

# The Weekly Connection

## Residential Living | June 1, – June 7, 2025

### Happening this Week!

#### Village Stitches

June 2 | 10:00AM | Hobby Room

#### Brain Games

June 2 | 1:00PM | Library

#### Women's Birthday Luncheon

June 3 | 12:00PM | Terrace Overlook Restaurant

#### Bingo

June 3 | 2:00PM | Great Room

#### French & Indian War w/ John Maietta

June 3 | 3:00PM | Terrace Overlook

#### Mystery Trip & Lunch

June 5 | 10:00AM | Outing

#### Brunch Bunch: Gateway Restaurant

June 6 | 10:00AM | Outing

### Fitness Class Update

Please note that Pilates will be at **9:00 am** due to the outing on Thursday, June 5th.

### Program Sign Up!

#### Kayaking & Picnic Lunch

If you have never been kayaking and think you would like to try it, Tuesday, June 24<sup>th</sup> would be a great opportunity. Spend a few hours on the water. Enjoy a guided tour with Renae from Codorus State Park. Bring a packed lunch, we will eat lunch at the pavilion. Please dress appropriately for

### Friendly Reminder

Please remember to refer to your Monthly Calendar for recurring events. **All** recurring events are at the top of the calendar in the *regularly scheduled on a weekly basis* portion. This includes fitness, spiritual, and recreation groups which are held every week unless otherwise noted on the weekly update.

### Fitness Center Schedule

#### Monday:

10:00am Power Hour

10:45am Back to Basics

#### Tuesday:

10:00am Pilates

1:00pm Sit & Strengthen

#### Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00pm Tai Chi

#### Thursday:

**9:00am** Pilates

1:00pm Sit & Strengthen

#### Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

## Program Sign Up Cont.

the weather. Sign Up in the program binder by **Friday, June 13th.**

## Looking Ahead!

### Happy Hour with Feelin' Cockey

We are excited to try a special Happy Hour on **Tuesday, June 10th.** Take the night off from cooking. We will have Feelin' Cockey Food Truck at the Community Center entrance starting at 3:30 pm. All are welcome to order, take it back to your cottage or apartment, or enjoy the happy hour here with your friends and neighbors. We will have tables in the great room or the hobby room for you to relax and eat your meal while enjoying the regular happy hour drinks. Listed are some of their menu options: Chicken Parmesan, Chicken Chesapeake, Philly burgers, along with many other burger options, Crabby Patties, Subs, and Walking Tacos.

### In-House Movie "Trial by Fire"

Trial by Fire is a 2018 American biographical drama film directed by Edward Zwick. The story is based upon David Grann's article "Trial by Fire" that appeared in The New Yorker in 2009 about case Willingham v. State of Texas. Cameron Todd Willingham, a poor, uneducated heavy metal devotee who has a violent streak and a criminal record, is convicted of arson-related triple homicide in 1992. During his 12 years on death row, Elizabeth Gilbert, an improbable ally, uncovers questionable methods and illogical conclusions in his case and battles with the state to expose suppressed evidence that could save him. The film

stars Jack O'Connell, Laura Dern, Emily Meade, Jeff Perry and Jade Pettyjohn. We will be showing this on **Friday, June 13th.**

### Chair Volleyball

Join us for chair volleyball on **Wednesday, June 18th.** We use a beach ball and remain seated in our chairs to play. We usually play for an hour; you can play one game or stay for an hour. Consider getting a little exercise while having fun!

### Longest Day Car Wash for ALZ

Help to raise awareness and funds for Alzheimer's care, support, and research by participating in the Car Wash. Residents and staff are invited to have their cars washed by staff and volunteers. Last year, we raised \$800.00; our goal this year is to raise \$825.00. Help us raise funds on **Friday, June 20th, from 10 am-12 pm** for great cause. This is by donation only. **You only need to sign up if you wish to help wash cars.**

### Massage by Tara

If you love massages, you will not have to leave the campus to get one. Tara will be here once a month to offer massage therapy. Tara charges \$70.00 for an hour and \$40.00 for a half-hour; she can offer a chair massage for a dollar a minute. If you want to schedule an appointment, please call Tara at 717-321-4895.