

Thank you!

Thank you for the Birthday Cards I received. I enjoyed reading them, and yes, I had a great day! - **Larry Morfoot**
Thanks to all of you who have welcomed me into the community since I moved in last August. The community has a family atmosphere, which I feel a part of now... also, a huge thank you for the birthday cards & special messages. I feel blessed to be here. - **Peggy Simpson**

I am sending out a special word of thanks to all my friends and neighbors in the community, who lifted me up in prayer and sent cards and emails of encouragement. It's truly a blessing to live in such a caring community. Thank you doesn't seem like enough, but there are no other words. Bless each of you. -**Beverly Hoffman**

Many thanks for all the prayers, cards, and notes; they are greatly appreciated. Bless you all. - **Mary Hiltner & Family**
Sincere thanks for all the lovely birthday cards, calls, and FB posts. You are all very special to me. -**Mary Lou Walsh**

We want to thank all the friends who sent us all the wonderful cards and emails for our Anniversary in February and for our birthdays in March & April. We appreciated it very much. - **Bob & Shirley Rife**

Thank you for the many cards I received for my 90th Birthday!! I enjoyed reading each one. (I am thankful I could still read them at 90!!!!)- **Martin Rock**

Thank you for your prayers, cards & phone calls during my recent trips to the hospital. They were much appreciated. I am doing much better & working on getting my strength back.- **Carolyn Rock**

Upcoming Programs in May- Additional Programming Information:

Hearing and Screening Presentation: If you find yourself having difficulty following conversations or issues with memory and thinking skills, you may want to get your hearing checked. Age-related hearing loss may be linked to an increased risk of cognitive decline. Several large studies have shown that people who have a degree of hearing loss, even in midlife, have an increased risk of developing dementia later in life. The connection between hearing and brain health is important. Join Ryan Oberholtzer and Dusty with Darrell M. Sipe's office for an informative session.

National Garden Meditation Day: We all need a little tranquility in our lives, from time to time, so why not celebrate Garden Meditation Day in our Courtyard? Enjoy the beautiful courtyard garden that resident volunteers put a lot of time and sweat into while enjoying meditation. All are welcome to attend.

Fabric Trip to Simply Stashing: Deb from Simply Dashing will provide a demonstration and talk on new quilting tools. You will have a demonstration on the Rosie Runner and new quilting tools. After the presentation, you will have time to shop. This was our very own Kitty Hillard, former Quilt Patch. We will enjoy lunch at Divino's Pizzeria & Grille.

Adams County Historical Society Presentation: Antigoni Ladd will present on Winston Churchill. Learn what Winston Churchill did. After a sensational rise to prominence in national politics before World War I, Churchill acquired a reputation for erratic judgment in the war itself and in the decade that followed during World War II.

Therapy Talks with Shannon Schuman: Urinary incontinence can affect anyone- learn ways to reduce and prevent these symptoms. Regain control today!

Helping Hands: Plan to spend a little time with the Skilled Care Residents. Weather permitting, we will sit out in the courtyard and visit or help the residents plant flowers for the courtyard and other outdoor spaces.

TaylorMarie's Apparel: IMAGINE a day at a boutique here in our community! That's what TaylorMarie's provides! They are a mobile retail-clothing store that provides fashionable women's clothing and accessories from respected, high-quality brands. Their goal is to recreate the total shopping experience of a department store without the hassle of ever leaving the facility. A visit from Taylor Marie's creates an experience that goes beyond the clothing- it's a fun, festive event that everyone looks forward to. Your Fashion. Your Style. Your Place.

Miller's Plant Farm & Perrydell Farm Dairy: Enjoy shopping at Miller Plant Farm, which built their first greenhouse in 1928 and remains a family-owned farm and garden center, operating 29 greenhouses and providing plants to both home gardeners and commercial farmers in the local York, PA area, as well as surrounding counties and states. They also grow fresh produce for sale in season from the plants that they started from seed. We will then go down the street to Perrydell Farm Dairy to enjoy some homemade Ice Cream if you wish.



Village Connection

May 2025

ONCE UPON A LIFETIME

Come now everybody
Let us remember then
All the harmless fun we had
Recalling way back when.

Always there were many games
And for hours we would run
Just spending time with our friends
It was all such good fun.

Learning the correct dances
We'd practice, hours on end
On the dance floor we'd look good
While dancing with a friend.

Was all so very long ago
We wanted it to last
Grateful, to recall them all
These memories of our past.

-Theresa Zink

I hope I don't offend this group
but my topic will be beer.
Singer Tom T. Hall said it all,
Whether tap, bottle, dark, or clear.
Like Tom, I love beer.
I love the foam, the icy glass.
If someone's buying there, am I
opportunity, I don't let it pass.
I've many friends who all like beer.
The price is good, but if cash is low
Beer tastes every bit as grand if you
learn to sip it very slow. Beer- try it!!

-Ann Paris

RL Kick off to Summer 3rd Annual Picnic



Enjoy an afternoon of food,
friends, music, and games.
Sign up to bring an item or
pay the \$10.00 by Monday,
May 12th.

Welcome!

Welcome, Arleen Gardner, to Spiritrust! Arleen moved here from Eldersburg, MD, where she spent many years in the kindergarten classroom. Arleen enjoys knitting, listening to audiobooks, watching old movies, and decorating. Some of her favorite pastimes are trips to the beach, camping trips, and watching her granddaughters' dance recitals and school programs. Arleen enjoys family get-togethers. Welcome, Arleen!



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00am Power Hour 10:45am Back to Basics 2:00pm Dominoes (Library)	10:00am Pilates 1:00pm Billiards 1:00 Sit & Strengthen	10:00am Power Hour 10:45am Back to Basics 1:00pm Tai Chi for Beginners 2:00pm Wii Bowling	10:00am Pilates 10:45 am Line Dancing 1:00 pm Sit & Strengthen 2:00pm Worship (PC)	9:00am Balance & Stretch 9:30am Morning Mindfulness (GR) 10:00am Mini Tennis 1:00pm Billiards 1:00pm Dominoes (Library)	10:15 Faith Break (GR)

Additional programs & events scheduled for the month of May						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program additions or changes since catalog was published are in bold . Program offerings are subject to change.	Key: All events are held in Hobby Room or Fitness Room area unless otherwise indicated. DR – Terrace Overlook Restaurant PDR – Private Dining Room APTL – Apartment Lobby CCL – Community Center Lobby GR – Great Room		For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.	1 11:00 Book Club (Library) 1:00 Hearing and Screening Presentation (Great Room)	2 Brunch Bunch: Hunterstown Diner	3 2:30 National Garden Meditation Day (PC Courtyard) 3:00 Huckleberry's Steamboat & American Music Theatre
4	5 9:15 Fabric Trip & Lunch	6 12:00 Women's Birthday Luncheon (DR) 1:00 EHMIS Chamber Orchestra (PC) 2:00 Bingo (GR)	7 10:15 Scared Heart Tour & Half Pint Creamery	8 10:30 Thursday Talks with Marcia (GR) 3:00 Tech Help with Steve Bean (GR)	9 11:00 In-House Movie: It Ends with Us	10
11 Mother's Day	12 1:00 Brain Games (Library)	13	14 11:30 Chair Volleyball	15	16 2:00 ACHS: Presentation on Winston Churchill with Antigoni Ladd (PC)	17
18	19 1:00 Therapy Talks with Shannon Schuman: Regaining Control (GR)	20 10:30 Catholic Mass (SC) 11:00 Town Hall (DR) 4:00 Happy Hour (DR)	21 2:00 Play Around: Darts	22 12-3 Campus Cookout	23 2:00 Night Creatures Program with Renae (PC)	24
25	26 Memorial Day	27 10:30- 2:00 TaylorMarie Shopping (DR) 4:30 Diner's Caravan: Bourbon Mill	28 10-3:00 Massage by Tara (Salon)	29 2:00 SpiriTrust Helping Hands (SC)	30 11:00 Miller's Plant Farm & Perrydell Farm Dairy	31 10:15 Last Faith Break for the Summer