

The Weekly Connection

Personal Care | February 15 - 21, 2026

Listed below are several *highlighted* opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.

Special Bingo w/McCusker Children

Sunday, February 15 | 2:00 PM | Activity Room

We welcome the return of the McCusker children as they volunteer for math fun and riddle bingo. It's a special bingo and fun too! Please come out and visit with the kids!

Bible Bits: God Is For Us

Monday, February 16 | 2:00 PM | Activity Room

Please join your neighbors as Kris leads the group in a Bible time to discuss that God is for us. This is a good time to center our thoughts and life with God.

Taste & Learn: Fasnacht Doughnuts

Tuesday, February 17 | 2:00 PM | Activity Room



It's Fat Tuesday, so what does that mean? Come learn about Fat Tuesday and the Fasnacht doughnut. Residents will sample the doughnut, learn the origin, history and reminisce about family traditions around the Fasnacht!

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Ash Wednesday: Making Soft Pretzels

Wed., February 18 | 10:00 AM | Activity Room



Making and baking soft pretzels has become our annual tradition on Ash Wednesday. Please join others to celebrate this day, make soft pretzels, and hear the soft pretzel devotion.

Lifelong Learning: Women Inventors

Thurs., February 19 | 10:00 AM | Activity Room

It's truly amazing those who have a creative mind and can invent life changing gadgets to make everyday life easier. Please come and hear about these amazing women!

P-O-K-E-N-O

Friday, February 20 | 2:00 PM | Activity Room

P-O-K-E-N-O is a table card game that is similar to bingo that involves a deck of cards. Everyone is welcome to join in for the fun and perhaps win a few prizes!

Movie Matinee: Midrange

Saturday, February 21 | 2:00 PM | Living Room

MidRange is a 2013 drama about Damon Sharp, a talented basketball player returning to Chicago after a stellar college career. While pursuing professional basketball, he confronts his past, his brother's destructive lifestyle, and his own strained faith. It's a story about family, tough choices, and moral redemption.

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The Village at Utz Terrace



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Weekly Word Puzzles



Residents are welcome to obtain a weekly themed puzzle booklet, created each week

for your independent leisure. Booklets can be found in the activity room.

This week ... Presidents Word Puzzles

Life Enrichment

Schedule Change! Please read the following changes for Tuesday, February 17. The coffee klatch group at 9 am has been cancelled. The pretty nails with Misty will now start at 8:30 am to accommodate our volunteer's schedule.

Library Books! Residents have the opportunity to read books from three different library sources residents can within our community. obtain books from the personal care library, the community center library and the Guthrie Library books located in the community center library. We ask that residents and or family members return the books back to the proper area. Please see Kris Martin, life enrichment leader if you need assistance with obtaining the library books. Happy reading!

Personal Snacks & Containers

Residents are asked to store personal snacks in an airtight plastic container or tin. Snacks should **not** be stored on the floor. Your assistance with these measures will assist with pest and rodent control.

Heating Up Foods Residents are asked to make arrangements with the nursing team when needing takeout food or homemade family meals heated up for meals. Our dining services staff is *not permitted* to handle food from outside the facility. Please just ask the nursing team or life enrichment team to assist.

Music! Did you know that on your personal television you can receive listening music stations. Check out channels 401 through 450 for lots of good listening music.



Monday, February 16