

The Weekly Connection

Residential Living | December 28, – January 3, 2026

Happening this Week!

In-House Movie: “Woman of the Hour”

December 29 | 11:00AM | Great Room

Woman of the Hour is a 2023 American crime thriller film directed by Anna Kendrick in her directorial debut and written by Ian McDonald. It is based on the true story of Rodney Alcala, a contestant on an episode of television show The Dating Game in 1978 who was later discovered to be a serial killer. The film stars Kendrick as Dating Game contestant Sheryl Bradshaw and Daniel Zovatto as Alcala, along with Nicolette Robinson and Tony Hale in supporting roles.

Program Sign Up!

Holiday Helpers Un-decorating

It's hard to believe it's time to take down the Christmas decorations. Join your neighbors on Wednesday, January 7th, to help restore the community. A complimentary lunch will be served for all volunteer holiday helpers at The Terrace Overlook Restaurant. We will work from 10-12:00 pm, putting the decorations away. Sign up in the program binder by **Friday, January 2nd**.

Brunch Bunch: Baugher's Restaurant

This month, we will be in Westminster for our monthly brunch bunch. Join us on Friday, January



Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Tuesday:

10:00am Pilates

1:00pm Sit & Strengthen

Class Schedule Change

Classes are canceled for Wednesday, Thursday, and Friday this week. See you all in 2026!

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 **Spiritrust Lutheran®**
The Village at Utz Terrace



Sign Up Cont.

9th, and you will have the option of breakfast or lunch. Sign up in the program binder by **Friday, January 2nd.**

Golf Loft

Join us on January 21 for an afternoon of fun. Strategically placed in the heart of downtown Hanover, The Golf Loft is an indoor golf simulator facility catering to a wide range of golfers, from top-level aspiring professionals to complete beginners and everyone in between. Each simulator bay is equipped with Trackman Technology, Titleist Pro V1 RCT golf balls, and user-friendly touchscreen control systems. For those waiting their turn to swing, each bay also features a high-top table with seating, sofa seating, and your own designated TV. Not playing? No problem, they are conveniently located above Fat Bat Brewery. With user-friendly ordering options, you can order food and drinks to be delivered to your bay. The cost per Bay is \$45.00 and accommodates up to 6 people. Sign up in the program binder by **Friday, January 2nd.**

Diner's Caravan: Cheddar's

WHAT DOES IT MEAN TO "Get a lot. For not a lot." AT CHEDDAR'S? It means loving every bite of the handmade, fall-off-the-plate food coming out of our kitchen. It means gathering with family and friends in a warm and welcoming atmosphere. But here's the best part – it means you don't have to empty your wallet to get the dining experience you deserve. Join us as we head to York on Tuesday, January 27th. Sign up in the program binder by **Friday,**

day, January 2nd.

Women's Birthday Luncheon

Time to celebrate another year! Share good food and fellowship, and hear the birthday women share some personal stories as we celebrate their lives, on Tuesday, January 6th. Please provide a 24-hour notice if you are unable to attend. Sign up in the program binder by **Monday, January 5th.**

Looking Ahead

Planning Meeting

Join Tracy on **Thursday, January 8th, at 3:00 pm** to help plan events for the second quarter, April, May, and June 2026. All residential living residents are invited to help with the planning.

Chair Volleyball

We will play twice in January. Mark your calendar for Wednesday, January 7th and Wednesday January 28th.

Alzheimer's Mystery Donation Money Order

The Alzheimer's Association returned a \$15 money order to us, as it lacked the purchaser's address. It looks like the donor's first name is David or Daniel, and the last name starts with "Ch" If you recognize this as one of your donors, please contact Terry Stickles at 717-646-2460.