

The Weekly Connection

Personal Care | November 16-22, 2025

Listed below are several *highlighted* opportunities for personal growth and enjoyment for the upcoming week. For a full listing of opportunities please see the monthly personal care residence life enrichment calendar.

Movie: Dolly Parton's Coat of Many Colors

Sunday, November 16 | 2:00 PM | Living Room

Music legend, Dolly Parton shares her life story growing up in a poor large family in the Tennessee Smoky Mountains through this family drama.

Guest Speaker: Story of S. Morgan Smith

Monday, November 17 | 2:00 PM | CC Restaurant

Residents are welcome to hear the story of S. Morgan Smith of York and his community involvement and legacy.

Spa Day: Back Rubs & Heated Neck Massages

Tuesday, November 18 | 2:00 PM | Activity Room

Relaxing is the word that best describes the back rubs and heated neck massages. Give it a try and you will be hooked.

Cover the Number

Tuesday, November 18 | 5:30 PM | Activity Room

Its time for the dice game, Cover the Number that is part luck and also strategy as you play against others to be the winner.

Service Project: Making PB&J Sandwiches

Wed., November 19 | 10:00 AM | Activity Room

Residents that desire to help others are welcome to participate in our assembly line making PB&J Sandwiches and packing a lunch for those that are less fortunate. The lunches are donated to the Provide-A-Lunch program with the Hanover Council of Churches.

Jeopardy w/Kris

Thurs., November 20 | 1:00 PM | Dining Room

Its time for the weekly trivia game that offers a wide range of categories. This week, Kris will step in for our volunteer. Join in!

Neighborhood Social

Friday, November 21 | 2:00 PM | Activity Room

Take the afternoon and meet your neighbors while enjoying hot chocolate, cookies, and a seasonal tasty pumpkin fluff dip.

Comedy Classic: George Burns

Saturday, November 22 | 2:00 PM | Living Room



Laughs galore as we wind back the clock to the cigar smoking days of Comedian George Burns. George knows how to make people smile and laugh.

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Weekly Word Puzzles



Residents are welcome to obtain a weekly themed puzzle booklet, created each week for your

independent leisure. Booklets can be found in the activity room.

This week - In the Numbers Word Puzzles!

Health Reminder Residents are reminded to report any health changes to the nursing staff. Changes include; coughing, runny nose, sniffles, chest congestion, and achy muscles. This is important as staff try to contain any infectious viruses such as; covid, flu and RSV.

How to Stop the Spread!

****** Residents are encouraged to wash hands frequently, cough into your elbow, and use antibacterial hand gel when unable to wash hands.

Sign In/Sign Out Residents that are leaving the residence either for an outing with family or visiting the community center need to sign out from the personal care residence. The sign out logs are located at the resident care desk. Please remember to sign back in upon your return to the personal care residence.

Thanksgiving Day A Thanksgiving meal with your family is offered in the Terrace Overlook Restaurant from 11am-2pm and 3 pm-5pm. To make family reservations call 717-646-2599.

Personal Snacks & Containers

Residents are asked to store personal snacks in an airtight plastic container or tin. Snacks should **not** be stored on the floor. Your assistance with these measures will assist with pest and rodent control. Thank you.

Refreshment Kitchen Did you know that we have a refreshment kitchen? Its located across from the resident laundry room, near the living room. Residents are welcome to obtain snacks, make coffee and hot drinks from the Keurig machine. Residents are also welcome to use the refrigerator for personal cold storage. All items for the refrigerator must be marked with your name, room number and date. Please see a team member if you need assistance or have questions.

Brand New Walker Bags Do you have a walker and find it difficult to carry essential items? The life enrichment department has a supply of homemade donated walker bags. Please see Kris Martin, life enrichment leader to select a free walker bag that fits your personal needs.