

The Weekly Connection

Residential Living | May 24, – May 30, 2026

Happening this Week!

Diner's Caravan: Duke's Riverside

May 26 | 3:45PM | Outing

Chair Volleyball

May 27 | 11:30AM | Fitness Room

Randy Riggle Comedian

May 27 | 2:00PM | Terrace Overlook Restaurant

Kayaking at Codorus with Renae

May 28 | 10:45AM | Outing

Pack a lunch or a snack and some water. We will find a spot to eat before returning.

Shop Local Hanover

May 29 | 11:00AM | Outing

Thank You!

A big thanks to everyone who came to celebrate the kickoff to summer cookout. It was a huge success because of everyone. It takes a little of everything, from setting up to tearing down to donating items, money, or making something. So again, thank you!

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Memorial Day

Please note that classes are cancelled on Monday, May 25th. May your Memorial Day be peaceful and blessed!

Fitness Center Schedule

Tuesday:

10:00am Pilates

10:45am 8 -Week Challenge

12:45pm Sit & Strengthen

Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00 Tai Chi

Thursday:

10:00am Pilates

12:45pm Sit & Strengthen

Friday:

9:00 Sit & Strengthen

9:30 Morning Mindfulness



Program Sign Up!

Crafty Crew: Nail & String Art

There's a unique thrill in using ordinary, everyday material to create an extraordinary piece of art, and string art offers just that! Using 1-inch nails, wood, and thread, you can create a masterpiece. If you would like to create your own, join Tracy on Monday, June 22nd. Sign up in the program binder by **Friday, June 5th**, the cost is \$10.00.



butter and beverage. Completing your meal is a generous scoop of dairy-fresh ice cream. After dining, check out their assortment of baked goods, snacks, and sweets in the lobby area, this will take place on Thursday, June 25th. Sign up in the program binder by **Friday, June 5th**.

Looking Ahead

Chair Volleyball

We will be playing again on **Wednesday, May 27th**. All are welcome, it is a lot of fun!

Brunch Bunch: Around the Clock

Join us as we head to York on Friday, June 19th to enjoy breakfast or lunch at Around the Clock Diner. Sign up in the program binder by **Friday June 5th**.

Bald Eagle Presentation with Renae

Renae from Codorus will be here on **Tuesday, June 9th** with all you want to learn about Bald Eagles. This will be held in the personal care dining room, and all are invited to join.

Diner's Caravan: Friendly Farm

A country drive through Hereford leads to the two-hundred-acre farm in Northern Baltimore County. Surrounded by three ponds, the view is breathtaking year-round. The family started the Friendly Farm Restaurant in Upperco, Maryland in 1959. Dining is family style. A choice of individually presented entrées, such as Roast Beef, Fried Shrimp, Fried Chicken, Country Ham, Steak, or the "Famous" Jumbo Lump Crab Cakes, is offered. Included with your meal are servings of the daily vegetable, fresh hand-cut, French-fried potatoes, fruit, apple butter, cottage cheese, and an abundance of dinner rolls and deep-fried sugar rolls with

Happy Hour with Feelin' Cockey

Take the night off from cooking. We will have Feelin' Cockey Food Truck at the Community Center entrance starting at 4:00 pm on **Tuesday, June 16th**. All are welcome to order, take it back to your cottage or apartment, or enjoy the happy hour here with your friends and neighbors. We will have tables in the great room or the hobby room for you to relax and eat your meal while enjoying the regular happy hour drinks. Listed are some of their menu options: Chicken Parmesan, Chicken Chesapeake, Philly burgers, along with many other burger options, Crabby Patties, Subs, and Walking Tacos.