

The Weekly Connection

Residential Living | April 12, – April 18, 2026

Happening this Week!

Always Dance Youth Dance Company

April 12 | 2:30PM | Personal Care Dining Room

Beltone Hearing Presentation

April 13 | 1:00PM | Great Room

Pastor Rodney

April 13 | 2:00PM | Personal Care Dining Room

Headspace to Guided Meditation

April 13 | 3:00PM | Great Room

Town Hall Meeting

April 14 | 1:00PM | Terrace Overlook Restaurant

Please take advantage of the continuous shuttle service that will run from noon until 3:00 pm.

Presentation by Sterling Fritz

April 14 | 2:00PM | Personal Care Dining Room

Hanover Trolley Trail Walk

April 15 | 11:00AM | Outing

Tech Help with Steve Bean

April 16 | 3:00PM | Great Room

Program Sign Up!

Magic & Wonder Dinner Theatre

What begins as a single step into a forgotten magic shop transforms into a spellbinding magical experience for the whole family. “Enchanted” is an invitation into the extraordinary, where every artifact holds a secret and every illusion becomes a doorway to another world.

Fitness Center Schedule Update!

Sit and Strengthened is cancelled on Tuesday due to the Town Hall meeting.

Please note that Power Hour will be at 9:00 am, Back to Basics will be at 9:45 am, and Tai Chi will be at 10:30 am on Wednesday, April 15th, due to outings.

Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Tuesday:

10:00am Pilates

10:45am Man We're Moving

Wednesday:

9:00am Power Hour

9:45am Back to Basics

10:30am Tai Chi

Thursday:

10:00am Pilates

12:45pm Sit & Strengthen

Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

Program Sign Cont.

Filled with jaw-dropping effects and immersive storytelling, this unforgettable journey will transport guests out of reality and into the unimaginable! Join us on Thursday, May 14th. The cost of dinner and the show is \$70.95. Sign up in the program binder by **Friday, April 17th.**

Seltzer Lebanon Bologna Tour

Get up close and personal with their talented smoke masters, on Tuesday, May 12th . Discover the time-honored techniques and innovative methods that distinguish their smoked meat from the rest. Immerse yourself in the rich, smoky aromas that fill the air as their seasoned professionals craft each batch with precision and passion. Prepare for your taste buds to dance with anticipation! Indulge in a curated tasting session featuring an array of their finest smoked meats. From classic favorites to bold new creations, savor the unique profiles that make their products truly unforgettable. The cost is \$17.61 per person. Sign up in the program binder by **Friday, April 24th.**

Schull's Rock Overlook

The overlook trail to Schull's Rock offers a light hike to a stunning overlook at the Susquehanna Riverlands State Park. It crosses woodlands and meadows and passes by farm fields before opening up to the view above the river. Nature enthusiasts will be treated to sights of natural quartz along the trail and a patch of pawpaw trees before approaching the cliff's edge. The trail is marked with yellow blazes. The trail is about 1.3 miles round-trip. This will take place on Thursday, May 7th. We will be leaving here at 10:00 am. Sign up in the program binder by **Friday, April 24th.**

Looking Ahead!

Therapy Talks with Shannon

Join Shannon for some Home Safety Tips, on **Monday, April 27th.** Learn what to look for during a

home safety assessment-this is an easy way to prevent falls, injuries, and can make life easier.

Presentation with Scott Mingus

Join Scott on **Monday, April 27,** in the Terrace Overlook Restaurant for his presentation on Human Interest Stories of the Irish in the American Civil War. Tens of thousands of Irish Americans fought in the Civil War, with "Sons of Erin" playing a vital role in both Union and Confederate armies. Award-winning author Scott L. Mingus, Sr., has teamed with living historian Gerard E. Mayers to present more than 150 of their most memorable personal stories. In this unique collection, readers will find tales of courage, boldness, and humor. Many have rarely been seen in print since their original publication more than a century ago. Stories have been adapted for the modern reader, with sources cited. The anthology also includes brief biographies of leading Irish soldiers and personalities such as Patrick Cleburne, Father William Corby, James Shields, Michael Corcoran, and the incomparable Thomas Francis Meagher of the famed Irish Brigade and its battle cry, "Ireland Forever."

Happy Hour

The purpose of Happy Hour is to provide a social gathering time to enjoy drinks and appetizers, fostering a relaxing atmosphere. Join your friends and neighbors on **Tuesday, April 21,** for this enjoyable time. Violet Vodka Lemonade is this month's featured drink. If you don't drink, you can always enjoy a mocktail. Please note that this Happy Hour will start at **3:00 pm** instead of 4:00 pm.

Village Connection Articles

Articles for the May Village Connection are due to Tracy Schuman by **Friday, April 17th.** Please place them in the intercommunity mail or email them to tschuman@spiritrustlutheran.org.