

The Weekly Connection

Personal Care | March 15 - 21, 2026

Listed below are several *highlighted* opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.

Movie Matinee: Till The Clouds Roll By Sunday, March 15 | 2:00 PM | Living Room

Till the Clouds Roll By (1946) is a star-studded MGM Technicolor musical biopic loosely based on the life of Broadway composer Jerome Kern. The film follows Kern's journey from early career struggles to finding success in England and on Broadway, featuring over 20+ musical numbers performed by stars like Judy Garland, Frank Sinatra, and Lena Horne. Play it!

Bible Bits w/Kris: Kindness

Monday, March 16 | 1:00 PM | Activity Room

Please join your neighbors as we look at the Parable of the Good Samaritan and the kindness extend to a fellow neighbor. Learning!

St. Patrick's Day Party

Tuesday, March 17 | 2:00 PM | Activity Room

The luck of the Irish is upon us! Everyone is welcome to celebrate this holiday with decorations, Irish jokes, light refreshments, and a shamrock shake! My Irish eyes are smiling!



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Reader's Theater & Planting Seed Garden

Wed., March 18 | 10:00 AM | Activity Room

A few readers are needed for the reader's production of Travis the Leprechaun. Please see Kris if interested in reading for this activity.



At 10:30 am the residents will plant their own seed garden in a milk jug. Please join us!

Jeopardy w/John

Thursday, March 19 | 1:00 PM | Living Room

Please join our volunteer, John Jurasic as the group works together to answer trivia questions to different categories. Everyone is welcome!

Guest Speaker on Eleanor Roosevelt

Friday, March 20 | 2:00 PM | Activity Room

Guest Speaker, Antigoni Ladd from the Adams County Historical Society will present on First Lady, Eleanor Roosevelt. Ms. Ladd is very knowledgeable and is a great speaker. Come!

Cary Grant Movie: Penny Serenade

Saturday, March 21 | 2:00 PM | Living Room

Penny Serenade (1941) is a tear-jerking romantic drama starring Cary Grant and Irene Dunne as a married couple, Julie and Roger, navigating the highs and lows of life. Through flashbacks triggered by music records, the film explores their journey from a whirlwind romance to enduring financial struggles, the heartbreak of infertility, and the adoption of a child.

 **Spiritrust Lutheran**[®]
The Village at Utz Terrace



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Weekly Word Puzzles



Residents are welcome to obtain a weekly themed puzzle booklet, created each week

for your independent leisure. Booklets can be found in the activity room.

This week ... St. Patrick's Day

Health Reminder Residents are reminded to report any health changes to the nursing staff. Changes include; coughing, runny nose, sniffles, chest congestion, and achy muscles. This is important as staff try to contain any infectious viruses such as; covid, flu and RSV.

How to Stop the Spread!

******Residents are encouraged to wash hands frequently, cough into your elbow, and use antibacterial hand gel when unable to wash hands.

Personal Snacks & Containers

Residents are asked to store personal snacks in an airtight plastic container or tin. Snacks should **not** be stored on the floor. Your assistance with these measures will assist with pest and rodent control.

Pretty Nails on March 23!



With the assistance of our volunteer, Misty McKenzie, we are happy to offer nail care called pretty nails. Misty will shape up your fingernails and paint them with clear polish or beautiful colors. Please sign up with Kris Martin, life enrichment leader for the next appointments on Tuesday, March 23 starting at 12:30 pm in the library lounge.

Bird Feeders Birds are a wonderful and a joyous sight. We ask residents that have bird feeders to store their birdseed in an airtight plastic or glass container. The container then needs to be stored in the outdoor maintenance shed located in the courtyard. Please see a team member if you have questions or need help.

Over the Counter Medications



Residents and families are reminded that all medicines including, over the counter medicines need to be reported to the nursing staff. This includes; eye drops, nasal sprays, cough syrup, allergy medicines, creams, vitamins, etc.... A doctor's order is necessary for all medicines. Reminder that all medications must be stored and locked up at all times. Please consult with Alyssa Groft, personal care administrator, if you have any questions or concerns.