


May 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Key <i>Programs are subject to change</i> AR - Activity Room O - Outside Courtyard LR - Living Room I - Independent Activity CC - Community Center E - Entrance Lobby GR - Gather Room \$ - Advanced Payment L - Library Lounge ** - Reservations 1:1 - One to One Visits	10:00 Craft: Making Mexican Flower Banners (AR) 1 10:00 Pet Therapy Dogs Visits (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Pepperidge Farm Bingo (AR) 3:15 Folk Sing Along Music (LR)	Independent Activities 2 Please see the table in the activity room for independent activities for personal enjoyment. 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	Independent Activities 3 Please see the table in the activity room for independent activities for personal enjoyment. 1:00 Movie Matinee: Flipper (LR) 2:00 Garden Meditation Day in Courtyard Garden (O) (I)	Independent Activities 4 Please see the table in the activity room for independent activities for personal enjoyment. 1:00 Faith Break w/Chaplain (LR) 2:00 Movie Matinee: (LR) Heaven Is For Real
Cinco de Mayo 5 <i>Christian Word Puzzles Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Special Music: (AR) St. David's Lutheran Church Bell Choir	10:00 Devotions (AR) 6 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:00 Troy the Dog Visits (1:1) 1:00 Cinco de Mayo Mexican Food Samples (AR) 2:00 Musical Voices (AR) 3:00 Comedy: I Love Lucy (LR)	10:00 Devotions (AR) 7 10:15 Old Fashion Weather Sayings & Predications (AR) 10:45 Armchair Exercise (AR) 1:00 The American Revolution: The Conflict Ignites (LR) 2:00 Gideon Bible Society Presentation (AR)	10:00 Craft Part 1: Shaping Salt Dough Ornaments (AR) 8 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Melody Lane Sing Along (LR) 5:30 Target Shoot & Trivia (AR)	10:00 Devotions (AR) 9 10:15 Manners Measure Up? (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle & Word Games w/Ruth (AR)	10:00 Devotions (LR) 10 10:15 Laughing Baby Videos (LR) 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 Mothers Spa Day: (AR) Heated Neck Massages, Back Rubs, Hand Massages & Refreshments 3:00 Word Games on iN2L (LR)	10:00 Devotions (AR) 11 10:15 Poems of Home and Childhood (AR) 10:30 Volleyballoon (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 Lifelong Learning w/Kathy: Drive-In Movies & The Timeless Appeal (AR)
Mother's Day 12 <i>Mother's Day Word Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Classic Movie: (LR) Naughty Marietta	10:00 Devotions (AR) 13 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Hangman Word Game (AR) 2:00 Musical Voices with Marlene Shilling (AR) 3:00 Comedy: I Love Lucy (LR)	10:00 Devotions (AR) 14 10:15 It's All in the Family! (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group w/Paul (LR) 2:00 Bible Jeopardy Game (AR) 2:30 Reminiscing Ball Toss (AR) 7:00 The Martin Ridge Group Dulcimer Music (CC) (I)	10:00 Craft Part 2: Painting Salt Dough Ornaments (AR) 15 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Ladies Choice Bingo (AR) 3:15 Reba McEntire Music (LR) 5:30 Bean Bag Bucket Game (AR)	10:00 Devotions (AR) 16 10:15 Now You See It Now You Don't (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (LR) 17 10:15 Trivia on iN2L Computer (LR) 10:45 Morning Stretching (LR) 1:00 Bus Ride (**) (E) Adams County Scenic Valley 1:00 Rosary Prayers (LR) 2:00 USA State Geography (LR) 3:00 Word Games on iN2L (LR)	Armed Forces Day 18 10:00 Devotions (AR) 10:15 Celebrating Armed Forces Day w/History & Trivia (AR) 10:30 Noodle Hockey Game (AR) 1:00 Faith Break w/Chaplain (LR) 1:45 Video Documentary: (AR) Stories of WWI Nurses
Flowers Word 19 <i>Puzzle Booklet is Available</i> <i>No Catholic Communion Visits</i> 10:00 Worship by Hymns (LR) 2:00 Comedy Movie: (LR) The Absent-Minded Professor	10:00 Devotions (AR) 20 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 12:30 - 2:00 Pretty Nails w/Misty (** Reservations Needed) (L) 2:00 Table Game: P-O-K-E-N-O (AR) 3:00 Comedy: I Love Lucy (AR)	10:00 Coffee Klatch & Chat w/Darlene (AR) 21 10:30 Catholic Mass (SC) 1:00 Lifelong Learning: (LR) Hummingbird's First Flight 2:00 Special Presentation: (AR) "Where We Live" by Night Wonders of Astronomy	10:00 Service Project: (AR) 22 PB& J Sandwiches for PAL 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 WWII Hero Sing a Long (LR) 5:30 Corn Hole Challenge (AR)	10:00 Devotions (AR) 23 10:15 Now You Have It Now You Don't (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (LR) 24 10:15 Funniest Pet Videos (LR) 10:45 Morning Stretching (LR) 11:30 Order In Lunch: (**) (\$) Famous Hot Wieners 1:00 Rosary Prayers (MR) 2:00 Sahara Desert Travels (LR) 3:00 Word Games on iN2L (LR)	10:00 Devotions (AR) 25 10:15 Memorial Day Origins & Facts w/Kathy (AR) 10:30 Fun Active Game: (AR) Noodleball 1:00 Faith Break w/Chaplain (LR) 1:45 Discussion Group: (AR) Fads of the 1940s & 1950s
Gardening Word 26 <i>Puzzle Booklet is Available</i> 9:30 Catholic Communion (1:1) 10:00 Worship by Hymns (LR) 2:00 Movie Matinee: (LR) Bye Bye Birdie	Memorial Day 27 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 11:30 Picnic on Porch (**) (O) 2:00 Memorial Day Tribute (SC) 2:30 Singing on the Porch (O)	10:00 Devotions (AR) 28 10:15 Funny Math Riddles (AR) 10:45 Armchair Exercise (AR) 1:00 Men's Group w/Paul (LR) 2:00 Women of Faith: (AR) A Cup of Tea with Promises & Blessings for a Mother's Heart	10:00 Sandy's No-Bake Recipe 29 10:00 Pet Therapy Dogs Visit (1:1) 1:00 Kitten Therapy Visits (1:1) 1:00 Rosary Prayers (MR) 2:00 Bingo (AR) 3:15 Silly Sister Sing a Long (LR) 4:00 Dinner Trip: Railside (**) (\$)	10:00 Devotions (AR) 30 10:15 Songs w/Kris (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) (I) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (LR) 31 10:15 What Did It Cost? (LR) 10:45 Morning Stretching (LR) 1:00 Rosary Prayers (MR) 2:00 Travel: Hiking the Pacific Northwest Trail (LR) 3:00 Word Games on iN2L (LR)	

The Village at Utz Terrace Personal Care Programs & Events



Residence Phone Numbers

- ◇ Alyssa Groft, Administrator
717- 646-2415 or Ext. 60014
 - ◇ Shelia Herman, Nursing Supervisor
717-646-2427 or Ext. 60026
 - ◇ Kris Martin, Life Enrichment Leader
717- 646-2431 or Ext. 60030
 - ◇ Wellness Suite (Nurse's Office)
717- 646-2438 or Ext. 60037
 - ◇ Denise Childs, Beautician
717-646-2419 or Ext. 60018
 - ◇ Christine Storm, Dining Services
717-646-2439 or Ext. 60036
 - ◇ Melissa Mosebrook, Chaplain
717-646-2440 or Ext. 60039
- To obtain an outside phone line dial 8.

Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



Program Reservations Needed (**)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

Independent Shopping on Thursdays at 1 pm: Wal-Mart trip for residents that are independent in shopping.

Adams County Scenic Valley: Residents are welcome to join their neighbors on Friday, May 17 at 1:00 pm for a bus ride through the scenic valley of Adams County. Reservations may be made with life enrichment team.

Pretty Nails w/Misty: Ladies that would like to have their nails shaped and made pretty on Monday, May 20. Please contact Kris for an afternoon time slot from 12:30 - 2:00 pm.

Order In Lunch: Residents are welcome to sign up and order from the Famous Hot Wieners restaurant on Friday, May 24 at 11:30 am. Residents are responsible to pay lunch expenses in cash.

Memorial Day: Picnic Lunch on May 27 at 11:30 am on the Courtyard Porch. No charge. Sign up today!

Dinner Trip to Railside Restaurant: Residents are welcome to sign up and enjoy a meal at the Railside Restaurant in Hanover on Wednesday, May 29 at 4:00 pm. Residents are responsible for lunch expenses.

Fire Museum Trip: Saturday, June 1 we will be visiting the Hanover Fire Museum. No cost for the trip. Departure time is 9:45 am. If interested, sign up now.

May 2024

SpiriTrust Lutheran®

The Village at Utz Terrace

Personal Care Newsletter

Welcome

Please welcome our new residents to the personal care residence!

Mary O'Brien

Leon Rider

Joyce Vickery

Inspiring Quotes

"The earth laughs in flowers." ~ Ralph Waldo Emerson

"Where flowers bloom so does hope."

~ Lady Bird Johnson

May Symbols

Birthstone: Emerald

Flowers: Hawthorn & Lily of the Valley

Color: Yellow & Green

Zodiac Sign: Taurus until May 20, Gemini starts May 21

Earth Day Activity

Educational Environmental Specialist from Codorus State Park came to our community to talk about the ecosystem and give a presentation about "Getting Lost in the Moss."



Residents were able to check out the moss, moss bark, and moss water through the microscope and see all the organisms on the tablet screen. Residents enjoyed seeing nature up close!

Top Picture: Bill and Lois Vandenneuvel and their daughter

Bottom Left Picture: Sid Jones

Bottom Right Picture: Mary Lou Prinn and Jack Wallington