The Weekly Connection Personal Care | April 27 - May 3, 2025

Listed below are several *highlighted* opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.

Movie Matinee: Hanging Up Sunday, April 27 | 2:00 PM | Living Room

Hanging Up is a 2000 American comedy drama film about a trio of sisters bonding over their curmudgeon father, with whom none are close. Stars Walter Matthau. *Action!*

Guest Speaker: Chaplains of the Civil War Monday, April 28 | 2:00 PM | Community Center

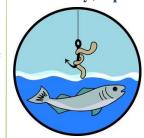
Talented local author and historian, Scott Mingus returns to provide insight to the civil war chaplains and their role of care during this critical time. This activity is held in the community center restaurant. *Learn!*

Hymn Sing with Joyce

Tuesday, April 29 | 2:00 PM | Activity Room

All residents are welcome to come and bring joy to your soul through the old hymns. Residents will be picking out selected hymns for all to enjoy from a provided hymn book. Starting thinking of the hymns you miss and want to hear again. *Come one, come all!*

Devotions, Noodleball, & Fishing Game Wednesday, April 30 | 10:30AM | Activity Room



Join in for this program that will certainly be entertaining and fun as you listen to devotions, play noodleball, and then fish for colorful paper fish and potentially win prizes for your catch. Play it!

Jeopardy

Thursday, May 1 1:00 PM Living Room

Jeopardy leader and volunteer, John Jurasic will lead the group in this category based trivia. Come and work together on all the answers of the Jeopardy game. *Use your brain!*

Word Games on Large Screen Computer Friday, May 2 2:00 PM Activity Room

Please join Ashlynn in the activity room for fun and a brain workout on wolving word games. This activity is good to stimulate and "exercise" your brain. *Work it!*

Meditation in the Courtyard

Saturday, May 3 2:30 PM Courtyard Circle

Feed your soul and fill your spirit in the realm of nature in the courtyard. Tracy Schuman, residential living life enrichment will lead this time of meditation in courtyard on this national day of meditation. Feed your soul!

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Weekly Word Puzzles



Residents are welcome to obtain a weekly themed puzzle booklet, created each week for your independent

leisure. Booklets can be found at the resident care desk.

This week ... Brain Word Puzzles

Refreshment Kitchen Did you

know that we have a refreshment kitchen? Its located across from the resident laundry room, near the living room. Residents are welcome to obtain snacks, make coffee and hot drinks from the Keurig machine. Residents are also welcome to use the refrigerator for personal cold storage. All items for the refrigerator must be marked with your name, room number and date. Please see a team member if you need assistance or have questions.

Life Enrichment Update

Kris Martin will be on vacation from April 25 and will return on May 5. Please continue to attend the offered programs as Lynne and Ashlynn will assist with programs. I'll see you on May 5! Kris

Courtyard Door Access Since the weather is getting warmer and you may want some fresh air please know here is a doorbell system located on the courtyard porch outside the living room. If you are on this porch and cannot maneuver or open the doors, please ring the doorbell located by the door and staff will come to assist you as soon as possible.

Fresh Air Walks Residents are welcome to enjoy the outdoors on porches or maybe go for a walk in the courtyard. For safety we do recommend that you stay on the paved walkways of the courtyard. Enjoy the day!

Over the Counter Medications

Residents and families are reminded that all medicines including, over the counter medicines need to be reported to the nursing staff. This includes; eye drops, nasal sprays, cough syrup, allergy medicines, creams, vitamins, etc.... A doctor's order is necessary for *all medicines*. Reminder that all medications must be stored and locked up at all times. Please consult with Alyssa Groft, personal care administrator, if you have any questions or concerns.

