

# The Weekly Connection

## Residential Living | February 8, – February 14, 2026

### Happening this Week!

#### Pizza Luncheon

February 9 | 12:00PM | Hobby Room

#### Pastor Rodney Sing-Along

February 9 | 2:00PM | Personal Care Dining Room

#### 8 - Week Men's Challenge

February 10 | 10:45AM | Fitness Center

#### Ticket to the Past

February 12 | 12:15PM | Outing

#### In-House Movie: "Walk. Ride. Rodeo"

February 13 | 11:00AM | Great Room

#### Happy Hour (Wear your Pink or Red)

February 13 | 3:00PM | Terrace Overlook Restaurant

#### Faith Break

February 14 | 10:15AM | Library

### Calendar Changes...

#### Happy Hour, Faith Break, & Journey

Please note the following changes from the February Calendar. Journey Hospice will not be coming on Wednesday, February 11th. Happy Hour will be this Friday February 13, not next Tuesday, February 17th. Also please note that Faith Break has moved to the library indefinitely.



### Fitness Center Schedule

#### Monday:

10:00am Power Hour

10:45am Back to Basics

#### Tuesday:

10:00am Pilates

10:45am 8 -Week Challenge

**12:45pm** Sit & Strengthen

#### Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00 Tai Chi

#### Thursday:

10:00am Pilates

**12:45pm** Sit & Strengthen

#### Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

## Program Sign!

### Dutch Apple: Oklahoma

Cowboy Curly and farm girl Laurey carve out a life together in a brand-new state. The unforgettable Rodgers & Hammerstein score includes Oh, What a Beautiful Mornin', People Will Say We're in Love, I Cain't Say No!, and the exhilarating title song, Oklahoma! This is a 1:00 pm show, with us eating before the show at 11:30 am. The cost for lunch and the show is \$75.00.

### Crafty Crew: Twine Cross

Join Tracy on Monday, February 23rd, for this quarter's Crafty Crew. The cost is \$10.00 and will be billed to your monthly statement. Sign up in the program binder by **Friday, February 13<sup>th</sup>**. This will be displayed on the shelf outside the Hobby Room.



### All You Want to Know About Coffee

Do you like Coffee? If so, join Chip Adomanis, a resident of skilled care and former educator of 47 years, on Tuesday, February 24<sup>th</sup> at 10:00 am in the Terrace Overlook Restaurant. The presentation will be informative, and teach you how coffee arrived in America. He will have a sample of coffee for tasting, and time for questions afterward. This is limited to 25 Residential Living Residents. Sign up in the program binder by **Monday, February 23<sup>rd</sup>**.

## Brunch Bunch: Starlight Diner

Join us for this monthly outing on Friday, March 6th. Sign up in the program binder by **Friday, February 27<sup>th</sup>**

### Looking Ahead

### Tech Help with Steve Bean

Having trouble with your computer or Smart Phone? Volunteer Steve Bean is here to help! Steve, an electrical engineer and wiz with electronics, is here to help. Join him in the Great room on **Thursday, February 19<sup>th</sup>**, to receive one-on-one help, training, and troubleshooting.

### Massage by Tara

Tara will be here **Wednesday, February 25<sup>th</sup>** to offer massage therapy. If you would like to schedule an appointment, please call Tara at 717-321-4895.

## Village Connection Articles

Articles for the March Village Connection are due to Tracy Schuman by Friday, 20th. Please place them in the intercommunity mail or email them to [tschuman@spiritrustlutheran.org](mailto:tschuman@spiritrustlutheran.org).

## Guthrie Library Books

All Guthrie Library book selections borrowed from the Community Center Library are due back to the Community Center Library by **Thursday, February 12<sup>th</sup>**. The new selection of Guthrie books will be available on Friday, February 20th.