


# October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>			10:00 Autumn Baking: (AR) <b>1</b> Pumpkin Whoopie Pies 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Opry Classic Legends	<b>9 - 1 Alzheimer's Walk: ( E ) <b>2</b></b> <b>Fundraiser Sale (Soft Pretzels, Assistance offered at 10 am</b> 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (AR-O) <b>3</b> 10:30 All-Star Athletes (AR-O) 10:45 Balloon Swatters (AR-O) 1:00 Creative Coloring (AR) <b>2:00 Neighborhood Social: Brownie Ice Sundaes &amp; Conversation Cards (AR)</b>	Independent Activities <b>4</b> Available in the Activity Room  1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) <b>2:00 Cover the Number Dice Game w/Elaine (AR)</b>
<i>October Word <b>5</b></i> <i>Puzzle Booklet is Available</i>  9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) How Great Thou Art <b>2:00 Mini Pumpkin Decorating &amp; Bingo w/McCusker Family (AR)</b>	10:00 Colorado's Scenic Train Rides (LR) <b>6</b> 2:00 Musical Voices w/Marlene Shilling (AR)	10:00 Documentary: (LR) <b>7</b> Chesapeake Visions 2:00 Movie: Mary Poppins (LR) <b>3:00 Speaker Jim McClure: (CC) Revelations of the Civil War</b> 5:30 Cover the Number Dice Game w/Andrew (AR)	10:00 The Price is Right w/Sandy (AR) <b>8</b> 10:30 Reminiscing Stories (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Movie Matinee: (LR) Disney's Mighty Joe Young	10:00 Music Video: (LR) <b>9</b> The Texas Tenors 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Disney's Nature Video: Monkey Kingdom (LR) <b>10</b> 2:00 The Best of Art Linkletter's Kids Say the Darndest Things (LR)	Independent Activities <b>11</b> Available in the Activity Room  1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Comedy Fest: (LR) Red Skelton
<i>Italian Pastas Word <b>12</b></i> <i>Puzzle Booklet is Available</i>  9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) George Beverly Shea 2:00 Movie Matinee: (LR) Breakfast at Tiffany's	<b>Columbus Day <b>13</b></b> 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) <b>1:00 Bus Outing: (**) ( E ) Countryside Ride</b> 1:00 Movie & Snacks: (LR) Good Morning Vietnam	10:00 Devotions & Exercise (AR) <b>14</b> 10:30 Word Game: Hangman (AR) 1:00 Men's Group (LR) 1:00 Gertie the Dog Visits (1:1) 2:00 Making Mini Pizzas (AR) <b>5:00 Alzheimer's Fundraiser: Lasagna Dinner (**) (\$15) (CC) ( I )</b> 5:30 UNO Cards w/Sarah (AR)	10:00 Fishing Game (AR) <b>15</b> 10:30 Noodleball (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) The Best of Ernest Tubb	10:00 Devotions (AR) <b>16</b> 10:15 What's Your Verdict (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (AR) <b>17</b> 10:15 History Trivia (AR) 10:45 Volleyballoon (AR) 1:00 Gene Autry's Classic Western Cinema (LR) <b>2:00 Ladies Gathering: (AR) A Cup of Tea</b>	Independent Activities <b>18</b> Available in the Activity Room  <b>10:00 Fall Fest w/St. Matthew's (AR)</b> 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) <b>2:00 Guest Speaker Antigoni Ladd on WWII in Gettysburg (AR)</b>
<i>Nine-Letter Word <b>19</b></i> <i>Puzzle Booklet is Available</i> <i>No Catholic Communion Today</i> 10:00 Documentary About Miracles (LR) <b>1:00 Mini Horse Visit ( O )</b> 2:00 Movie Matinee: (LR) Road to Bali	10:00 Devotions (AR) <b>20</b> 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits w/Kris (AR) 2:00 Musical Voices w/Marlene Shilling (AR) <b>Roots for Boots Food Drive Begins</b>	9:00 Coffee Klatch & Would You Rather (AR) <b>21</b> 10:30 Catholic Mass by St. Joseph Catholic (SC) 1:00 Gertie the Dog Visits (1:1) <b>2:00 Weis Markets Food Demo: Fall Produce (AR)</b> 5:30 Cover the Number w/Andy (AR)	9:00 Making Brownies (AR) <b>22</b> 10:00 PAL Service Project: Making PB&J Sandwiches (AR) 10:30 Packing PAL Lunch (AR) 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) Let's Sing!	10:00 Devotions (AR) <b>23</b> 10:15 Math Fun! (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	10:00 Devotions (AR) <b>24</b> 10:15 What's In The Bag (AR) 10:45 Balloon Swatters (AR) 1:00 Bogie & Bacall Movie Matinee w/Snacks: (LR) Dark Passage <b>1:00 Bus Outing: (**) Amish Markets in Shrewsbury</b>	Independent Activities <b>25</b> Available in the Activity Room 1:00 Rosary Prayers (MR) 1:30 Faith Break w/Chaplain (LR) 2:00 Halloween Jingo (AR) 2:30 Cookies & Iced Tea (AR) 3:00 Halloween Reminiscing & Superstitions (AR)
<i>Halloween Word <b>26</b></i> <i>Puzzle Booklet is Available</i>  9:30 Catholic Communion (1:1) 10:00 Worship by Hymns: (LR) Smoky Mountain Hymns 2:00 Movie Matinee: (LR) Evan Almighty	10:00 Bootsie the Dog (1:1) <b>27</b> 10:00 Devotions (AR) 10:15 Brain Aerobics (AR) 10:45 Music N' Motion (AR) 1:00 Bible Bits (AR) 2:00 Spa Day: Back Rubs & Heated Neck Massages (AR)	10:00 Devotions (AR) <b>28</b> 10:15 ABCs of Halloween (AR) 10:30 Armchair Exercise (AR) 1:00 Gertie the Dog Visits (1:1) 1:00 Men's Group (LR) 2:00 Hymn Sing w/Joyce (AR) 5:30 UNO Cards w/Sarah (AR)	10:00 Active Games: (AR) <b>29</b> Twister Toss, Dice Racing & Musical Passing Game 1:00 Cat Therapy Visits (1:1) 2:00 Bingo (AR) 3:15 Music Video: (LR) The Supremes 1964-69	10:00 Devotions (AR) <b>30</b> 10:15 Halloween Reminiscing (AR) 10:45 Simply Stretching (AR) 1:00 Wal-Mart Shopping (**) ( I ) 1:00 Jeopardy w/John (LR) 2:00 Worship Service (AR) 2:45 Crossword Puzzle (AR)	<b>Halloween <b>31</b></b> 10:00 Devotions (AR) 10:15 Random Trivia (AR) 10:45 Pin the Nose on ? (AR) <b>2:00 Halloween Party: (AR) Music by Dan Martin &amp; Trick or Treat w/Wee Care Best Daycare</b>	<b>Key</b> <i>Programs are subject to change</i> AR - Activity Room      I - Independent Activity LR - Living Room      E - Entrance Lobby CC - Community      \$ - Advanced Payment Center      ** - Reservations L - Library Lounge      Needed O - Outside Courtyard      1:1- One to One Visits

## The Village at Utz Terrace Personal Care Programs & Events



## Residence Phone Numbers

- ◇ Alyssa Groft, Administrator  
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor  
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader  
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)  
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician  
717-646-2419 or Ext. 60018
- ◇ Chase Beeghley , Dining Services  
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain  
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

## Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

## Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and resources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

### Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

Countryside Ride: See the sights of the surrounding area. The outing will take place on Monday, October 13 with the bus departing at 1:00 pm. Let's go!

Amish Markets at Shrewsbury: Let's go shopping on Friday, October 24 at 1:00 pm at The Amish Markets located in Shrewsbury. Its fun to look around or shop for various foods from the bakery, candy, deli shops or simply look at the craftsmanship of the crafts and furniture. You can always grab ice cream and sit on the porch too! Sign up is required.

Kris Martin,  
life enrichment leader  
will be on vacation from  
October 4 - October 12.



# SpiriTrust Lutheran®

## The Village at Utz Terrace

### Personal Care Newsletter



See below for a few of our highlighted  
October happenings!

**Alzheimer's Fundraiser Walk & Snack Sale - Thursday, October 2 from 9-1 in the Healthcare Center Entrance**

Let us raise money for the Alzheimer's Association by walking and raising funds or by purchasing local handmade Revonah soft pretzels, potato chips, and large candy bars to raise money.

**Fall Fest Craft w/St. Matthew's Lutheran - Saturday, October 18 at 10 am in the Dining Room**

Residents will be able to add a fall craft to your room by participating in this craft time provided by St. Matthew's Lutheran Church.

**Roots for Boots Food Donation Drive - Begins Monday, October 20**

Our community is conducting a food drive to help the Roots for Boots organization that helps veterans in need. Please consider donating non-perishable foods from October 20 - November 10. Donations may be dropped off at the lobby receptionist desk, life enrichment office or employee lounge.

**Fall Food Produce Demonstration by Weis Markets - Tue. October 21 at 2 pm in the Dining Room**

Our community welcomes Weis Markets dietician to talk about the healthy benefits of fall produce, and taste crunchy broccoli and apple slaw demonstrated by the dietician.

**Halloween Party - Friday, October 31 at 2 pm in the Dining Room**

The party will feature 50s & 60s party music by Dan Martin. The children from Wee Care Best Daycare will also trick or treat!

## Welcome

Please welcome our newest resident to the neighborhood.

**Jean Frost**

**Edwin Garman**

**Jerold "Jerry" Howsden**

**Dorothy Kehr**

## October Quote

"Life starts all over again when it gets crisp in the fall." ~ F. Scott Fitzgerald

"I'm so glad I live in a world where there are Octobers."

~ L.M. Montgomery

## October Symbols

Birthstone: Opal

Flower: Marigold

Zodiac Sign: Libra until Oct. 22. & Scorpio from Oct. 23 and forward.

## Condolences

We extend condolences to the friends, family and wife of **David Allen**.