

# Concordia at Utz Terrace Weekly Connection

**Residential Living Week of June 21 – June 27, 2026**

## Happy Father's Day!

Warm wishes to all fathers, grandfathers, and father figures in our community. Thank you for your strength, guidance, and love.

## Gathering Opportunities...

**The Cozy Cup Circle:** The purpose of this gathering is to help neighbors connect and get to know one another. I will host the first gatherings to help get things started, with the hope that residents may choose to continue meeting on their own. We will begin in the apartments, floor by floor, then include the cottages, leading to a larger community celebration in September. Please watch the July, August, and September calendars and weekly updates for more details.

## Upcoming Program Sign Ups!

**Rescheduled ALZ Car Wash** Monday, June 29

**Women's Birthday Luncheon** Tuesday, July 7

**Brunch Bunch:** Bullocks in Westminster Friday, July 10  
Please note they only serve lunch.

**Windy Knoll Farm** in Chambersburg Monday, July 20  
Lunch and shopping at Windy Knoll Farm.

**Diner's Carvan:** The Lodges of Gettysburg in Gettysburg Thursday, July 30  
Please plan to pay by cash, as they only will accept four credit cards.

## This Week at a Glance

### Monday, June 22

- 10:00 AM – Power Hour
- 10:45 AM – Back to Basics
- 1:00 PM – 10 Pin Bowling
- **2:00 PM – Crafty Crew: Nail & String Art (Hobby Room)**

## **Tuesday, June 23**

- 10:00 AM – Pilates
- 10:45 AM – Man We're Movin'
- 12:45 PM – Sit & Strengthen
- 1:00 PM – Billiards

## **Wednesday, June 24**

- 10:00 AM – Power Hour
- 10:45 AM – Back to Basics
- 11:30 AM – Chair Volleyball
- 1:00 PM – Tai Chi for Beginners
- 2:00 PM – Wii Bowling
- 2:00 PM – Dominoes (Library)
- 3:30-4:00 PM – **Dairy Dan Ice Cream Truck** at CC Entrance (Ice Cream can be purchased by residents.)

## **Thursday, June 25**

- 10:00 AM – Pilates
- 10:45 AM – Line Dancing
- 12:45 PM – Sit & Strengthen
- 1:00 PM – 10 Pin Bowling
- 2:00 PM – Worship (PC)
- **4:00 PM – Diner's Caravan: Friendly Farm**  
Enjoy a scenic drive and a delicious family-style meal with friends!

## **Friday, June 26**

- 9:00 AM – Balance & Stretch
- 9:30 AM – Morning Mindfulness
- 10:00 AM – Mini Tennis
- 1:00 PM – Billiards
- 1:00 PM – Dominoes (Library)
- **4:00 PM -Happy Hour with Music by Silver 63**

## **Friendly Reminder**

Our weekly programs like exercise classes, games, and social gatherings are always a great way to stay active, connect with others, and have fun. We encourage everyone to join in as much as you're able.