

# The Weekly Connection

## Residential Living | April 27, – May 3, 2025

### Happening this Week!

#### Therapy Talks with Shannon

April 28 | 1:00PM | Great Room

#### Chaplains of the Civil War

April 28 | 2:00PM | Terrace Overlook Restaurant

#### Diner's Caravan: T.J. Rockwell's

April 29 | 4:00PM | Outing

#### Play Around: Corn Hole

April 30 | 2:00PM | Outside Fitness Room

#### Book Club

May 1 | 11:00AM | Library

#### Hearing Screening & Presentation

May 1 | 1:00PM | Great Room

#### Brunch Bunch: Hunterstown Diner

May 2 | 10:00AM | Outing

#### National Garden Meditation Day

May 3 | 2:30PM | Personal Care Court Yard

#### AMT Stayin' Alive Bee Gees Tribute

May 3 | 3:00PM | Outing

### Program Sign Up!

#### The Basilica of Sacred Heart

Enjoy a free tour of the oldest Catholic church building in the United States, on Wednesday, May 7th which is built of stone. Conewago is the Mother Church of Pennsylvania west of the Susquehanna. We will be leaving at 10:15 for an 11:00 am tour. We will stop at Half Pint for Ice cream on our way home. Sign up in the program binder by **Friday, April 25th.**

### Blood Pressure Check

Lisa, our Nurse Navigator, will be offering Blood Pressure checks every Wednesday from 10 am -12 pm in her office.

### Fitness Center Schedule

#### Monday:

10:00am Power Hour

10:45am Back to Basics

#### Tuesday:

10:00am Pilates

1:00pm Sit & Strengthen

#### Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00 Tai Chi

#### Thursday:

10:00am Pilates

1:00pm Sit & Strengthen

#### Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

## Program Sign Up Cont.

### Fabric Trip: Simply Stashing

Deb from Simply Stashing will provide a demonstration and talk on new quilting tools, on Monday, May 5. You will have a demonstration on the Rosie Runner and new quilting tools. After the presentation you will have time to shop. We will enjoy lunch at Divino's Pizzeria & Grille in Hanover. Please sign-up in the Program Binder by **Friday, May 2nd**.

### Women's Birthday Luncheon

Celebrate our May women on Tuesday, May 6th. Please remember that it will be \$11.00 starting this month. One dollar bills would be greatly appreciated. Sign up in the binder by **Monday, May, 5th**.

### Miller's Plant Farm

Enjoy shopping at Miller Plant Farm on Friday, May 30<sup>th</sup>. They built their first greenhouse in 1928 and remain a family-owned farm and garden center, operating 29 greenhouses and providing plants to both home gardeners and commercial farmers in the local York, PA area and surrounding counties and states. They are also farmers, growing fresh produce from the plants that they start from seed and sell. After we head down the road to enjoy some homemade Ice Cream at Perrydell Farm Dairy. Please sign up in the program binder by **Friday, May 16**.

## Looking Ahead!

### In-House Movie: It End's with Us

This 2024 American romantic drama film will be shown on **Friday, May 9th**. Directed by Justin Baldoni from a screenplay by Christy Hall, based on the 2016 novel by Colleen Hoover. The film stars Blake Lively alongside Baldoni, Brandon Sklenar, Jenny Slate, and Hasan Minhaj. The story follows florist Lily Bloom (Lively), whose abusive relationship with neurosurgeon Ryle Kincaid (Baldoni) is compounded when her ex-boyfriend Atlas Corrigan (Sklenar) re-enters her life.

### Town Hall

Mark your calendar for the next Town Hall which will be held on **Tuesday, May 20th**. All are welcome to attend.

### Kickoff to Summer Cookout

We are excited for our Third annual Residential living Picnic on **Thursday, May 22!** Games, music, food, and lots of fun. You will have the option of bringing a dish or paying \$10.00 to help cover the cost of hot dogs, hamburgers, and whatever else is needed. This is being held in the Apartment Parking Lot, from 12 -3:00 pm. Please sign up in the program binder, by writing your name under the category of what you want to bring or in the first column of paying the \$10.00.