

Thank You...
Thank you all for my birthday cards and notes. My Village family, you're very special to me. -**Cecilia Dembroski**
During Owen's final illness, he was overwhelmed and grateful for the many get-well wishes and prayers. I thank you for that. Now I am overwhelmed with your prayers, sympathy, beautiful notes, and a lovely gift basket filled with nature's bounty. Thank you so very much. The love and compassion present in our Village is palpable. God Bless you all...**Mary Lou Walsh**
I want to express my heartfelt appreciation to everyone here at Utz Terrace. The staff in Skilled Care at all levels were outstanding, taking care of my recently deceased husband, George. We are very blessed to have an amazing Skilled Care team right here. I cannot thank my friends and neighbors enough for the prayers, cards, and phone calls. It has all meant so much to me at such a difficult time. - **Gail Riley**
A big thank you for all the cards, calls & food that we got after my surgery in July. I appreciated it when friends could come stay with me while Bob went to his appointments and ran errands. I have a long road of recovery ahead of me, but my motto is "One day at a Time". – **Shirley Rife**

Additional Programming Information for September:

Play Around: Pictionary; If you're looking for a fun, easy drawing game, this is the game to play! Each team gets a pad of paper, a pencil, a pawn, and a reference card. One player on the team picks a card and looks at the word that matches the color of the space they are on. The person sketching has 1 minute to draw the word without using letters or symbols. If their team guesses the word, they roll a die and move around the board.
Shop Downtown Gettysburg: What a great way to spend a beautiful September day, walking around historic Gettysburg. Even if you don't enjoy shopping, it could be a great day to window-shop and enjoy some fresh air. You can do your own thing, walk with the group, or maybe just go for lunch.
York Revolution Baseball Game: Back by popular demand is a night out with the Revs! Our seats are reserved for this game between the York Revs and Staten Island FerryHawks. This is a 6:30 game, and the cost is \$17 (ticket and \$7 voucher for hot dog meal or \$7 off any food item). *Please ensure you have a credit card;* cash is not accepted.
In-House Movie: Penguin Bloom is based on a true story, starring Naomi Watts, Andrew Lincoln, and Jacki Weaver. This heartfelt movie is about a mom who is coping with the aftermath of a harrowing accident, and she finds inspiration from an injured magpie taken in by her family.
Sturgis Pretzel & Wilbur Chocolate, Lititz, PA: Enjoy lunch at ABC Brewing before the tour. The Sturgis Bakery was founded in 1861 and is the first commercial pretzel bakery in America. The cost of the tour is \$5.50, and if you would like to buy a Pretzel, it is \$2.00. The last stop will be the Wilbur Factory Store.
Soup & Salad Potluck: Everyone loves soup and a good salad! We will have a soup and salad potluck. Nothing says autumn quite like a cozy cup of soup. You will have the option of bringing soup, salad, bread, dessert, or other items listed, or paying \$10.00 to attend.
Faith Break: The Residential Living Bible Study will restart for the Fall on Saturday, September 20th, and continue through Saturday, November 29. The study's title is "Struggle. Perseverance. Hope."
Veteran to Veteran: The Vet-to-Vet Café is an initiative we wanted to explore across all levels of care. It is open to any Veteran in our community, and it is a time to share stories and enjoy light refreshments.
Stauffers of Kissel Hill: This will be a great opportunity to buy your fall flowers. They are a home and Garden store in Mechanicsburg, PA. Explore their departments, including Flowers and plants, Patio Furniture, Lawn Care, Trees and shrubs, and a Home and Gift Boutique. We will have lunch at Isaac's Craft Kitchen & Brewery before shopping.
Diner's Caravan: Homestead Country Kitchen: Located in Newburg, Pa., enjoy genuine Amish cooking. A country atmosphere and warm hospitality provide a perfect setting for a delicious meal with friends. The menu includes homemade bread, salad, a choice of two meats, potatoes, homemade noodles, vegetables, and dessert. The cost of the meal is \$30.00, and we will eat at 12:30 pm.



Village Connection

September 2025

Program Sign Up Binder

When using the sign-up binder located in the Community Center, Hub Room, please keep in mind the following:

- Use the lines to provide only your name for a program.
- Refrain from writing additional notes on the sign-up sheets.
- Instead, please speak to Life Enrichment with any comments or requests.
- If you should need to remove your name from the sheet, please use the white out tape provided next to the binder.
- Sign-up sheets that require payment will state the registration deadline and cancellation policy.

Once registration has concluded for a program, the sign-up sheet will be removed from the program binder. If you have questions following the sign-up deadline, please call Tracy Schuman at 717-646-2434.

The Tale of a bird in a gilded cage,
he was very pretty, quite the rage.
He got only the best, yes indeed –
Perrier water and exotic seed.

But was he happy? No, no, no!
He wanted a change, to be on the go.
To be on his own, his home, a big tree
(that accident happened) now he is free.

He did quite well except for his diet.
He found a worm and said, "I'll try it."
He ate the worm, his stomach in shock.
He up and died, I kid you not!
My lesson here, for all to learn.
Don't be an "early bird and catch the worm."

Watch your diet!!
-Ann Paris

An Old Oak Tree

There it stands
For all to see
A beautiful sight
An old Oak Tree.

At different times
It's colors change
From light to dark
We enjoy the range.

For many years
It does stand strong
Sharing its beauty
All year long.

-Theresa Zink



The following programs are regularly scheduled on a weekly basis						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00am Power Hour 10:45am Back to Basics 1:00pm 10- Pin Bowling 1:00pm Mexican Train	10:00am Pilates 1:00pm Sit & Strengthen 1:00pm Billiards	10:00am Power Hour 10:45am Back to Basics 1:00pm Tai Chi for Beginners 2:00pm Wii Bowling	10:00am Pilates 10:45am Line Dancing 1:00pm Sit & Strengthen 1:00pm 10- Pin Bowling 2:00pm Worship (PC)	9:00am Balance & Stretch 9:30am Morning Mindfulness (GR) 10:00am Mini Tennis 1:00pm Billiards 1:00pm Dominoes (GR)	

Additional programs & events scheduled for the month of September						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labor Day	2	3	4	5 National Cheese Pizza Day	6
		12:00 Women’s Birthday Lunch (DR) 2:00 Bingo (GR) 3:00 Richard Resh: The Life of Peter Dicks (DR)	2:00 Play Around: Pictionary (GR)	11:00 Book Club (Library)	10:15 Brunch Bunch: Heartland Family Diner	
7	8	9	10	11	12	13
	10:00 Village Stitchers (HR) 1:00 Therapy Talks with Shannon Schuman: “Heart Health” (GR) 5:30 Pontoon Ride & Ice Cream		11:00 Shop Downtown Gettysburg	5:15 York Revolution Ball Game	11:00 In-House Movie: Penguin Bloom (GR)	
14	15	16	17	18	19	20
	10:30 ABC Brewing, Sturgis Pretzel Bakery & Wilbur Chocolate Factory	10:30 Catholic Mass (SC) 2:00 PA Sheriff’s K-9 (PC) 5:00 Soup & Salad Potluck (DR)	11:30 Chair Volleyball	3:00 Tech Help with Steve Bean (GR)		10:15 Faith Break Resumes: “Struggle. Perseverance. Hope.” (GR)
21	22	23	24	25	26	27
	1:00 Brain Game (Library)	11:00 Town Hall (DR) 4:00 Happy Hour (GR)	10-3 Massage by Tara (Salon) 10:00 Vet to Vet (Café)		11:00 Stauffers of Kissel Hill Lunch at Isaac’s Craft Kitchen & Brewery	
28	29	30	For more details on any of the programs, please refer to the page listed next to event. This will direct you to page in your Inspirations catalog.		Program additions or changes since catalog was published are in bold . Program offerings are subject to change. Key: All events are held in Hobby Room or Fitness Room area unless otherwise indicated. DR – Terrace Overlook Restaurant PDR – Private Dining Room APTL – Apartment Lobby CCL – Community Center Lobby GR – Great Room	
	1:00 Brain Game (Library)	10:45 Diner’s Caravan: Homestead Country Kitchen				