

The Weekly Connection

Residential Living | December 7, – December 13, 2025

Happening this Week!

Christmas Hymns with Pastor Rodney

December 8 | 2:00PM | Personal Care Dining Room

Village Stitches Christmas Gift

December 8 | 3:00PM | Personal Care Dining Room

RL Christmas Dinner

December 9 | 12:00PM | Terrace Overlook Restaurant

Play Around: Christmas Charades

December 10 | 2:00PM | Great Room

Bird-in-Hand: Christmas Candy Caper

December 11 | 9:15AM | Outing

In-House Movie: A Sprinkle of Christmas

December 12 | 11:00AM | Great Room

Music with Sandy Lawrence

December 12 | 2:00PM | Personal Care Dining Room

Program Sign Up!

Hanover Little Theatre

I received a phone call from Hanover Little Theatre.

They have a new group of performers who would like to offer the production of A Christmas Carol.

Join us on Sunday, December 14th, for a 2:00 pm show. Cost is by donation. Show your support and sign up in the program binder by **Wednesday, December 10th.**

Class Update!

Tuesday

Please note that the classes are canceled on Tuesday due to the RL Christmas Luncheon.

Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00 Tai Chi

Thursday:

10:00am Pilates

1:00pm Sit & Strengthen

Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

Item Found on the Bus



We found this Apple Air Tag on the large bus, if you are missing it call Tracy Schuman at 717-646-2434.

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 **SpiriTrust Lutheran®**
The Village at Utz Terrace



Program Sign Up Cont.

Cookies for Cookies and Cocoa

If you enjoy making cookies we are looking for some donations for our festive evening. We will start with Happy Hour, go Caroling throughout the community, ending the evening with Cookies and Cocoa. If you would like to bring cookies please sign up in the program binder by **Friday, December 19th**. Come for the entire evening or just the parts you would enjoy. If you don't want to carol listen as we make our way through the community!

Looking Ahead

Play Around: Christmas Charades

"All work and no play make Jack a dull boy."
"Laughter is the best medicine." We've all heard these old proverbs countless times and have probably said them ourselves. But what is a proverb if not a statement of wisdom or sage advice? The need for play in children is well-documented, but these adages remind us that the need for play in adults, including seniors, is just as important. I hope to see you all on **Wednesday, December 10th**.

Therapy Talks with Susan Groft

Join Susan Groft from our Physical Therapy Team for a Pain Management presentation on **Monday, December 15th**

Massage by Tara

Tara will be here on **Wednesday, December 17th**. To schedule an appointment, call Tara at 717-321-4895.

Chair Volleyball

Join us for a few friendly games of chair volleyball on **Wednesday, December 17th**.

Lessons in Carols

The Festival of Lessons and Carols is a service of Scripture and song that dates to the late 19th century. In this service, you will listen to Scripture lessons which recount the Fall, the promise of a Messiah, the Incarnation, and the Great Commission to preach the Good News. Each lesson is followed by a carol or other song that reflects on the lesson's message, along with a brief prayer. Join Chaplain Melissa on **Thursday, December 18th**, in the PC Dining Room.

"My Plate is Full" with Grace

Join Grace for her healthy eating presentation and a fun round of nutrition Bingo, on **Friday December 19th**.

Ugly Sweater Happy Hour

Mark your calendar for **Tuesday, December 23**, for a festive evening. We will start the evening with our "Ugly Sweater" Happy Hour, followed by caroling in the community. We will have two groups, weather permitting. One group outside and one inside. All are encouraged to participate in what suits you. We will finish the evening with cookies and Cocoa.