


# September 2025

| Sunday  | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday   |
|---|--|---|---|---|---|--|
|   | <b>Labor Day</b><br>10:00 Devotions (AR)<br>10:15 Brain Aerobics (AR)<br>10:45 Music N' Motion (AR)<br>1:00 Ice Cream Cones (AR-O)<br>1:30 Cornhole Challenge (AR-O)<br>2:00 Musical Voices (AR)                             | 10:00 Devotions (AR)<br>10:15 What Year Was It? (AR)<br>10:45 Armchair Exercise (AR)<br>1:00 Gertie the Dog Visits (1:1)<br>1:00 Men's Group (LR)<br>2:00 Hymn Sing w/Pastor Rod (AR)<br>3:00 Life of Peter Dicks (CC) ( I )  | 10:00 Craft: Leaf Ornaments <b>3</b><br>10:00 Dog Therapy Visit (1:1)<br>1:00 Cat Therapy Visits (1:1)<br><b>2:00 Boyd's Bear Grand Prize Bingo (AR)</b><br>3:15 Music Video: (LR)<br>Country Legends   | 10:00 Devotions (AR) <b>4</b><br>10:15 Random Trivia (AR)<br>10:45 Simply Stretching (AR)<br>1:00 Wal-Mart Shopping (**) ( I )<br>1:00 Jeopardy w/John (LR)<br>2:00 Worship Service (AR)<br>2:45 Crossword Puzzle (AR)                            | 10:00 Travel Video: (LR) <b>5</b><br>Italy & Greece<br>10:30 Coffee Klatch (SC)<br>11:00 Table Talk Tidbits (SC)<br>11:30 Creative Coloring (SC)<br>2:00 Competitive Team Challenge of Jeopardy (SC)  | Independent Activities <b>6</b><br>Available in the Activity Room<br><br>1:00 Rosary Prayers (MR)<br>1:30 Faith Break w/Chaplain (LR)<br>2:00 Comedy Sitcom Fest: (LR)<br>I Love Lucy  |
| <b>Grandparents Day 7</b><br><i>September Word</i><br><i>Puzzle Booklet is Available</i><br>9:30 Catholic Communion (1:1)<br>10:00 Worship by Hymns (LR)<br><b>2:00 Bingo with McCusker Family (AR)</b> | 10:00 Bootsie the Dog (1:1) <b>8</b><br>10:00 Devotions (AR)<br>10:15 Brain Aerobics (AR)<br>10:45 Music N' Motion (AR)<br>1:00 Bible Bits: (AR)<br>God's Teamwork<br>2:00 Hollywood Star Bingo Trivia Fun (AR)              | 10:00 Devotions (AR) <b>9</b><br>10:15 Last Letter First (AR)<br>10:45 Armchair Exercise (AR)<br>1:00 Gertie the Dog Visits (1:1)<br>1:00 Movie & Snack: (LR)<br>The Apple Dumpling Gang<br><b>2:00 Bus Outing: (**) ( \$ ) Community Aid Store</b>                                       | 10:00 Dog Therapy Visits (1:1) <b>10</b><br>10:00 Food Demonstration w/Sandy (AR)<br>10:30 Charades (AR)<br>1:00 Cat Therapy Visits (1:1)<br>2:00 Bingo (AR)<br>3:15 Music Video: (LR)<br>Songs of Land, Sea & Air  | <b>Patriot Day 11</b><br>10:00 Devotions (AR)<br>10:15 Remembering 9/11 (AR)<br>10:45 Simply Stretching (AR)<br>1:00 Wal-Mart Shopping (**) ( I )<br>1:00 Jeopardy w/John (LR)<br>2:00 Worship Service (AR)<br>2:45 Crossword Puzzle (AR)         | 10:00 Devotions (AR-O) <b>12</b><br>10:15 Birds of a Feather (AR-O)<br>10:45 Name It Ball (AR-O)<br>1:00 Learning Video: (LR)<br>Birth, Life & Migration of Monarch Butterflies<br><b>2:00 Country Music by Barry Baker's Country Boys (AR)</b> | Independent Activities <b>13</b><br>Available in the Activity Room<br><br><b>1:00 Cover the Number Dice Game w/Elaine (AR)</b><br>2:00 Comedy Sitcom Fest: (LR)<br>Andy Griffith Show  |
| <i>Hollywood Star Word 14</i><br><i>Puzzle Booklet is Available</i><br>No Catholic Communion Today<br>10:00 Worship by Hymns (LR)<br>2:00 Movie Matinee: (LR)<br>Dreamer                                | 10:00 Devotions (AR) <b>15</b><br>10:15 Brain Aerobics (AR)<br>10:45 Music N' Motion (AR)<br>1:00 Bible Bits: (AR)<br>Good and Evil Hearts<br>2:00 Musical Voices w/Marlene Shilling (AR)                                    | 9:00 Coffee Klatch & Pastries w/Darlene (AR) <b>16</b><br>10:30 Catholic Mass (SC)<br>1:00 Gertie the Dog Visits (1:1)<br>1:00 Men's Group (LR)<br><b>2:00 York County Sheriff's K9 Unit Presentation (AR)</b>  | 10:00 Dog Therapy Visit (1:1) <b>17</b><br>10:00 Fishing Game (AR)<br>10:30 Noodleball Fun! (AR)<br>1:00 Cat Therapy Visits (1:1)<br><b>2:00 Big Snack Bag Bingo (AR)</b><br>3:15 Music Video: (LR)<br>Favorite Irish Songs                                       | 10:00 Devotions (AR) <b>18</b><br>10:15 PA Dutch Colloquialisms (AR)<br>10:45 Simply Stretching (AR)<br>1:00 Wal-Mart Shopping (**) ( I )<br>1:00 Jeopardy w/John (LR)<br>2:00 Worship Service (AR)<br>2:45 Crossword Puzzle (AR)                 | 10:00 Devotions (AR-O) <b>19</b><br>10:15 Trivia, Talk, & Ticklers of Famous Folks (AR-O)<br>10:45 Balloon Swatters (AR-O)<br>1:00 Creative Coloring (AR)<br>2:00 Heating Neck Massages & Back Rubs (AR)  | Independent Activities <b>20</b><br>Available in the Activity Room<br>1:00 Rosary Prayers (MR)<br>1:30 Faith Break w/Chaplain (LR)<br>2:00 Karli the Dog Visits (LR)<br>2:00 Comedy Sitcom Fest: (LR)<br>Honeymooners  |
| <i>Johnny Appleseed Word 21</i><br><i>Puzzle Booklet is Available</i><br>9:30 Catholic Communion (1:1)<br>10:00 Worship by Hymns (LR)<br>2:00 Movie Matinee: (LR)<br>This Is The Army                   | <b>First Day of Autumn 22</b><br>10:00 Bootsie the Dog (1:1)<br>10:00 Devotions (AR)<br>10:15 Brain Aerobics (AR)<br>10:45 Music N' Motion (AR)<br>1:00 Bible Bits: (AR)<br>Finding God in Nature<br>2:00 Nature Walk (AR-O) | 10:00 Devotions (AR) <b>23</b><br>10:15 Spill & Spell Word Game (AR)<br>10:45 Armchair Exercise (AR)<br>1:00 Gertie the Dog Visits (1:1)<br>1:00 Movie & Snack: (LR) The Apple Dumpling Gang Rides Again<br><b>1:00 Bus Outing: Country Ride &amp; Ice Cream at Perrydell (**) ( \$ )</b> | <b>10:00 Vet to Vet Café for Military Veterans (**) (CC) 24</b><br>10:00 Craft Corner: Making Paper Apple Centerpieces (AR)<br>10:00 Dog Therapy Visits (1:1)<br>1:00 Cat Therapy Visits (1:1)<br>2:00 Bingo (AR)<br>3:15 Music Video: (LR)<br>Susie Q - 50s Fun! | 10:00 Devotions (AR) <b>25</b><br>10:15 Fascinating Facts of The Animal Kingdom (AR)<br>10:45 Simply Stretching (AR)<br>1:00 Wal-Mart Shopping (**) ( I )<br>1:00 Jeopardy w/John (LR)<br>2:00 Worship Service (AR)<br>2:45 Crossword Puzzle (AR) | 10:00 Devotions (AR-O) <b>26</b><br>10:15 Brain Buster Jar (AR-O)<br>10:45 Ball Toss (AR-O)<br>1:00 Tour & History Video: (LR)<br>National Parks of the Appalachian Mountains<br><b>2:00 Johnny Appleseed Celebration Day (AR)</b>              | Independent Activities <b>27</b><br>Available in the Activity Room<br>1:00 Rosary Prayers (MR)<br>1:30 Faith Break w/Chaplain (LR)<br>2:00 Comedy Sitcom Fest: (LR)<br>The Jeffersons  |
| <i>Harvest Fest Word 28</i><br><i>Puzzle Booklet is Available</i><br>9:30 Catholic Communion (1:1)<br>10:00 Worship by Hymns (LR)<br>2:00 Movie Matinee: (LR)<br>Spanglish                              | 10:00 Devotions (AR) <b>29</b><br>10:15 Brain Aerobics (AR)<br>10:45 Music N' Motion (AR)<br>1:00 Bible Bits: (AR)<br>Promises In Unexpected Ways<br>2:00 USA Geography Jingo Game (AR)                                      | <b>8:00 Homemade Breakfast: Omelets to Order (**) (AR) 30</b><br>10:00 Devotions (AR)<br>10:15 You Be The Judge (AR)<br>10:45 Armchair Exercise (AR)<br>1:00 Gertie the Dog Visits (1:1)<br>1:00 Men's Group (LR)<br>2:00 Hymn Sing w/Joyce (AR)  |    |   |   | <b>Key</b><br><i>Programs are subject to change</i><br>AR - Activity Room      O - Outside Courtyard<br>LR - Living Room        I - Independent Activity<br>CC - Community Center    \$ - Payment<br>** - Reservations Needed<br>SC - Skilled Care        1:1- One to One Visits<br>L - Library Lounge |

## The Village at Utz Terrace Personal Care Programs & Events



## Residence Phone Numbers

- ◇ Alyssa Groft, Administrator  
717- 646-2415 or Ext. 60014
- ◇ Shelia Herman, Nursing Supervisor  
717-646-2427 or Ext. 60026
- ◇ Kris Martin, Life Enrichment Leader  
717- 646-2431 or Ext. 60030
- ◇ Wellness Suite (Nurse's Office)  
717- 646-2438 or Ext. 60037
- ◇ Denise Childs, Beautician  
717-646-2419 or Ext. 60018
- ◇ Chase Beeghley , Dining Services  
717-646-2439 or Ext. 60036
- ◇ Melissa Mosebrook, Chaplain  
717-646-2440 or Ext. 60039

To obtain an outside phone line dial 8.

## Dining Room Hours

We have an open dining room in our community. Main serving times for the meals are listed below.

Breakfast 7:30 AM- 9:00 AM

Lunch 11:30 AM - 1:00 PM

Dinner 4:30 PM - 6:00 PM

Snacks are located in the refreshment kitchen (across from the living room).

## Country Store Hours

Community Center Lower Level.

Open: Mon, Tue, Thurs. & Fri (11 - 2)

717-646-2422 or Ext. # 60021



## Program Reservations Needed (\*\*)

All reservations should be made 48 hours prior to the activity. This helps to coordinate schedules and re-sources for the program. Contact life enrichment office 717-646-2431 or Ext. 60030 for advanced reservations.

### Independent Shopping on Thursdays at 1 pm:

Wal-Mart trip for residents that are independent in shopping. Advanced reservations are required please reach out to Kris Martin, life enrichment leader.

**Community Aid Store Shopping:** Do you like to go shopping? Please join us on senior discount day at the local Community Aid store, on Tuesday, September 9 at 2:00 pm. Residents will need cash or credit card to pay for shopping expenses. Sign up today!

**Countryside Ride & Perrydell Ice Cream:** See the sights of the surrounding area as we travel to Perrydell Dairy Farm for ice cream. The outing will take place on Tuesday, September 23 with the bus departing at 1:00 pm. Residents will need cash for ice cream. Please sign up today!

**Vet to Vet Café:** New! Our community is hosting a gathering for our military veterans to gather for conversations while enjoying coffee and pastries. Sign up for this event on Wednesday, September 24 at 10:00 am to be held at the Chips' Café in the Community Center.

**Homemade Breakfast of Omelets to Order:** Team members, Kris and Tina are sponsoring a homemade breakfast of omelets to order on Tuesday, September 30 at 8:00 am in the activity room. No cost however, residents must sign up for this opportunity.

September 2025

# SpiriTrust Lutheran® The Village at Utz Terrace Personal Care Newsletter

## Welcome

Please welcome our newest resident to the neighborhood.

**Darlene Kane  
Jacqua McLain  
Joseph Showers**

## September Quote

"Happily we bask in this warm September sun, which illuminates all creatures."

~ Henry David Thoreau

## September Symbols

Birthstone: Sapphire

Flower: forget-me-not,

Morning Glory & Aster

Zodiac Sign: Virgo until Sept. 22, Libra from Sept. 23 onward.

## Condolences

We extend condolences to the friends and family of **Joann Harrold**.

## What is Labor Day?

Labor Day is a day to acknowledge and celebrate the social and economic achievements of American workers. The Labor Day holiday emerged during a time of intense industrialization in the late 19th century, when workers often faced long hours, low wages, and unsafe conditions. Labor unions and activists played a crucial role in advocating for better working conditions, fair wages, and reasonable hours, leading to the establishment of Labor Day. Labor Day became a federal holiday in 1894, thanks to the efforts of the labor movement and the support of President Grover Cleveland. While celebrating workers, Labor Day also unofficially marks the end of summer for many Americans, with many people taking advantage of the long weekend for vacations, barbecues, and other activities



## What is Patriot Day?

Patriot Day in September is observed annually on September 11th in the United States. It's a day to remember the victims of the September 11th terrorist attacks and to honor the heroism of those who responded to the tragedy. The day is also designated as the National Day of Service and Remembrance, encouraging acts of service and community engagement.

