


# May 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p><b>Key</b>  <i>Programs are subject to change</i>                      AR - Activity Room                      LR - Living Room                      CC - Community Center                      L - Library Lounge                      O - Outside Courtyard                      I - Independent Activity                      E - Entrance Lobby                      \$ - Advanced Payment                      ** - Reservations Needed</p>	<p>10:00 Devotions (AR) <b>1</b>                      10:15 Animal Trivia (AR)                      10:45 Simply Stretching (AR)                      1:00 Wal-Mart Shopping (**) ( I )                      1:00 Jeopardy w/John (LR)                      2:00 Worship Service (AR)                      2:45 Crossword Puzzle w/Ruth Howsden (AR)</p>	<p>10:00 Devotions on iN2L (AR) <b>2</b>                      10:15 Funny Videos (AR)                      10:45 Seated Exercise (AR)                      1:00 Bogie &amp; Bacall Movie: (LR) The Big Sleep                      2:00 Word Games on iN2L Computer System (AR)                      3:00 Shirley Temple Hour (LR)</p>	<p>Independent Activities <b>3</b>                      Available in the Activity Room                      1:00 Faith Break w/Chaplain (LR)                      1:30 Stories, This &amp; That and Humor with Barbara (LR)                      1:30 Rosary Prayers (MR)                      3:00 Meditation in Courtyard ( O )</p>	
<p><i>Month of May Word</i> <b>4</b>                      Puzzle Booklet is Available                      9:30 Catholic Communion (1:1)                      10:00 Worship by Hymns: (LR)                      2:00 Movie Matinee: (LR)                      John Travolta stars in Michael</p>	<p>10:00 Devotions (AR) <b>5</b>                      10:15 Brain Aerobics (AR)                      10:45 Music N' Motion (AR)                      1:00 Bible Bits w/Kris (AR)                      2:00 Musical Voices with Marlene Shilling (AR)                      3:00 Comedy: I Love Lucy (LR)</p>	<p>10:00 Devotions (AR) <b>6</b>                      10:15 Spill &amp; Spell (AR)                      10:45 Armchair Exercise (AR)  <b>1:00 Chamber Orchestra of EHM Middle School (AR)</b>                      2:00 Create a Cartoon (AR)                      3:00 Bio of Maragret Thatcher (LR)</p>	<p>10:00 Baking Corner: (AR) <b>7</b>                      Making Whoopie Pies                      1:00 Kitten Therapy Visits (1:1)                      2:00 Bingo (AR)                      3:15 Music Video: (LR)                      The Best of Ernest Tubb</p>	<p>10:00 Devotions (AR) <b>8</b>                      10:15 Five Things (AR)                      10:45 Simply Stretching (AR)                      1:00 Wal-Mart Shopping (**) ( I )                      1:00 Jeopardy w/John (LR)                      2:00 Worship Service (AR)                      2:45 Crossword Puzzle (AR)</p>	<p>10:00 Devotions (AR) <b>9</b>                      10:15 Sayings From Mother (AR)                      10:45 Seated Exercise (AR)                      1:00 Dice Game: (AR)                      Cover the Number  <b>2:00 Ice Cream Social (AR)</b>                      3:00 Shirley Temple Hour (LR)</p>	<p>Independent Activities <b>10</b>                      Available in the Activity Room                      1:00 Faith Break w/Chaplain (LR)                      1:30 Stories, This &amp; That and Humor with Barbara (LR)                      1:30 Rosary Prayers (MR)</p>
<p><b>Mother's Day</b> <b>11</b>  <i>Mother's Day Word</i>                      Puzzle Booklet is Available                      9:30 Catholic Communion (1:1)                      10:00 Worship by Hymns: (LR)                      2:00 Movie Matinee: (LR)                      Ladies in Lavender</p>	<p>9:00 Bootsie the Dog Visit <b>12</b>                      10:00 Devotions (AR)                      10:15 Brain Aerobics (AR)                      10:45 Music N' Motion (AR)                      1:00 Bible Bits w/Kris (AR)                      2:00 P-O-K-E-N-O (AR)                      3:00 Comedy: I Love Lucy (LR)</p>	<p>10:00 Devotions (AR) <b>13</b>                      10:15 Trivia &amp; Exercise (AR)                      1:00 Men's Group (LR)                      2:00 Conversational Group: (AR) Mother's Apron &amp; Utensils                      3:00 Bio of Marilyn Monroe (LR)                      5:15 UNO Card Club (AR)</p>	<p>10:00 Creative Corner: (AR) <b>14</b>                      Painting Rocks for Garden                      1:00 Kitten Therapy Visits (1:1)                      1:00 Music Video: (LR)                      The Temptations                      2:00 Bingo (AR)  <b>3:00 Resident Council Mtg. (AR)</b></p>	<p>10:00 Devotions (AR) <b>15</b>                      10:15 What Show Was It? (AR)                      10:45 Simply Stretching (AR)                      1:00 Wal-Mart Shopping (**) ( I )                      1:00 Jeopardy w/John (LR)                      2:00 Worship Service (AR)                      2:45 Crossword Puzzle (AR)</p>	<p><b>10:00 Countryside Ride (**)</b> <b>16</b>                      1:00 Scenic Wilderness: (LR)                      Across the Great Divide of Great Plains to Rocky Mountains  <b>2:00 Guest Speaker, Antigoni Ladd on Winston Churchill (AR)</b>                      3:00 Shirley Temple Hour (LR)</p>	<p><b>Armed Forces Day</b> <b>17</b>                      Independent Activities                      Available in the Activity Room                      1:00 Faith Break w/Chaplain (LR)                      1:30 Rosary Prayers (MR)  <b>2:00 Mother's Day Tea by St. Matthew's Church (AR)</b></p>
<p><i>Armed Forces Word</i> <b>18</b>                      Puzzle Booklet is Available                      No Catholic Communion Today                      10:00 Worship by Hymns: (LR)  <b>2:00 McCusker Family Visit: Bingo &amp; Paper Airplane Competition (AR)</b></p>	<p>10:00 Devotions (AR) <b>19</b>                      10:15 Brain Aerobics (AR)                      10:45 Music N' Motion (AR)                      1:00 Bible Bits w/Kris (AR)                      2:00 Musical Voices with Marlene Shilling (AR)                      3:00 Comedy: I Love Lucy (LR)</p>	<p>9:00 Coffee Klatch &amp; Pastry w/Darlene (AR) <b>20</b>                      10:30 Catholic Mass with St. Joseph's Catholic Church (SC)                      1:00 Bible Bingo w/Kris (AR)                      2:00 Hymn Sing w/Joyce (AR)                      3:00 Bio of George Strait (LR)</p>	<p>10:00 Devotions (AR) <b>21</b>                      10:15 Kitchen Corner w/Sandy (AR)  <b>11:45 Homemade Meal w/Kris: Shrimp &amp; Salmon Cakes (**)(AR)</b>                      1:00 Kitten Therapy Visits (1:1)                      2:00 Bingo (AR)                      3:15 Music Video: Let's Sing! (LR)</p>	<p>10:00 Devotions (AR) <b>22</b>                      10:15 Thinking Puzzles (AR)                      10:45 Simply Stretching (AR)                      1:00 Wal-Mart Shopping (**) ( I )                      1:00 Jeopardy w/John (LR)                      2:00 Worship Service (AR)                      2:45 Crossword Puzzle (AR)</p>	<p>10:00 Devotions (AR) <b>23</b>                      10:15 Music Quiz (AR)                      10:45 Seated Exercise (AR)                      1:00 Travel: Canada's Coast (LR)  <b>2:00 Codorus State Park Presents: Night Creatures (AR)</b>                      3:00 Shirley Temple Hour (LR)</p>	<p>Independent Activities <b>24</b>                      Available in the Activity Room                      1:00 Faith Break w/Chaplain (LR)                      1:30 Stories, This &amp; That and Humor with Barbara (LR)                      1:30 Rosary Prayers (MR)</p>
<p><i>Memorial Day Word</i> <b>25</b>                      Puzzle Booklet is Available                      9:30 Catholic Communion (1:1)                      10:00 Worship by Hymns: (LR)                      2:00 Movie Matinee: (LR)                      Bing Crosby stars in Here Comes the Waves</p>	<p><b>Memorial Day</b> <b>26</b>                      9:00 Bootsie the Dog Visit (1:1)                      10:00 Devotions (AR)                      10:15 Brain Aerobics (AR)                      10:45 Music N' Motion (AR)                      1:00 Cornhole on the Porch ( O )                      2:00 Ice Cream on the Porch ( O )                      3:00 Comedy: I Love Lucy (LR)</p>	<p>10:00 Devotions &amp; Trivia (AR) <b>27</b>                      10:45 Armchair Exercise (AR)  <b>11 - 2 MaryAnn In-House Ladies Clothes Shopping (CC) ( \$ ) ( I )</b>                      1:00 Men's Group (LR)  <b>2:00 Music by Gospel Ridge (AR)</b>                      3:00 Bio of Bob Barker (LR)                      5:15 UNO Card Club (AR)</p>	<p>10:00 Reader's Table &amp; Fishing Game w/Sandy (AR) <b>28</b>  <b>10:45 Lunch Outing: (**) ( \$ ) ( E ) Dutch Country</b>                      1:00 Kitten Therapy Visits (1:1)                      2:00 Bingo (AR)                      3:15 Music Video: (LR) Silly Singing Sisters Country Jamboree</p>	<p>10:00 Devotions (AR) <b>29</b>                      10:15 Reminiscing: (AR)                      The Year Was 1970                      10:45 Simply Stretching (AR)                      1:00 Wal-Mart Shopping (**) ( I )                      1:00 Jeopardy w/John (LR)                      2:00 Worship Service (AR)                      2:45 Crossword Puzzle (AR)</p>	<p>10:00 Devotions (AR) <b>30</b>                      10:15 Marty's Poems (AR)                      10:45 Seated Exercise (AR)                      1:00 Spa Massages: Back Rubs &amp; Heated Neck Massages (AR)                      2:00 On the Porch: ( O )                      Relax, Remember, Reminisce                      3:00 Shirley Temple Hour (LR)</p>	<p>Independent Activities <b>31</b>                      Available in the Activity Room                      1:00 Faith Break w/Chaplain (LR)                      1:30 Stories, This &amp; That and Humor with Barbara (LR)                      1:30 Rosary Prayers (MR)</p>



**Residence Phone Numbers**

- ◇ Alyssa Groft, Administrator  
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor  
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader  
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse’s Office)  
717- 646-2438 or Ext. 60037
- ◇ Irma Austad, Beautician  
717-646-2419 or Ext. 60018
- ◇ Dalton Sponaugle, Dining Services  
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain  
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

**Dining Room Hours**

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

**Country Store Hours**

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



**Program Reservations Needed (\*\*)**

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

**Independent Shopping on Thursdays at 1 pm:**

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

**Countryside Ride:** See the sights of the surrounding area of Hanover. The outing will take place on Friday, May 16 at 10:00 am. No cost for this trip. Please reserve your bus seat with Kris.

**Homemade Meal:** On Wednesday, May 21 at 11:45 am in the activity room. Steamed Shrimp, Salmon Cakes, Broccoli & Cheese Casserole and a dessert will be available. Limited seating, please make your reservations with Kris. No cost ...Its free!

**Lunch Outing:** On Wednesday, May 28 please consider joining us for lunch at Dutch Country. Residents are responsible for lunch expenses and reservations are required. Please see Kris for more details.



**Spiritrust Lutheran®**  
The Village at Utz Terrace  
**Personal Care Newsletter**

**Welcome**

Please welcome our new resident to the personal care residence

**Diane Bollinger**

**Sam Marra**

It will be a pleasure to call you neighbor!

**May Quotes**

May is the month of expectation, the month of wishes, and month of hope. ~ Bishop Emily Brontë

"May, more than any other month of the year, wants us to feel most alive." ~ Fennel Hudson

**May Symbols**

- Birthstone: Emerald
- Flower: Lily of the Valley & Hawthorn
- Colors: Green & Lilac
- Zodiac Sign: Taurus & Gemini

