborhood. It will be a pleasure to get to know you. *Welcome Barbara!*

March Quotes

March winds and April showers bring forth May flowers. ~ English Proverb

Our life is March weather, savage and serene in on hour.

~ Ralph Waldo Emerson

Daffodils, that come before the swallow dares, and take the winds of March with beauty.

~ William Shakespeare

March Symbols

Birthstone: Aquamarine & Bloodstone

Flower: Daffodill

Colors: Aquamarine (light blue) and White

What is the meaning behind “In like a lion, out life a lamb.”



“In like a lion, out like a lamb” has always seemed a straightforward enough proverb: when March starts, it’s still winter, and by the end of the month spring has

begun. True, in many climates the weather hasn’t quite reached the lamb stage by the end of the month—it’s more like a surly cat, maybe, or one of those awful territorial honking geese. But we get the idea. I have seen the phrase referred to as an “eighteenth-century saying” in many resources, while Wikipedia calls it “an old Pennsylvania” law. As it turns out, there are a few origin theories. There’s *the stars*, for one. At this time of year, Leo is the rising sign; by April, it’s Aries. (“Kid” just doesn’t have quite the same ring as “lamb,” though.) Some have pointed out that Jesus arrives as the sacrificial lamb, but will return as the Lion of Judah. Which, weather-wise, means a false spring.