

The Weekly Connection

Residential Living | May 3, – May 9, 2026

Happening this Week!

Therapy Talks with Shannon Schuman

May 4 | 1:00PM | Great Room

Women's Birthday Luncheon

May 5 | 12:00PM | Terrace Overlook Restaurant

Bingo

May 5 | 2:00PM | Great Room

Play Around: Corn Hole

May 6 | 2:00PM | Fitness Center Area

Schull's Rock Overlook & Ice Cream

May 7 | 10:00AM | Outing

Book Club

May 7 | 3:00PM | Library

In-House Movie: "Kidnapped"

May 8 | 11:00AM | Great Room

May Calendar Changes...

Fabric Trip, Pilates, and Book Club

The fabric trip for Monday, May 4 is postponed until Monday, May 18th. Please note the following changes for Thursday, May 7th due to the outing. Pilates will be at 9:00 instead of 10:00 am. Book Club will be at 3:00 pm instead of 11:00 am.

Campus Cookout

You don't want to miss out on a fun filled afternoon with great friends and neighbors. We will have delicious food, music, and games. It is not too late to sign up for our annual cookout. You will have the option to bring something or pay to cover the cost of items needed.

Please be sure that Tracy gets the \$10.00 or non-perishable items by **Friday, May 15.**

Fitness Center Schedule

Monday:

10:00am Power Hour

10:45am Back to Basics

Tuesday:

10:00am Pilates

10:45am 8 -Week Challenge

12:45pm Sit & Strengthen

Wednesday:

10:00am Power Hour

10:45am Back to Basics

1:00 Tai Chi

Thursday:

9:00am Pilates

12:45pm Sit & Strengthen

Friday:

9:00am Balance & Stretch

9:30am Morning Mindfulness

Program Sign Up!

Barnyard Art

Nestled in a picturesque farm setting in Lititz, the Barnyard Art is a haven for art enthusiasts and visitors seeking a unique and memorable experience. Whether you're there to admire their gallery, browse their charming gift shop, or enjoy a delightful Chalk Talk presentation, there's something special for everyone. Join us on Monday, June 1 for Elva's unique chalk art as she tells the story while she is creating a masterpiece. The cost is \$15.00. We will stop for dinner after our experience at Barnyard Art. Sign up in the program binder by **Friday, May 15th**.

Shop Local Hanover

Check out downtown Hanover and the surrounding stores. We will visit stores like Clarks, Dawg Gone Bees, Wren & Bluebird Boutique, Deeked Out Donuts, Olive Branch, and Pizza Hut for lunch. Sign up in the program binder by **Friday, May 15th**.

Hanover Little Theatre

Join us on Friday, June 5th to see The Oldest Profession. In the mid-1980s, five aging practitioners of the oldest profession are faced with a diminishing clientele, increased competition, and aching joints. With wit, compassion, and humor, they struggle to find and learn new tricks as they fight to stay in the "Life." We will enjoy dinner at Sign of the Horse before the show. This is a 7:30 pm show. Cost: \$16.00-\$19.00, depending on how many we have. Sign up in the program binder by **Friday, May 15th**.

Diner's Caravan: Duke's Riverside

Dukes is a central Pennsylvania staple, and their focus is on giving value to the customers in a fun and casual dining atmosphere. Their food is sourced from the highest quality ingredients available. For years, they have shopped for their

produce from local farmers in Lancaster County and surrounding areas. Their seafood is brought in fresh daily, and their steaks are cut fresh, never frozen. Join us for this Diner's Caravan on Tuesday, May 26th. Sign up in the program binder by **Friday, May 15th**

Kayaking at Codorus with Renae

What a great way to spend a few hours on the water! Enjoy the beautiful lake that is right in your backyard on **Thursday May 28th**. We will be guided by Renae and find a spot to eat our packed lunch before returning. Sign up in the program binder by **Friday, May 15th**.

Looking Ahead

Massage by Tara

Tara will be here **Wednesday, May 20th** to offer massage therapy. If you would like to schedule an appointment, please call Tara at 717-321-4895.

Comedian Randy Riggle

Randy is a nationally touring comedian known for his clean, family, friendly humor and nostalgic performances celebrating the 1950s and 1960s. He will be here on **Wednesday, May 27th**. He has written for many comedians including Jay Leno and Joan Rivers as well as opening for acts such as Dennis Miller, Kenny Chesney, Jerry Seinfeld, Ellen DeGeneres, and Weird Al Yankovic. This talented comedian has appeared nationally on all three major networks including NBC, ABC, and CBS.

Village Connection Articles

Articles for the June Village Connection are due to Tracy Schuman by **Friday, May 15th**. Please place them in the intercommunity mail or email them to tschuman@spiritrustlutheran.org.